

Extension Activity / Advocacy

Place : Institute of Law, KUK

Date : 7/11/2017

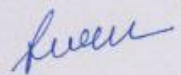
Conducted by : Dr. Vandana, Anshul, Beeti, Pardeep

Topic Covered : Difference between sex & gender and gender discrimination

No. of Participants : 50

Report :

Dr. Vandana introduced the theme of program to the students and explained the meaning of the term sex and gender. She made clear how a biological being is converted into a socio-cultural being through the process of socialization. With the help of daily life examples she discussed about femininity and masculinity and associated attributes. She also talked about gender equality and its importance. Ms. Anshul discussed different parameters of gender discrimination like education, work, health. She tried to make clear the reasons of gender discrimination. Ms. Beeti gave the participants some statistical data related to gender discrimination. In the end they were suggested some steps to eliminated discrimination and observe thing through gender perspective.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



Advocacy in Institute of Law, Kurukshetra University, Kurukshetra

Special Lecture on Swami Vivekanand ke Chintan mein Nari Bodh



Special lecture on “Swami Vivekanand ke Chintan mein Nari Bodh” by Shri Srinivasji on Jan. 8, 2018

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Deviyanî Bhawan, KUK

Date : 26/2/2018

Conducted by : Ms. Preeti

Topic Covered : Maintenance of Hindu Wife under Hindu
Marriage Act

No. of Participants : 10 female students

Report :

Giving a brief about the Hindu marriage act of 1955 Ms. Preeti talked about the concept of maintenance under the act. She said that maintenance is covered under section 24 of the act, which provides relief and relaxation in terms of money and litigation expenses to the spouse who is parted from the marriage and unable to maintain the living during the tenure of proceedings. This section deals with divorce settlement during the pendent litig and the costs of the procedures. Section 25 of this act talks about permanent alimony and maintenance, by keeping in view the respondents own income and its property. She also explained section 18 of the act which says that every wife will get maintenance by her husband during her life tenure.



Advocacy in Girls Hostel, KUK

Extension Activity / Advocacy

Place : 7 days NSS camp at Dyalpur village organized by
University College, KUR

Date : 26 Feb. 2018

Conducted by : Dr. Vandana Dave

Topic Covered : Difference between sex and gender

No. of Participants : 50 male and female students

Report :

The students were explained the biological definition of a person and then the socio-cultural definition of a human being. They were made clear that how the society and culture play their roles in making the gender of a person and each and everyone tries to conform these societal norms of maleness and femaleness. This concept creates difference in men and women as per the status assigned to them by the society. She then explained the indicators of gender discrimination and talked about importance of gender equality as the difference creates a number of issues. Women are denied sometimes even the basic rights and push backfoot in terms of education, employment and decision making. Explaining the process of socialization she encouraged the participants to become change agents.

Extension Activity / Advocacy

Place : Dept. of Library Science, KUK

Date : 6/3/2018

Conducted by : Ms. Preeti, Mr. Anshul, Dr. Vandana Dave

Topic Covered : Sexual Harassment of Women at Workplace

No. of Participants : 15 male & female students

Report :

Dr. Vandana introduced the topic and gave a brief background of the act on sexual harassment of women. Then she explained the definition of sexual harassment as per the act and made a difference between what is welcomed and what is unwelcomed act for a woman. She also discussed the circumstances with which a woman or a girl can go through while studying or working. Ms. Preeti talked about the applicability of the act and the procedure of filing a complaint. Then she explained the responsibility of the employer and the employee and also the do's and don'ts related to sexual harassment. In the end Ms. Anshul highlighted the section 354 of Indian Penal Code which deals various forms of sexual harassment like outraging the modesty, stalking, voyeurism etc. The students showed interest in seeking information and shared their perspective.



Advocacy in Dept. of Library Science, Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Saraswati Bhawan, KUK

Date : 16/3/2018

Conducted by : Ms. Preeti, Ms. Saira

Topic Covered : Marriage under Hindu Marriage Act, Divorce grounds,
Bigamy, Adultery and Cruelty

No. of Participants : 14 female students

Report :

Ms. Preeti said that during ancient period and as per Manu, the marital tie between husband and wife can not be broken. The provision of divorce was introduced by the Hindu Marriage Act, 1955 as a dissolution of marriage, but permitted only for a grave reason. She discussed the grounds of divorce as per the act such as adultery, cruelty, desertion, conversion, insanity, leprosy, venereal disease and renunciation. Explaining bigamy and adultery she said that there must be sufficient circumstantial evidence to prove the liability of another spouse. She also made clear the concept of cruelty which includes mental as well as physical cruelty and said that mental cruelty sometimes becomes difficult to prove. Humiliating the wife in front of family and friends or ill treatment to husband's parents and family also constitute cruelty.



