



KURUKSHETRA UNIVERSITY KURUKSHETRA

[Established by the State Legislature Act XII of 1956]

('A⁺' Grade, NAAC Accredited)

AQAR-2020-21

1.2.2 : Scheme of Examination for the programmes in the Department/Institute of

Psychology

PG DIPLOMA IN GUIDANCE, COUNSELLING, AND PSYCHOTHERAPY

Revised Scheme of Examination and Syllabus of PG diploma in guidance, counselling, and psychotherapy under CBCS/LOCF w.e.f. 2020-21.

There shall be three theory papers and one practical-cum-field work of 100 marks each. All the four papers are compulsory.

| Paper | Nomenclature | Marks | Time |
|--|--------------|-------|---------|
| Psy. PGD.1 (C): GUIDANCE | | 100 | 3 Hours |
| Psy. PGD.2 (C): COUNSELLING PSYCHOLOGY | | 100 | 3 Hours |
| Psy. PGD.3 (C): PSYCHOTHERAPY | | 100 | 3 Hours |
| Psy. PGD.4 (I) (C): PRACTICAL | | 50 | 3 Hours |
| Psy. PGD.4 (II) (C) : FIELD WORK | | 50 | 3 Hours |

| Paper No. | Nomenclature | No. of Credits | Exam. Scheme | | | Time | Teaching Scheme | |
|--------------------|------------------------|----------------|---------------|------------------------|-------|-------|-------------------|--------|
| | | | External T | Internal Assessment | Total | | L | T |
| Psy.PGD.1 (C) | Guidance | 4 | 80 | 20 | 100 | 3 Hrs | 4 | ½ hrs. |
| Psy.PGD.2 (C) | Counselling Psychology | 4 | 80 | 20 | 100 | 3 Hrs | 4 | ½ hrs. |
| Psy.PGD.3 (C) | Psychotherapy | 4 | 80 | 20 | 100 | 3 Hrs | 4 | ½ hrs. |
| Psy.PGD.4 (I) (C) | Practical | 2 | 50 | - | 50 | 3 Hrs | 2 × 2 × 3 = 12 | - |
| Psy.PGD.4 (II) (C) | Field Work | 2 | 50 | - | 50 | 3 Hrs | | - |

The student has to choose and pass one paper, having 2 credits, available on Swayam Portal related to nature of Diploma.

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DEPARTMENT OF PSYCHOLOGY
KURUKSHETRA UNIVERSITY KURUKSHETRA
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Syllabus of M.A. Psychology (Revised)
(Choice Based Credit System)
(2020-21)

Maximum Marks: - 100 Marks

Time: -3Hrs.

Theory: -80 Marks

Internal Assessment: -20 Marks (Division of Marks as given below)

One Test/Seminar/Assignment (For each Paper) : 50%

One Test/Seminar/Assignment (For each Paper) : 25%

Attendance : 25%

Marks of attendance will be given as under:

(1) 91% onwards: 5Marks

(2) 81% to 90% : 4Marks

(3) 75% to 80%: 3Marks

(4) 70% to 74% : 2* Marks

(5) 65% to 69%: 1* Marks

* For students engaged in co-curricular activities of the University
only/authenticated medical grounds duly approved by the concerned Chairperson.

Scheme of examination of the Course along with POs, PSOs, COs and Mapping Matrix

PROGRAMME OUTCOMES (POs):-

- PO 1 KNOWLEDGE:-** Demonstrate knowledge of historical emergence, questions asked, and distinctive contributions of the social science disciplines to the analysis of human behavior and social issues.
- PO 2 PROBLEM SOLVING:-** Visualize, conceptualize, articulate, and solve complex problems through experimentation and observation using theoretical framework of social science disciplines.
- PO 3 CRITICAL THINKING:-** Critically analyze everyday problems faced by the society, evaluate specific policy proposals, compare arguments with different conclusions to a specific societal issue, and assess the role played by assumptions in such arguments.
- PO 4 SCIENTIFIC ENQUIRY:-** Develop the capability of defining problems, formulate hypothesis, collect relevant data, develop empirical evidence and interpret the results of such analyses.
- PO 5 USAGE OF ANALYTICAL TOOLS:-** Develop the ability to apply appropriate quantitative/qualitative techniques used in social science disciplines along with ICT, software etc.
- PO 6 SPECIALIZATION AND EMPLOYABILITY:-** Develop deeper understanding, creativity, originality, analytical and critical skills in chosen specialized areas of social science disciplines leading to employability.
- PO 7 INTERDISCIPLINARY KNOWLEDGE & ADAPTATION:-** Enhance the ability to integrate as well as synthesize the acquired knowledge within the social sciences and beyond.
- PO 8 SELF DIRECTED LEARNING:-** Develop the ability to work independently as well as effectively in the changing environment.
- PO 9 ETHICS:-** Articulate and apply ethics, values and ideals that demonstrate awareness of current societal challenges.

PO 10 LEADERSHIP: - Build skills to work as part of a team and lead others, setting directions and formulating inspiring vision.

PO 11 COMMUNICATION: Communicate conclusions, interpretations and implications clearly, concisely and effectively, both orally and in writing for different types of audiences.

PO 12 PROJECT MANAGEMENT: - Use investigative skills necessary for conducting disciplinary- projects/ research documents/ term papers etc.

PROGRAMME SPECIFIC OUTCOMES (PSOs):-

PSO1 Students will be able to acquire and explore understanding of different theoretical perspectives and apply them to study human behaviour.

