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5. Johnson, H.M. 1978. Sociology: A Systematic Introduction Allied Publishers.
6. Kinch, John, W. Social Problems in the World Today, Addison-Wesley Pub. Co. California, London.
7. Leonard, Peter 1966. Sociology in Social Work, London Rout ledge & Kegan Paul.
8. Lund Berg, G.A., Clarend, C.S. Sociology, Harper and Row Publishers, New York.
9. Maclver, R.M. & Page C.H. 1985. Society: An introductory Analysis, Madras Macmillan Co. of India Ltd.
10. Madan, G.R. 1994. Indian Social Problems, VOL. I and Vol. II Allied Pub. Pvt. Ltc., New Delhi.
11. Mandel Baum, D.G.1970. Society in India, Vol. 1 Continuity and Change: Change & Continuity vol. 3 Mumbai: Popular Prakashan.
12. Mandel Baum, D.G. 1970. Society in India (Vol. 1), Popular Prakashan Bombay.
13. Merton, R.K. & Nisbet, R. 1976. Contemporary Social Problems, Harper and Row, Publishers, New York.
14. Poplin, D.E. 1978. Social Problems, Scott Foreman & Company, Illiones.
15. Parsad, B.K., 2004 Social Problems in India, Anmol Publications, New Delhi.
16. Ram Ahuja, 1999. Society in India, Rawat Publications, Jaipur.
17. Sharma, R.N. Social Disorganisation and social Problem, Rajhans Parkashan Mandir. Meerut.
18. Singh, Yogendra 1988. Modernization of Indian tradition, Delhi Thomson Press.
19. Srinivas, M.N. 1966. Social Change in Modern India, Mumbai: Allied Publishers.
20. Wallance, W.I., 1969. Sociological Theory, London, Illienemann.



**Semester-I****Paper –II : Human Growth and Development – I****Max. Marks. 100****Theory : 80****Internal Assessment : 20****Time 3 Hours****Unit- I**

- Human growth and development: concept, principles.
- Basic human needs.
- Biological and social influences (heredity and environment) on human growth and behaviour.
- Dimensions of development- physical, motor, cognitive, emotional, social and moral.

**Unit-II**

- Understanding of human life span – Indian concept of life span (Brahmcharya, grihastha vanprastha and sanyas).
- Human Psycho-social development ( Erikson and Freud)
- Socialization- concept and factors, role of family, peer group, neighborhood, school, religion and social values in socialization.

**Unit- III**

- Stages of development: characteristics, needs, problems, and tasks.
- Relevance of social work practice during developmental stages of infancy, babyhood, child hood (early & late), puberty and adolescence, adult hood (early, middle & late) and old age.

**Unit- IV**

- Male and female reproductive systems. Prenatal development and anti-natal care. Necessary precautions such as medical, nutritional, emotional during parental period and preparations for anti-natal care.
- Creativity and creative learning and its use in social work practice.

**Unit- V**

- Communication: concept, principles, process, elements and types.
- Conditions for effective communication. Developing communication skills and effective use of feedback.
- Perception: nature, perceptual organization/ integration, role of experience in perception and perceptual change.
- Social adjustment: concept and factors.

Note. Two questions from each unit will be set i.e 10 questions in all. The students will be required to attempt one question from each unit. All questions will carry equal marks

**List of Readings:**

1. Anastasi, A., 1987. Psychological Testing, New York MachMillan, Revised Edition.
2. Camron, N. 1969. Personality Development and Psycho-pathology, Mumbai : Vakil Reffer and Simmons Pvt. Ltd.
3. Carstairs, G.M. 1978. Change in Indian Village Societies and their Impact on child Development : Personal Perspective, In

