

**SCHEME OF EXAMINATION AND OUTLINES OF COURSE  
B.A. (HONOURS) PSYCHOLOGY (Semester System)**

	<u>No. of Papers</u>			
	Main	Qualifying	Subsidiary	Total
Semester-I:	2+1	1	1	5
Semester-II:	2+1	1	1	5
Semester-III:	3+1	-	1	5
Semester-IV:	3+1	-	1	5
Semester-V:	3+1	-	1	5
<u>Semester-VI:</u>	<u>3+1</u>	<u>-</u>	<u>1</u>	<u>5</u>
<b>Total</b>	<b>22</b>	<b>2</b>	<b>6</b>	<b>30</b>

Outlines of B.A. (Honours) Psychology Courses

Paper No.	Nomenclature	Marks	Internal Assessment	Total
<b>Semester-I</b>				
Paper -I	Fundamentals of Psychology	65	10	75
Paper- II	Social Psychology (i)	65	10	75
Paper- III	Practicals	50	-	50
<b>Semester-II</b>				
Paper-IV	Experimental Psychology	65	10	75
Paper-V	Social Psychology (ii)	65	10	75
Paper-VI	Practicals	50	-	50
<b>Semester-III</b>				
Paper-VII	Guidance	65	10	75
Paper-VIII	Child Psychology	65	10	75
Paper-IX	Research Methods and Statistics (i)	65	10	75
Paper-X	Practicals	75	-	75
<b>Semester-IV</b>				
Paper-XI	Counselling	65	10	75
Paper- XII	Psychology of Adolescence	65	10	75
Paper- XIII	Research Methods and Statistics (ii)	65	10	75
Paper- XIV	Practicals	75	-	75
<b>Semester-V</b>				
Paper-XV	Psychopathology	65	10	75
Paper-XVI	Psychological Testing	65	10	75
Paper-XVII	Industrial Psychology	65	10	75
Paper-XVIII	Practicals	75	-	75
<b>Semester-VI</b>				
Paper-XIX	Clinical Psychology	65	10	75
Paper-XX	Organizational Behaviour	65	10	75
Paper-XXI	Biological Psychology	65	10	75
Paper-XXII	Practicals	75	-	75

## **B. A. (Hons.) Psychology: Semester-I**

Paper-I: Fundamentals of Psychology

Max. Marks: 65 +10 Internal  
Time: 3 Hours

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 13 marks. The first question will be compulsory and will include 13 objective type questions (multiple-choice) uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

### UNIT-I

Introduction to Psychology: Historical development, Psychology as Science, Approaches: Behaviouristic, Psychoanalytic, and Cognitive. Experimental Method.

### UNIT-II

Biological basis of behaviour: Basic units of Nervous System – Neurons, Nerve conduction, and Synapse. Central and Peripheral Nervous System.

### UNIT-III

Emotion: Nature, Theories: James-Lange, Canon-Bard, and Schachter-Singer.  
Motivation: Needs, Drives, Incentives. Biological and Social Motives.

### UNIT-IV

Personality: Nature, Type vs. Trait Approach. Theories: Freud, Cattell, and Eysenck.  
Intelligence: Nature, Theories: Spearman, Thurstone, and Cattell,

### Recommended Books:

Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., and Hilgard, E.R. (1990). Introduction to Psychology (10<sup>th</sup> ed.). New York: Harcourt Brace Jovanovich.

Carlson, N. R. (1990). Psychology: The Science of Behaviour (3<sup>rd</sup> ed.). London: Allyn and Bacon.

Chaplin, T., Kraweic (1979) Systems & Theories of Psychology (4<sup>th</sup> ed.). New York: Holt Rinehart.

Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.

Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.

Singh, A. and Singh,U.(1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.

## **B. A. (Hons.) Psychology: Semester-I**

Paper-II: Social Psychology (i)

Max. Marks: 65 +10 Internal  
Time: 3 Hours

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 13 marks. The first question will be compulsory and will include 13 objective type questions (multiple-choice) uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

### UNIT-I

Introduction: Nature, Historical Background, scope and current status.  
Methods of Study: Observation, Sociometry, Field Study.

### UNIT-II

Socialization: Nature, Agencies, Social learning, Development of self and Personality.  
Social Perception: Meaning, Determinants. Person Perception, Impression Formation.

### UNIT-III

Interpersonal attraction: Meaning, Determinants, Social influence, Conformity, Obedience and Compliance.  
Helping and Prosocial behaviour: Meaning, Determinants.

### UNIT-IV

Attitude: Nature, Attitude and behaviour, Formation and change- Persuasion and resistance to change.  
Prejudice: Nature, determinants, counteracting prejudice.

### Recommended Books:

- Baron, R.A. and Byrne, D. (1993). *Social Psychology : Understanding Human Interaction*. New Delhi: Prentice Hall.
- Kretch and Crutchfield (1948) *Theory and Problems of Social Psychology*. McGraw Hill, New York.
- McDavid, J. W. & Harrari, H. (1968) *Social Psychology*. Harper & Row.
- Misra, G. (1990). *Applied Social Psychology*. New Delhi: Sage Publications.
- Myers, D.G.(1998). *Social Psychology*. New York: McGraw Hill.
- Rastogi, G.D. (1986). *Adhunik Samaj Manovigyan*, Agra: Bhargava.
- Srivastava, D.N. Singh, R. & Pandey, J. (1991). *Adhunik Samaj Manovigyan*, Agra: Bhargava.

