

ONLINE

5th

INTERNATIONAL SEMINAR

December 21-23, 2020

On the occasion of
INTERNATIONAL GITA
MAHOTSAV
2020



REPORT

Sustainable Existence

&

Shrimad-Bhagwad Gita Philosophy



Organised by

Kurukshetra University, Kurukshetra
(Established by the State Legislature Act XII of 1956)
("A"+Grade, NAAC Accredited)



Kurukshetra Development Board
Kurukshetra, Haryana, India

Gita International Seminar Report
(21-23 December, 2020)
Sustainable Existence and Shrimad-Bhagawadgita Philosophy

Part I

The moderate cold weather of the month of *Margashirsh* (Nov.-Dec.) with auspicious sun adds to the beauty of the celebrations of International Gita Mahotsav at Kurukshetra. Warm lights at night at sacred Brahma Sarovar pulling out the chill of winters to some extent give a picturesque view having serenity and spirituality on one side and grandeur and exhilaration on the other. The complete ambience spreading positive vibes truly justifies the words of Lord Krishna in the 10th chapter of Gita that I am Margashirsha among the months. The Pious month, one of the *vibhuti*s of Lord Krishna inspires us to indulge in self-introspection, to value spirituality, to think about universal welfare and to think more clearly and objectively. Having these objectives in mind Kurukshetra University along with Kurukshetra Development Board organises International Gita Seminar every year on the occasion of Gita Jayanti. This year held from 21st to 23rd December 2020, it took the form of a webinar due to corona pandemic, but even the cruel pandemic could not hamper the enthusiastic and wide participation of the people from all the globe. The broad theme of the 5th Gita International seminar was '**Sustainable Existence and Bhagawadgita Philosophy**', which was inspired by the current situation of the world where a continuous fight against covid-19 is going on. Spread of Corona pandemic not only snatched and threatened the lives of people but also gave rise to many psychological and emotional issues in the society. Some people are fighting like warriors, some are worried about future and some are facing financial crises. This scenario compelled the thinkers to bring out some positive answers from Bhagawadgita philosophy by considering to take such a theme of the seminar that relates with these issues. The concept of sustainable existence is seeded in Shrimadbhagawadgita philosophy which reveals the meaning of life and death, body and soul, *dharma* and *adharma* and helps to overcome many conflicts and dilemmas of human minds. Following is the outcome-based report highlighting the main points discussed in various sessions of the seminar.

1. Human Values in Geeta and Sustainable Development:

Our Vedic rishis preached that the development of a society should be all pervasive. They gave us the values to live together in unity, to worship God for welfare of all and to