4. Crow. L.D.1957. Abnormal Psychology and Modern life, Mumbai : D.B. Taraporevala Sons and Co.
5. Crow. L.D. 1957 Psychology of Human Adjustment, New York: McGraw Hill Books Co. Inc.
6. English. O.S. and Pearson. G.J. 1952 Emotional Problems of of Living,London: Allen and Unwin.
7. Erikson, E.H. 1963. Childhood and Society, New York W.W. Norton and Co.
8. Frank s. Freeman, 1965. Theory and Practice of Psychological testing. Oxford & IBH Publishing Co., New Delhi.
9. Gore, M.S., 1978. Changes in the Family and the Process of Socialization in India. Mumbai : Popular Prakashan.
10. Hall. C.S. and Lindzey, G. 1989. Theories of Personality, New York John wiley and Sons Inc.
11. Hurlock, E.B. 1981. Developmental Psychology: a life- span Approach, Tata McGraw Hill, New Delhi.
12. Hurlock E.B., 1992. Child Growth and Development, Tata McGraw Hill, New Delhi.
13. Hurlock E.B., 1992 Personality Development, McGraw Hill, New Delhi.
14. Krech D., Crutchfield R.S. and Ballachey, 1962 Individual in Society, New York, McGraw Hill.
15. Krech, D. and Crutchfield. R.S. 1948. Theory and Problems of social Psychology, New York: McGraw Hill.
16. Kuppuswamy, B., 1980. An Introduction to Social Psychology, Mumbai: Media Promoters and Pub. Pvt. Ltd.
17. Lindgren. H.C. and Byrne. D., 1971. Psychology: An Introduction to a behavioural Science, New York: McGraw Hill Book Co.
18. Robert A. Baron, 2003. Social Psychology, Prentice Hall of India, New Delhi.
19. Sanrouck, john W.2007. A Topical Approach to life- Span Development. Tata McGraw Hill, New Delhi.
20. Sherff, M., and Shieririff, C.W. 1969. Inter Social Psychology, New York: Harper and Row.
21. Thompson, G.G. 1962. Child Psychology-Growth Trends in Psychological Adjustment, Mumbai: The Times of India Press.
22. Weiner, E.A. and Stewart. B.J., 1984. Assessing Individuals: Psychological and Educational Tests and Educational Test and Measurement, Boston: Little, Brown and Co.
23. William Flexner, 2004. Educational Psychology and Mental Health, Sarup Publication, New Delhi.
24. Young. K., 1957. Handbook of Social Pathology London: Routledge & Kegan Paul.

Semester- I

**Paper- III: Social Work Profession, Philosophy and Concepts**

**Max. Marks. 100**  
**Theory : 80**  
**Internal Assessment : 20**  
**Time 3 Hours**

Unit- I

- Nature, concept and philosophy of social work, scope of social work.
- Relationship of social work with other social sciences.
- Social work and related concepts- social reform, social welfare, social development, social service, social services, social revolution and social security.

Unit- II

- Social work: basic values, goals and principles.
- Gandhian Social Work, Sarvodaya and Antyodaya.
- Social Work in the changing scenario of Globalization and Liberalization.

Unit- III

- History of social work in U.K, U.S.A and India.
- Development of social work from charity to radical social work.
- Definition of social work from Human Rights perspective.
- Problems in practice of social work in India.

Unit- IV

- Social work as a profession: characteristics and code of ethics of social work.
- Professional organization at national and international level: their structure, functions and importance.

Unit- V

- Welfare State and Indian Social Structure.
- Preventive, curative, rehabilitative and developmental roles of social work profession.
- Methods of social work.
- Social work education and present social environment. Field- practicum in social work; philosophy and objectives.

Note. Two questions from each unit will be set i.e 10 questions in all. The students will be required to attempt one question from each unit All questions will carry equal marks

**List of Readings:**

1. Brenda Dubois and Kalra  
Keogrsud Miley-(2002).  
Social-Work an Empowering Profession,
2. Bradford W. sheafor and Charles  
R. Horejsi, 2006  
Techniques and Guidelines for Social Work  
Practice, Allyn and Bacon, London.
3. Bogo, Mario, 2006  
Social Work Practice:Concepts, Processes  
and Interviewing.Columbia University  
press., Indian Reprint Rawat Publications, New  
Delhi.
4. Clack, G. & Asquith, S (1985)  
Social Work and social Philosphly, Routledge &  
Kogan Paul, London.