PSO2 Students will be able to acquire proficiencies in academics, behavioural and social spheres leading to scientific research of human interactions.

PSO3 Students will be able to acquire proficiency in handling psychological tools and demonstrate ethical application of skills in Psychological testing, Counselling and other helping areas.

PSO4 Students will be able to have analytical and empirical understanding of different psychological phenomena for promotion of well-being.

Revised scheme of Examination and Syllabus for M.A. Psychology under Choice Based Credit System w. e. f. 2020-21.

Scheme of Examination

The M. A. Psychology course will be of FOUR semesters. In each semester, there shall be four theory papers of 100 marks each (80 external + 20 internal) with 4 credits for each paper and one practical paper of 150 marks (Practical (i) 100 marks + (ii) Profiling of Equipments 50 marks) with 6 credits (4 credits + 2 credits).

Every student has to qualify 92 credits (including 4 credits for 2 open elective, i.e. 2 credits each in Semester-II and Semester-III) out of 124 credits as necessary to pass and earn the degree under the Choice Based Credit System. A student will opt for any of the two open elective papers in the Faculty of Social Sciences in Semester -II and Semester -III. The choice of open elective paper is subject to the availability of teaching faculty in the department.

The semester-wise papers are detailed as under:

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M.A. (Semester-I) Psychology

The 1st Semester of M.A. Psychology would have following five papers (4 Theory + 1 Practical), all the papers are compulsory (C).

| Paper No. | Nomenclature | No. of Credit | Teaching Scheme | | Exam. Scheme | | |
|---------------|-----------------------------------|---------------|-----------------|--------|--------------|---------------------|-------|
| | | | L | T | T | Internal Assessment | Total |
| Psy101(C) | Systems and Theories | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy102(C) | Experimental Psychology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy103(C) | Social Psychology (i) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy104(C) | Research Methods & Statistics (i) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy105(C)(i) | Practical | 4 | 3 × 12 = 36 | - | 100 | - | 100 |
| Psy105(C)(ii) | Profiling Equipments of | 2 | | - | 50 | - | 50 |

M.A. (Semester-II) Psychology

The 2nd Semester of M.A. Psychology would have following five papers (4 Theory + 1 Practical), all the papers are compulsory (C).

| Paper No. | Nomenclature | No. of Credit | Teaching Scheme | | Exam. Scheme | | |
|---------------|---|---------------|-----------------|--------|--------------|---------------------|-------|
| | | | L | T | T | Internal Assessment | Total |
| Psy201(C) | Physiological Psychology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy202(C) | Cognitive Psychology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy203 (C) | Social Psychology (ii) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy204 (C) | Research Methods & Statistics (ii) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy205(C)(i) | Practical | 4 | 3×2= 36 | - | 100 | - | 100 |
| Psy205(C)(ii) | Profiling Equipments of | 2 | | - | 50 | - | 50 |
| OESS: Psy.1 | Candidate is required to take one open elective paper other than Psychology from the common list of papers of Social Sciences (Syllabus enclosed in the end). | 2 | 2 | - | - | - | 50 |

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M.A. (Semester-III) Psychology

The 3rd Semester of M.A. Psychology would have four theory papers and one practical paper, all the theory papers are Optional (E) and Practical paper is compulsory (C). The students may opt for any four of the eight theory Optional papers. However, the paper(s) to be floated in any particular year would be decided by the Chairperson of the Department keeping in view the available resources.

| Paper No. | Nomenclature | No. of Credit | Teaching Scheme | | Exam. Scheme | | |
|---------------|--|---------------|---------------------------|--------|--------------|---------------------|-------|
| | | | L | T | T | Internal Assessment | Total |
| Psy301(E) | Psychopathology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy302(E) | Intelligence | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy303(E) | Industrial-Organizational Psychology (i) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy304(E) | Principles and Applications of Guidance | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy305(E) | Life Span Human Development (i) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy306(E) | Psychometrics (i) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy307(E) | Personality (i) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy308(E) | Fundamentals of Military Psychology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy309(C) (i) | Practical | 4 | 6hrs/ per Group per paper | - | 100 | - | 100 |
| Psy309(C)(ii) | Profiling of Instruments | 2 | | - | 50 | - | 50 |
| OESS: Psy.11 | Candidate is required to take one open elective paper, other than Psychology from the common list of Papers of Social Sciences of the same subject as taken in Semester-II (Syllabus enclosed in the end). | 2 | 2 | - | - | - | 50 |

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M.A. (Semester-IV) Psychology

The 4th Semester of M.A. Psychology would have four theory papers and one practical paper. The theory papers would be corresponding to papers opted in Semester-III, the paper of practical is compulsory.

| Paper No. | Nomenclature | No. of Credit | Teaching Scheme | | Exam. Scheme | | |
|---------------|--|---------------|---------------------|--------|--------------|---------------------|-------|
| | | | L | T | T | Internal Assessment | Total |
| Psy401(E) | Clinical Psychology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy402(E) | Creativity | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy403(E) | Industrial Organizational Psychology (ii) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy404(E) | Principles and Applications of Counselling | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy405(E) | Life Span Human Development (ii) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy406(E) | Psychometrics (ii) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy407(E) | Personality (ii) | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy408(E) | Advanced Military Psychology | 4 | 4 | ½ hrs. | 80 | 20 | 100 |
| Psy409(C) (i) | Practical | 4 | 6hrs/ | - | 100 | - | 100 |
| Psy409(C)(ii) | Profiling Instruments of | 2 | per Group per paper | - | 50 | - | 50 |

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