## **B. A. (Hons.) Psychology: Semester-I**

### Paper-III: Practicals

Max. Marks: 50

Time: 3 Hours

Note: The students would be required to conduct at least 6 practicals during the session. Each examinee will have to conduct one practical during the examination as allotted by the examiner. The distribution of marks will be as under:

- |    |                           |          |
|----|---------------------------|----------|
| a. | Conduction and reporting: | 25 Marks |
| b. | Viva-voce:                | 15 Marks |
| c. | Record book:              | 10 Marks |

1. EPQ
2. Verbal Test of Intelligence
3. Simple Reaction Time
4. Span of Attention
5. Raven's Progressive Matrices
6. Study of Emotions (Facial Expression)
7. Motivation Test
8. 16 PF
9. Computer Application: Data File in M.S. Excel

## **B. A. (Hons.) Psychology: Semester-II**

Paper-I: Experimental Psychology

Max. Marks: 65 +10 Internal  
Time: 3 Hours

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 13 marks. The first question will be compulsory and will include 13 objective type questions (multiple-choice) uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

### UNIT-I

Experimental Psychology: Nature, History.

Sensory Processes: Visual and Auditory - Structure and Functions of Eye and Ear.

Perceptual processes: Form and Space, Perceptual Organisation; Perceptual Illusions: Types and Theories.

### UNIT-II

Psychophysics: Problems, Methods: Determination of Sensory Thresholds;

Psychophysical Laws: Weber, Fechner.

### UNIT-III

Learning: Nature, Trial and Error, Insight, Factors affecting Learning.

Classical Conditioning, Instrumental Conditioning: Appetitive, Aversive, Operant Conditioning.

### UNIT-IV

Memory: Nature, Processes: Encoding, Storage, and Retrieval.

STM and LTM: Characteristics, Methods to study. Transfer from STM to LTM.

Forgetting: Nature, Theories.

### Recommended Books:

Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., and Hilgard, E.R. (1990). Introduction to Psychology (10<sup>th</sup> ed.). New York: Harcourt Brace Jovanovich.

D'Amato, M.R. (1970). Experimental Psychology. New Delhi: Tata McGraw Hill.

Flaherty, C. F. et al., (1977) *Learning and Memory*. RanMcNally Pub. Co.

Guilford, J.P. (1954). Psychometric methods (2<sup>nd</sup> ed.). New Delhi: McGraw Hill.

Kling, J. W. and Riggs, L.A. (1984). *Woodworth & Schlosberg's Experimental Psychology*. New Delhi: Khosla Publication.

Singh, A. (1985). Hundal Experimental Psychology. Bhiwani: Vedic Prakashan.

Snodgrass, J. G., Berger, G. L. and Haydon, M (1985). Human Experimental Psychology. New York: Oxford University Press.

Woodworth, R. S. & Schlosberg, H. (1971) *Experimental Psychology*. New Delhi: Oxford & IBH.

## **B. A. (Hons.) Psychology: Semester-II**

Paper-II: Social Psychology (ii)

Max. Marks: 65 +10 Internal  
Time: 3 Hours

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 13 marks. The first question will be compulsory and will include 13 objective type questions (multiple-choice) uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

### UNIT-I

Social Group: Meaning, Types, Characteristics- Cohesiveness, Intergroup conflict.  
Leadership: Meaning, Types, Theories- Trait, Situational, Contingency, Interactional.

### UNIT-II

Mass Behaviour: Crowd- Meaning, characteristics, classification, Theories.  
Audience- Meaning, characteristics; Mob- Meaning, Characteristics.

### UNIT-III

Social Change: Nature, characteristics, Types, Theories.  
Social Problems: Poverty; Population, Deprivation.

### UNIT-IV

Aggression and Violence: Nature, Theoretical Perspective-  
Trait, Situational, and Social learning. Prevention and Control.

### Recommended Books:

Baron, R.A. and Byrne, D. (1993). *Social Psychology : Understanding Human Interaction*. New Delhi: Prentice Hall.

Kretch and Crutchfield (1948) *Theory and Problems of Social Psychology*. McGraw Hill, New York.

McDavid, J. W. & Harrari, H. (1968) *Social Psychology*. Harper & Row.

Misra, G. (1990). *Applied Social Psychology*. New Delhi: Sage Publications.

Myers, D.G.(1998). *Social Psychology*. New York: McGraw Hill.

Rastogi, G.D. (1986). *Adhunik Samaj Manovigyan*, Agra: Bhargava.

Srivastava, D.N. Singh, R. & Pandey, J. (1991). *Adhunik Samaj Manovigyan*, Agra: Bhargava.

## **B. A. (Hons.) Psychology: Semester-II**

### Paper-III: Practicals

Max. Marks: 50

Time: 3 Hours

Note: The students would be required to conduct at least 6 practicals during the session. Each examinee will have to conduct one practical during the examination as allotted by the examiner. The distribution of marks will be as under:

- |    |                           |          |
|----|---------------------------|----------|
| a. | Conduction and reporting: | 25 Marks |
| b. | Viva-voce:                | 15 Marks |
| c. | Record book:              | 10 Marks |

1. Observation
2. Sociometry
3. Social Facilitation
4. Social Conformity
5. Attitudes
6. Stereotypes
7. Study of Altruism
8. Self Concept
9. Computer Application: Computation of Mean in MS Excel