5. Dasgupta, S Ed. (1967): Towards a Philosophy of Social Works in India, New Delhi, Popular Book Service.
6. Desai, Murli,2006. Ideologies and social Work: Historical and Contemporary analyses, Rawat Publication, New Delhi.
7. Encyclopaedia of Social Work, Vol, 2&3. Ministry of Welfare, New Delhi.
8. Friedlander, W.A. (1958) Concepts and Methods of Social Work, Englewood Cliffs: Prentice-Hall.
9. Ganguli, B.N. (1973) Gandhi's Social Philosophy, Delhi: Vikas Publishing House.
10. Gold Begg EM (1979). Ends and Means in Social Work, Allen and Unwin, London.
11. Gokhale, S.D. (1975) Social Welfare-Legend & Legacy, Popular Prakshan, Bombay.
12. Gore M.S. (1965) Social Work and Social Work Education Asia Publishing House, Bombay.
13. Hugh, England (1986) Social Work as Act: Making Sense For Good Practice, Allien and Unwin, Poston.
14. Joseph, J & Gracy, Farnandes(Ed), 2006 An Enquiry into Ethical Dilamas in Social Work. Research Unit, Nirmala Nikatan, Mumbai.
15. Jobise C. Johnson (1989). Social Work Practice, Allign and Bacon, London.
16. Louise C. Johnson (1998) Social Work Practice A Genesolist Approach Allyn and Bacon, London.
17. Midglay, Kames, 1997 Social Welfare in global Context, Sage Publications, London.
18. Pathak, (1981). Social Welfare, Macmillan, New Delhi.
19. Shastri, R.R.,(1996) Social Work tradition in India, Welfare Forum & Research Organization, Varanasi.
20. Skidmore, R.X.et.al(1982) Introduction to Social Work, Prentice Hall Englewood Cliffs.
21. Stevan, Shardlaw (1985) The Values of changes in Socialwork, Tavistock, Rout ledge, London.
22. Shastri, R.R. (1966). Social Work tradition in India, Welfare Research Organization, Varanasi.
23. Timms, Noel & Timms Rita,(1977) Perspectives in Social Work Routledge & Kegan paul, London.
24. Unnithan, T.K.N.1979 Gandhi and Social Change, Rawat Publications jaipur.
25. University Grant Commission (1980) Review of Social Work Education in India, New Delhi.
26. Woodrooffe, K.1962. Form Charity to Social Work, Rout ledge & Kegan Paul, London.

Unit- I

- Social Case Work: nature, assumptions, values and principles.
- Components of social case work: person, place, problem & process.
- Concepts in social case work: Human needs, stress, social role and adaptation.
- History of social case work.

Unit- II

- Intake: need and importance.
- Relationship: nature and ways to establish.
- Ego- functions and defense mechanisms.
- Work with individuals in the context of the family and other sub-systems.
- Recording: types and format.

Unit- III

- Process of social case work- study, assessment, goal formation, planning, treatment, evaluation, termination.
- Techniques of social case work: interviewing, support, encouragement, clarification, correcting perception, reality orientation; resource mobilization, home visiting, interpretation, topical shift, logical reasoning.
- Referral: its use in social case work.

Unit- IV

- Models of social case Work practice: Problem solving, Psycho- social, Task oriented.
- Rational Emotive Therapy in social case work.

Unit- V

- Discussion on role of case worker from the records in school, family and marriage settings.
- Presentations and discussions on cases and practical questions.

Note. Two questions from each unit will be set i. e 10 questions in all. The students will be required to attempt one question form each unit. All questions will carry equal marks

**List of Readings:**

1. Banarjee, G.R. TISS Series 23. Papers on Social Work: An Indian Perspective; Tata Institute of Social Sciences, Mumbai. TISS(Series 23).
2. Batra, Sushma & Marlin Taber, 1996. Social strains of Globalization in India, Mittal Publication, New Delhi.
3. Biestek, F.P. 1970. The Case Work Relationship: London: Unwin University Books, VI Impression.