Advocacy in Awareness in Saraswati Bhawan, Girls Hostel

Extension Activity / Advocacy

Place : Dept. of Hindi, KVK

Date : 6th April, 2018

Conducted by : Parveen, Preeti, Anshul, Dr. Vandana

Topic Covered : Sexual Harassment of Women at Workplace

No. of Participants : 30 Students

Report :

First of all Preeti talked about the Bhanwari Devi rape case of 1994 at Rajasthan which became the basis of Vishaka guidelines for sexual harassment. Anshul talked about the definition of sexual harassment at workplace as mentioned in the act then she explained its other provisions like what is workplace, who is the employer. Parveen talked about the consequences of sexual harassment for women. Dr. Vandana discussed various socio-economic, cultural and other reasons of crime against women and tried to take out some suggestions from the students to prevent women from any kind of harassment and violence. The students showed keen interest in the discussion.



Advocacy in Department of Hindi, KUK

Extension Activity / Advocacy

Place : Dept. of Punjabi, KUK

Date : 24th April 2018

Conducted by : Ms. Preeti, Ms. Anshul, Dr. Vandana

Topic Covered : Internal Complaints Committee on SH

No. of Participants : 25 students

Report :

Ms. Anshul explained the reasons for framing the policy against sexual harassment of women at workplace and talked about the Bhanwari Devi's case. Then she informed the students about the provision of internal Complaints Committee at the university campus, which tries to create safe environment for each and everyone. Ms. Preeti talked about the meaning and definition of sexual harassment and scope of the policy. After this Dr. Vandana informed the students about the procedure to file a complaints under the policy and action taken by the committee. She also told the students not to bear any kind of misconduct by the male members of the university and enjoy their right to live with dignity and work.



Advocacy in Department of Punjabi, KUK

Extension Activity / Advocacy

Place : Shanti Nagar, Preeti

Date : 26/7/2017

Conducted by : Dr. Vandana Dave

Topic Covered : Crime against women

No. of Participants : 25 women

Report :

The women gathered were asked to share what kind of crime against women and girls they observe in their surroundings. They named, ^{a few like} dowry related crime, cruelty, domestic violence, eve teasing etc. They were first of all made clear the definition of violence against women. They were then told about the type of crime under various Indian penal codes such as rape, acid attack, cruelty by husband and relatives, kidnapping, trafficking etc. After explaining these crimes they were asked about reasons of such crime. The prejudiced answers were received and they were explained the actual reasons of crime like the male mentality, faulty socialization and unbalanced gender relations. All the participants agreed to the reasons stated and assured to put a check on the behaviour of the boys roaming around their locality.



Awareness camp in Shanti Nagar, Kurukshetra

Extension Activity / Advocacy

Place : Shanti Nagar, Anshul

Date : 24/8/2017

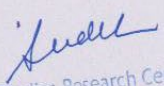
Conducted by : Dr. Vandana Dave

Topic Covered : Gender Discrimination

No. of Participants : 30 women

Report :

The participants were asked about the differences they observe between boys and girls. They listed a number of differences both physical and mental. Then they were told about the term gender and explained the difference between sex and gender and also how gender develops. They were told about a number of feminine and masculine traits that are result of socialization. With the help of various daily life examples they were made clear the process of socialization through which all of us go through and develop as per the expectations of the societal norms. After this Dr. Vandana discussed the indicators of gender discrimination like health, education, work, political participation etc with the help of statistical data and revealed the low status of women in the society.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Mess Workers Colony, NIT

Date : 30/10/17

Conducted by : Dr. Vandana Dave, Pardeep, Preeti

Topic Covered : Crime against Women

No. of Participants : 30 women and girls

Report :

The session started with an interaction between the participants and Dr. Vandana and they were asked about the crimes against women with which they are aware of. The participants list a few common crimes. Then they were made clear the definition of different kinds of crimes like stalking, sexual harassment, voyeurism, trying to disrobe and they were also told about the punishments prescribed for these crimes under Indian Penal Code. They were discussed with the reasons as well as the consequences of crimes for women, that how women's right to equality is affected. They were encouraged to rear up their children with equality and to provide ~~go~~ positive environment to girls so that they are able to achieve something better for them.



Awareness camp in Mess Workers Colony, NIT

Extension Activity / Advocacy

Place : Lakshaman Colony

Date : 10/11/17

Conducted by : Sarita, Anshul, Pardeep, Dr. Vandana

Topic Covered : Women's health and sanitation

No. of Participants : 18 women living in slum

Report :

Interaction with the participants showed their unawareness about the health issues of women, so first of all they were talked about importance of health of all including children. Then they were made aware about the important health issues of women like malnutrition, anaemia, immunization of pregnant women and children. They were also made aware about the importance of cleanliness of surroundings, proper system of drainage and personal hygiene. The participants were told about the personal hygiene during menstrual cycle. They were informed about the disposal of waste also so that mosquitoes and flies could not develop and they can be protected from various diseases. They were also talked about the storage of clean drinking water.