4. Bogo, Mario, 2006-07. Social Work Practice: Concepts, Processes and Interviewing. Columbia University Press-2006. Indian Reprint by Rawat Publication : New Delhi,2007.
5. Friedlander, W.A. 1964. Concepts and Methods of Social “Work, New Delhi: Prentice Hall of India Pvt. Ltd.
6. Fisher, J, 1978. Effective Case Work Practice: An Effective Approach , New York McGraw Hill Book Co.
7. Florence, H., 1964. Case Work: A Psycho social therapy, Random House, New York.
8. Farard, M.L. & N.K. Hunnybun, 1962. The Case Work’s use of relationship London, Tavistock. Pub.
9. Goldstein, H., 1970. Social Work Practice: A Unitary Approach, Carolina: Univ. of S. Carolina Press.
10. Grace, Methew, 1992. Introduction to School Case Work, Tata Institute of Social Sciences, Mumbai.
11. Hamilton, G., 1946. Principles of Social Case recording, New York: Columbia University Press.
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13. Husband. E.(ed) New Developments in Social Case Work Reading in Social Work, Vol. III, London: Georque Allen & unwin Ltd.
14. Mishra, P.D., 1985. Samajik Vijyaktik Sewa Karya (Hindi) Uttar Pradesh Hindi Sansthan, Lucknow.
15. Perlman, 1957. Social Case Work-A Problem solving Process, Chicago: The University of Chicago Press, V Impression.
16. Pathak, S.H. 1966. Records in Social Case Work, Delhi School of Social Work, Delhi.
17. Pinkus, Helen, 1971. Case Records for Teaching Purposes, Faculty as social Work, M.S. University, Baroda.
18. Roberts R.W. Nee, R.H. 1972. Theories of Social Case Work, the Uni. Of Chicago Press, Chicago, London.
19. Reid, W.K. & Anne W. Shyne, 1969. Brief and Extended Case Work: New York: Columbia Uni. Press.
20. Scott Briar and Henry Miller, 1971. Problems and issues in social Case Work: Columbia University Press, New York.
21. Timmis, N., 1964. Social Case Work: Principles and Practice, London; Rout ledge and Kegan Paul.
22. Timmis, N., 1972. Recording in Social Work, London, Rout ledge & Kegan Paul.
23. Ternner, F (Ed) 1974. Social Work Treatment, New York: The Free Press.
24. Upadhyay, R.K. 1991. Samajik Vijyaktik Karya (Hindi) Haryana Sahitaya Academy, Chandigarh.
25. Upadhyay, R.K. 1993. Indian Philosophical Concepts in Clinical Social work, Kurukshetra Press, Kurukshetra.
26. Upadhyay, R.K. 2003. Social Case Work, Rawat publications, New Delhi, Jaipur.

Semester- I

Paper-V

Social Group Work- I

**Max. Marks. : 100**

**Theory : 80**

**Internal Assessment : 20**

**Time 3 Hours\_**

Unit- I

- Group- meaning, definition, characteristics and purpose.
- Major classification of social groups.
- Types of groups in social group work practice.
- Significance of groups in individual life.

Unit- II

- Social group work- meaning, definitions, nature, philosophy, objectives and significance.
- Historical development of social group work.
- Social group work as a method of social work profession and its relationship with other methods of social work.
- Models of social group work.

Unit- III

- Principles of social group work.
- Guided group interaction as the heart of programme planning.
- Skills in and techniques of social group work.
- Role of social group worker.

Unit- IV

- Social group work process- group formation, assessment, formulation of objectives, planning, action and termination.
- Stages of group development- planning, beginning, middle and ending stage.

Unit- V

- Practical questions and discussion of group work records in school and community setting.

Note. Two questions from each unit will be set i.e 10 questions in all. The students will be required to attempt one question from each unit. All questions will carry equal marks

**List of Readings:**

1. Alissi, A.S.1990 Perspectives on Social Group Work Practice: A Book of Readings, New York, The Free Press.
2. Balgopal, P.R. and Vassil. Groups in social Work- An Ecological Perspective, New York, Macmillan Publishing Co. Inc.
3. Bhatt, P.M.1970 Records of Group Work Practice in India, faculty of Social Work, M.S. University, Baroda.
4. Brandler S & Roman CP 1999 Group work, Skills and Strategies for Effective Interventions, New York. The Haworth Press.
5. Brandler S & Roman CP 1991. Group work, Skills and Strategies for Effective Interventions, New York. The Haworth Press.

6. Garland, J.A.(Ed) 1992. Group Work Reaching Out: People, Places and Power, New York, The Haworth Press.
7. Garwin, C 1987. Contemporary Group Work, New York Prentice-Hall Inc.
8. Golpelwar, Banmala, 2007 social Group Work, Indian Institute of Youth welfare, Nagpur.
9. Kemp, C.G. 1970. Perspectives on the Group Process, Boston: Houghton Mifflin C.
10. Klein, A.F.1970. Social Work Through Group Process,: School of Social Welfare- Albany: State University of New York.
11. Konopka, G 1963. Social Group Work: A Helping Process, Englewood Cliff, NJ Prentice Hall, Inc.
12. Kurland, R & Salmon, R 1998. Teaching a Methods Course in Social Work with Groups Alexandria: Council on Social Work Edu.
13. Middleman, R, R 1968. The Non- Verbal Methods in Working with Groups.
14. Northen, H 1969. Social Work with Groups, New York: Columbia University Press.
15. Pepell, C.P & Rothman B. Social Work with Groups, New York: The Haworth Press.
16. Sundel, M,Glasser, P sari, Individual change Through Small R., Vinter, 1985 Groups. The Free Press.
17. Samuel, T. Gladhing 1999. Group Work: A Counseling Specility, Simon& Schaster, NJ Printice Hall Inc.
18. Siddiqui H.Y.2005. Group Work, theories and Practice, Rawat Publication New Delhi.
19. Toseland RW 1998. An introduction to Group Work Prectice, New York Macmillan Publication Co.
20. Trecker, Harleigh B 1990. Social Group Work: Principles and Practice, New York: Association Press.
21. Wilson, G. Ryland, G 1949. Social Group Work Practice, Boston: Houghton Mifflin, Co

Semester- I

Paper-VI Community Organization & Social Action-I

**Max. Marks. : 100**

**Theory : 80**

**Internal Assessment : 20**

**Time 3 Hours**

Unit-I

- Community- meaning, characteristics, types (rural & urban):
- Community Organization- meaning, concept & scope.
- Community organization as a method of social work intervention.
- Principles of community organization.

Unit- II

- Steps in community organization- study, analysis, assessment, organization, action, evaluation, modification.
- Skills and techniques in community organization.
- Role of community organizer.

Unit- III

- Strategies in community organization such as bargaining, confronting, collaborating, problem- solving, educating, social advocacy, joint action, persuasion and campaign.
- Models (approaches) in community organization- Enabling and power confrontation models.

Unit- IV

- Ruthman's locality development, social planning and social action models.
- Problems in development of community work in India- such as problems of community welfare councils, community chests, public relations in community work.
- Public participation in community programmes.

Unit- V

- Practical records in community setting and their discussions. Presentations and discussions of community work records.

Note. Two questions from each unit will be set i. e 10 questions in all. The students will be required to attempt one question from each unit. All questions will carry equal marks

**List of Readings:**

1. Gangrade, K. D. 1971. Community Organization in India, Mumbai; Parkashan, 1971.
2. Karamer, R.M. & Spech,H. Reading in Community Organization Practice-Hall Inc. Englewood Cliffs, 1983.
3. Murphy C. G.: Community Organization Practice, Boston; Houghton Mifflin Co. Ross, 1954
4. Patil, S.H. Community Dominance & Political Modernization; Mittal Publication; New Delhi; 2002.

5. Rashmi Dewas & R. Community Participation & Empowerment in Primary Education; Mittal Publication New Delhi; 2003.
6. Sengupta, P.K.; Community Organization Process in India, Kiran Publishers, 1976.
7. Selgen, S. Empowerment & Social Development Issues in Community Participation; Mittal Publication: New Delhi; 2005.
8. Spech, H & Karmer: R.M.; 1969 Reading in Community; Englewood Cliffs: Prentice Hall.
9. Surya Rao: Under Development with community initiative retrospect & prospect: Mittal Publication: New Delhi, 2000.
10. Zastrow Charles: 1978. Introduction to social Welfare Institution Social Problems, services & Current Issues (Social work Community Practices Part-3 Chapter-10) Ontario: The Dorsey Press.
- 11 Butcher H. 2007 : Critical community Practice.
- 12 Kothari M 2006 : Development and Social Action , Rawat Publication, New Delhi
- 13 Grundy M : Community Work, Rawat Publication, New Delhi

## Semester- II

### Paper-I Social Justice and Social Legislation

**Max. Marks.            100**  
**Theory                    : 80**  
**Internal Assessment : 20**  
**Time 3 Hours**

#### Unit-I

- Social Justice- concept, meaning and scope.
- Issues of social Justice in Indian society with reference to inequality and socio- political structure.
- Law as an instrument of social change.
- Role of the social worker in relation to humanism and social justice.

#### Unit- II

- Social security: concept, meaning, objectives, basis and scope.
- Methods of social security: social assistance programme in India especially in relation to old age, unemployment and widowhood.
- Social insurance- concept, characteristics and significance.

#### Unit- III

- Concepts of Rights: U. N. Declaration of Human Rights.
- National Human Rights Commission, State Human Right Commission: Structure, functions and role.
- Constitutional provisions related to human rights and their implications.
- The Right to Information Act, 2005.