Awareness camp in Laxman Colony, Kurukshetra

Extension Activity / Advocacy

Place : Batha Colony

Date : 24/11/2017

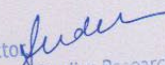
Conducted by : Suman, Sarita, Pariteek, Dr. Vandana

Topic Covered : Crime against women and Dowry

No. of Participants : 20 women

Report :

First of all the participants were talked about female foeticide which is such a crime, committed against the girl child before her birth. They were then informed about various other crimes like abduction, kidnapping, sexual harassment, rape, eve teasing, cruelty etc. They were discussed different reasons of crime and how our society treat an abuser and the victim. They were told that despite of being victim of crime she is stigmatized and blamed for the crime. The participants were informed about dowry and dowry harassment, and how this evil practice of dowry creates havoc to the women. The act related to dowry and punishments prescribed in it were also discussed.

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Awareness camp in Bhatta Colony, Kurukshetra

Extension Activity / Advocacy

Place : Kainthla Khurd

Date : 28 Nov. 2017

Conducted by : Taubir, Anshul, Pardeep, Dr. Vandana Dave

Topic Covered : Crime against women

No. of Participants : 25 rural women

Report :

Taubir started interaction with the rural women and talked about different kinds of crime against women. He asked from them to share their experiences of any type of crime they had seen in their neighbourhood. The participants told about dowry harassment, domestic violence and eve teasing. Anshul then discussed various social, cultural, ~~so~~ regional, economic reasons of crime against women. The rural women showed keen interest in the discussion, they cited many examples and tried to understand the gender relations in the society. They were also informed about various customary practices which are exploiting women like Puda Batta, restrictions on free movement of women etc.

Queller
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Women's Studies Research Centre
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Extension Activity / Advocacy

Place : Kainthla Khurd

Date : 29/11/2017

Conducted by : Beant Kaur, Preeti, Tambir

Topic Covered : Dowry Custom and Dowry Prohibition Act

No. of Participants : 20 rural women

Report :

Preeti gave them a brief background about the custom of dowry and the concept of Stri Dhan was also explained them to you. Beant discussed with them the current face of dowry which has converted into a social evil and putting woman's life into threatening circumstances. She also discussed with them the main provisions of Dowry Prohibition Act of 1961. Preeti then discussed about dowry death and section 498 A of the Indian Penal Code which deals with cruelty by husband and his relatives. In the end Dr. Vandana talked about socio-economic implications of dowry not only for the bride but also for the families. The participants actively participated in the discussion.



Awareness camp in Kanithla Khurd, Kurukshetra

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Street Play in village Mirzapur on the occasion of International Women's Day, March 8, 2018

Extension Activity / Advocacy

Place : Mizapur Colony

Date : 4 April, 2018

Conducted by : Dr. Vandana Dave, Ms. Preeti, Ms. Neelam

Topic Covered : Female foeticide and PNDT Act

No. of Participants : 18 rural women and girls

Report :

Rural women and girls were gathered at the Anganwari Centre of Mizapur Colony with the help of Anganwari helper. Ms. Preeti introduced the issue of female foeticide and said that Haryana had a very bad name in declining sex ratio. She highlighted the causes of foeticide in detail. Ms. Neelam explained the demographic and social impacts of female foeticide and also talked about the place of women in Indian society.

Then Dr. Vandana informed in detail the provisions of Prenatal Diagnostic Techniques Act which prohibit sex selective abortion by making it illegal. She also discussed some of the small steps which can be taken to enhance the status of women in society.

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Karan Colony

Date : 23/4/2018

Conducted by : Dr. Vandana Dave, Ms. Reena, Ms. Neelam

Topic Covered : Female Foeticide and PNDT Act

No. of Participants : 19 women

Report :

At the outset Ms. Reena informed the participants about the declined sex ratio in Haryana in all the categories like total sex ratio, under 5 sex ratio and sex ratio at birth. After giving the statistical information about the skewed sex ratio Ms. Neelam explained adverse effects of sex ratio on society. She also discussed about the reasons of female foeticide and its impact upon women's health. Dr. Vandana explained in detail the measures for curbing this menace including the PNDT Act. She made them understand the provision and punishments prescribed in this act.

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Extension Activity / Advocacy

Place : G. M. N. College, Ambala Cantt.