#### Unit- IV

- Social Legislations and social work.
- The Hindu Marriage Act, 1955(related to marriage and divorce)
- The Adoptions and Maintenance Act, 1956.
- The Dowry Prohibition Act, 1961
- The Consumer Protection Act, 1986

#### Unit- V

- Legal Aid- concept, need, scheme and problems.
- Lok- Adalat- concept and meaning.
- Family Court.
- Criminal justice- nature and agencies: prosecutions, judiciary and correction.

Note. Two question from each unit will be set i e 10 questions in all. The students will be required to attempt one question form each unit. All questions will carry equal marks

#### **List of Readings:**

- |                         |  |
|-------------------------|--|
| 1. Adarkar, B.P. (1973) | Social Insurance in India.   |
| 2. Buxi Uperdra         | Perspectives in Development; Law, the Crises of Indian Legal System, Vikas Publication, New Delhi. |
| 3. Diwan, Paras (1985)  | Modern Hindu Law, Law Agency, Allahabad.   |

4. Gangrade, K.D.1978. Social Legislation In India Vol. 1 & 2, Concept Publishing Co. New Delhi.
5. Govt. of India, 1973. Report of the Legal Aid Committee, New Delhi.
6. Gupta, H.N. (1986) Social Security Legislation for Labour in India, Deep and Deep Publication, Delhi.
7. Hallen G.C. 1967 Dynamics of social Security, Rastogi Publication, Meerut.
8. Indian Social Institute (1992) Legal Education Series( nol-34), Indian Social Institute, Delhi.
9. Lyer V.R.K. 1980. Some Half Hidden Aspects of Indian Social Justice, Eastern Book Co. Lucknow.
10. Lyer V.R.K. 1981. Justice in Words and Justice in Deed for Depressed Classes, Indian Social Institution, New Delhi.
11. Iyer,Krishna V.K.1987. Social Justice; Sunset or Dawn, Lucknow, Eastern Book Company.
12. Kothari S. & Sethi H (Ed) 1991. Rethinking Human Rights, Lokayan.
13. Sharma, A.M.1988. Aspects of labour Welfare & Social Security, Himalaya Publishing House, Mumbai.
14. Singh, Sujan (1996) Legal Aid-Human Rights to Equality, Deep and Deep, Publication, Delhi.
15. Subramaniam, S (1977) Human Rights- International Challenges, Manes Publications, New Delhi.
16. T.K.N. 1979. Gandhi and Social Change, Rawat Publications, Jaipur.

Semester- II  
Paper-II Human Growth and Development- II

**Max. Marks. 100**  
**Theory : 80**  
**Internal Assessment : 20**  
**Time 3 Hours**

Unit-I

- **Motivation of human behavior, motivational cycle, internal and external factors affecting motivation.**
- Attitude: nature, organization, influence on human behavior.
- Attitudinal change, learning and dissonance theories of attitude change.

Unit- II

- **Public opinion and prejudice: formation, factors and change. Role of publicity and propaganda in formation and change of public opinion and prejudice.**
- Mass media (print and electronic): use & misuse.

Unit- III

- Personality: concept, definitions, nature and theories.
- Brief discussion of the theories of personality and its implications on social work practice, such as psychodynamic (Freudian and Adler), behavioral (Classical and Instrumental conditioning), humanism (Rogers and Maslow) and existentialist.

Unit- IV

- Concept and nature of attention, learning, memory and retention.
- Collective behaviour, crowd behaviour- audience and mob.
- Theories of collective behaviour.

Unit- V

- **Intelligence: nature and use. Understanding and brief introduction to assessment of intelligence.**
- An orientation to Seguin Form Board, Pass-along test, progressive matrices.
  - Projective test of personality: Rorschach and TAT

Note. Two questions from each unit will be set i e 10 questions in all. The students will be required to attempt one question form each unit. All questions will carry equal marks

**List of Readings:**

1. Anastasi, A., 1987. Psychological Testing, New York Macmillan, Revised Edition.
2. Bronfenbrenner. W. The Ecology of Human Development, Cambridge; Harward University Press.
3. Camron, N.1969. Personality Development and Psycho-pathology, Mumbai: Vakil Reffer and Simmons Pvt. Ltd.
4. Carstairs, G.M 1978. Change in Indian Village Societies and their Impact on Child Development; Personal perspective. In Anthony .E.J. and Collette. C (eds) The Child His Family Wiley.



5. Crow. L. D. 1957. Abnormal Psychology and Modern Life, Mumbai ; D.B. Taraporevala Sons and Co.
6. Crow. L.D. 1957. Psychology of Human Adjustment, New York; McGraw Hill Book Co. Inc.
7. English O.S. and Pearson. G.J. 1952. Emotional Problems of Living London; Allen and Unwin.
8. Erikson, E.H. 1963. childhood and Society, New York W.W. Norton and Co.
9. Gore,M.S. 1978. Changes in the Family and the Process Of Socialization in India. Mumbai; Popular Prakashan.
10. Hall, C.S. and Lindzey, G.1976. Theories of Personality, New York John Wiley and Sons Inc.
11. Hurlock, E.B. 1968 Developmental Psychology, Mumbai New Delhi; Tata McGraw Hill.
12. Thompson, G.G. 1962. Child Psychology-Growth trends in Psychological Adjustment, Mumbai; The Times of India Press.
13. Krech, D. and Crutchfield R.S. 1948. Theory and Problems of Social Psychology, New York; McGraw Hill.
14. Krech D., Crutchfield R.S. Ballachey, 1962. Individual in Society , New York McGraw Hill.
15. Kuppuswamy, B 1980. An Introduction to Social Psychology, Mumbai: Media Promoters and Pub. Pvt. Ltd.
16. Lindgren. H.c. and Byrne.d, 1971. Pshychology; An Introduction to a Behavioural Science, New York McGraw Hill Book. Co.
17. Sherff, M.and Shierirff, C.W.1969 In Inter Social Psychology, New York; Harper and Row.
- 18.Thorne, I.P. and Schmuller, A.M. Personality an inter-Disciplinary approach, New Delhi; East West Press Pvt. Ltd. Student Ed.
19. Young. K. 1957. Handbook of Social Pathology London; Routledge & Kegan Paul.
20. Walia J.S. Foundations of Educational Psychology Paul Publishers.
21. Weiner, E.A.and Stewart B.J.1984. Assessing Individuals; Psychological and Educational Tests and Measurement. Boston: Little, Brown and Co.

Semester- II

Paper-III

Health Care: Needs and Services

**Max. Marks. 100**  
**Theory : 80**  
**Internal Assessment : 20**  
**Time 3 Hours**

Unit-I

- Health-concept and nature.
- Hygiene: personal and environmental, need and importance.
- Malnutrition: concept, measurements and extent. Balanced diet.
- Main systems of body.

Unit- II

- **Common ailments and diseases: symptoms, causes, prevention and control of diseases caused by viruses: measles, chickenpox, polio, mumps and leprosy**
- Diseases caused by parasites: scabies, malaria and intestinal worms.
- Sexually Transmitted Diseases, HIV and AIDS,

Unit- III

- **Diseases caused by bacteria: symptoms, causes, prevention and control of whooping cough, diphtheria, typhoid, cholera and Tuberculosis.**
- Diseases: plague, dengue, hepatitis.

Unit- IV

- **Common diseases of childhood: causes, symptoms, prevention and control of diarrhea, dysentery, common cold, jaundice.**
- Immunity and immunization of children.
- First Aid- concept and importance.

Unit- V

- Preventive and social medicine: concept and meaning.
- Programmes for controlling communicable diseases.
- Health services in Haaryana and India.
- Maternal and child health services.
- National Health Policy, NRHM.
- Primary Health Care: organization and functions.
- Role of medical social worker.

Note. Two question from each unit will be set i e 10 question in all. The students will be required to attempt one question form each. All questions will carry equal marks

**List of Readings:**

1. Banarjee, G.R.,1950 Social Service Department in Hospital its Organization and Functions, Mumbai; Tata Institute of social Sc.
2. Bartalatt, Harriet; M. 1961. Social Work Practice in the Health Field, New York; National association of Social Workers.

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17. Sendaram, E.B., 1975. Health Services with Social Justice, Voluntary Action. Vol. 17, no.6.

**Max. Marks. 100**  
**Theory : 80**  
**Internal Assessment : 20**  
**Time 3 Hours**

Unit-I

- Social case work, counselling and psychotherapy.
- Techniques of intervention: reflective discussion in current person situation configuration, dynamic and developmental factors.
- Development and use of Professional Self.

Unit-II

- Authority in social casework: nature, types, uses and techniques.
- Crisis: meaning and types of crisis, crisis intervention.
- Role of social case worker: role of social and emotional intelligence in problem solving.

Unit- III

- Interpersonal skills: nature and types.
- Considerations in social case work with children.
- Family case work.
- Integrated social work approach.

Unit- IV

- **Indian Philosophical concepts in practices of social casework ( Brahma, Vishnu, Mahesh), three debts, three gunas, Anekantwad.**
- Various theoretical orientations in social Casework: Gestalt, System approach, Behaviorism.

Unit- V

- **Discussion of role of social case worker with the discussion of records from psychiatric, correctional administration and health settings.**
- Discussion of cases and practical questions with reference to children with problems, marital partners, juvenile delinquents.

Note. Two questions from each unit will be set i e 10 questions in all. The students will be required to attempt one question form each unit. All questions will carry equal marks

**List of Readings:**

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21. Timmis, N., 1964. Social Case Work: Principles and Practice, London; Rout ledge and Keqan Paul.
22. Timmis, N., 1972. Recording in Social Work, London, Rout ledge & Kegan Paul.
23. Terner, F (Ed) 1974. Social Work Treatment, New York: The Free Press.
24. Upadhyay, R.K. 1991. Samajik Va yaktik Karya (Hindi) Haryana Sahitaya Academy, Chandigarh.
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26. Upadhyay, R.K. 2003. Social Case Work, Rawat publications, New Delhi, Jaipur

Semester- II

Paper-V

Social Group Work- II

**Max. Marks. 100**  
**Theory : 80**  
**Internal Assessment : 20**  
**Time 3 Hours**

Unit-I

- Group dynamics- concept principles, dimensions and theoretical orientation with reference to field theory, psycho- dynamic and system approach.
- Group cohesiveness-concepts and its relationship with group effectiveness.

Unit-II

- Programme- concepts, principles and its importance in social group work.
- Programme development process.
- Programme planning- concepts skill and basis.
- Social group work practice in agency settings.

Unit- III

- Group Therapy- concept and method like training group, psycho-therapy, Psycho- drama and play therapy.
- Leadership- concept and theories.
- Skills and tasks of group leader.

Unit- IV

- Evaluation and monitoring in social group work- importance, types and methods.
- Recording in social group work- types, principles, structure and importance in different stages of group work.

Unit- V

- Social Group work practices in different setting- health, psychiatric, alcoholic and addicts.
- Practical questions and discussion of records of each settings.

Note. Two questions from each unit will be set i e 10 questions in all. The students will be required to attempt one question form each unit. All questions will carry equal marks

List of Readings:

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York, Machillan Publishing Co. Inc.
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work M S University , Baroda.
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Semester- II

Paper-VI

Community Organization & Social Action - II

Max. Marks. 100

Theory : 80

Internal Assessment : 20

Time 3 Hours

Unit-I

- Community Development: concept and meaning.
- Rural Community Development- concept & meaning.
- Current Rural Development programmes in India.
- Urban Community Development- concept & meaning.
- Urban Community Development Programmes in India.

Unit- II

- Introduction to local self- Government (LSG) meaning, attributes, organization and function (Rural& urban LSG).
- Panchyat Raj, Balwant Rai Mehta Committee Report.
- 73th & 74<sup>th</sup> Amendments of India Constitution.
- Community Power Structure - its importance for community organization.

Unit- III

- Community Empowerment.
- Different types of conflicts like ethnic, regional, caste, rural & urban conflicts.
- Social Action- concept, strategies, steps and use of social action in social work.

Unit- IV

- Social Movement- Bhoodan, Narmada Bachao Andolan, Chipko Movement, J. P Movement in Bihar.
- Concept of mass communication.
- Models of communication.
- Large group communication- methods and their applications.
- Use of Audio- Visual aids.

Unit- V

- Practical records in community setting and their discussion.

Note. Two questions from each unit will be set i.e. 10 questions in all. The student will be required to attempt one question from each unit. All questions will carry equal marks

**List of Reading Books.**

1. Arora, E. K (ed.): People's Participation in Development Process Essays in honour of B. Mahata; Jaipur; the HCM State Institute of Public Administration 1979
2. Dandekar, V.M: Nature of Class Conflict in the Indian Society, Bombay: Bharat Foundation. 1977
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