Date : 17/8/2018

Conducted by : Dr. Vandana Dave

Topic Covered : Sexual Harassment of Women at Workplace

No. of Participants : 65 male and female students

Report :

The students were made aware of the relevance of discussion upon sexual harassment at workplace. Then they were given a brief history of the act. They were explained meaning of sexual harassment. Dr. Vandana elaborated the term welcomed and unwelcomed behaviour and explained the circumstances where sexual harassment may happen. She then discussed the policy of Kurukshetra University against sexual harassment and its provisions. She informed several do's and don'ts mentioned in the policy to students and the procedure of filing a complaint if they encounter any misconduct by any of the male member of the college. They were talked about the applicability of the policy and the punishments which ~~are~~ may be possible to the accused.

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Dept. of Mass Com. and Media Technology, KUK

Date : 4/9/2018

Conducted by : Ms. Preeti, Ms. Manju, Dr. Vandana

Topic Covered : Criminal Law Amendment Act, 2013

No. of Participants : 45 students

Report :

Dr. Vandana introduced the topic with the Nishchaya incident of 2016 and told the students about the amendments made in the Criminal Law after 1984. Ms. Manju talked about the amended definition of rape, acid attack and sexual harassment. She explained in detail all these terms then also discussed the penalties prescribed under these in IPCs for committing such an offence. Ms. Preeti talked about the safety and security of women and tried to find out the reasons of crime against women. Explaining the crimes in public as well as private ~~sphere~~ spheres she encouraged the students to take immediate action against crime and help others also to deal with it.

Director
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



Advocacy in Institute of Mass Comm. & Media Technology, KUK

Extension Activity / Advocacy

Place : Village Sunderpur

Date : 9 Oct. 2018

Conducted by : Dr. Vandana, Ms. Neelam, Ms. Sakshi

Topic Covered : Gender Discrimination and Women's Health

No. of Participants : 25 women

Report : Dr. Vandana asked the participant what kind of discrimination they have faced in their lifetime. The participants shared their experiences. Then she explained the root cause of inferior status of women in society and suggested ways to bring gender equality. Ms. Neelam discussed the phases of a woman's life when she need special health care facilities. She also talked about gender discrimination with regard to health. Ms. Sakshi emphasised upon indicators of women's health like anemia, BMI, chronic energy deficiency and encouraged the participants to take balanced and healthy diet and not to ignore the symptoms of any disease.



Awareness camp in Sunderpur, Kurukshetra

Extension Activity / Advocacy

Place : Mirzapur Colony

Date : 2 November 2018

Conducted by : Dr. Vandana, Ms. Neelam, Ms. Reena

Topic Covered : Female foeticide and PNDT Act

No. of Participants : 20 women and girls

Report :

Dr. Vandana asked from the participants # why they society give preference to the male child over female and made clear the reasons behind female foeticide. She also gave some statistics of sex ratio in Haryana. Ms. Reena explained the implications associated with female society and about the trafficking of brides in Haryana. Ms. Neelam gave a brief overview of the PC-PNDT Act which provides protection to the female foetus from being aborted. She explained the provisions of the act and punishments prescribed under the act for committing the crime of aborting the female foetus. They also answered the queries of the participants.

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Jnt Bhatta Colony

Date : 5 November, 2018

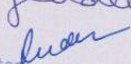
Conducted by : Dr. Vandana Dave, Ms. Reena, Ms. Neelam

Topic Covered : Dowry and Gender Discrimination

No. of Participants : 15 women and girls

Report :

Ms. Neelam first of all gave a background behind the custom of dowry and then explained how it became an evil in the society. She told the materialistic and consumerist nature of dowry. Ms. Reena explained the consequences of giving and taking dowry and highlighted the main provisions of the Dowry Prohibition Act. Dr. Vandana stated the forms of gender discrimination prevalent in our society and how this has become a barrier in the progress and equality of both the sex, due to which half of the population is denied to enjoy their rights and become partners of development. She also gave some statistics on indicators of gender discrimination.

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Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Karen Colony

Date : 13 November 2018

Conducted by : Dr. Vandana Dave, Ms. Pinki, Ms. Reena

Topic Covered : Dowry and Female Feticide

No. of Participants : 14 women

Report :

Ms. ^{Pinki} started the session with asking from the participants about the benefits of dowry. She made them clear that the dowry actually has several demerits and explained the consequences of dowry demands. Ms. Reena talked about the evil practice of sex selective abortions which has led to skewed sex ratio in the state. She encouraged the participants to understand the value of a girl child and her potential. At the end of the session Dr. Vandana highlighted the important provisions of the PNDT act and focused upon the negative consequences of female feticide on society and upon women's health.

Director
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



Awareness camp in Karan Colony, Kurukshetra

Extension Activity / Advocacy

Place : Didar Nagar

Date : 28 November, 2018

Conducted by : Dr. Vandana, Ms. Anshul, Ms. Sarita, Ms. Suman

Topic Covered : Women's Health

No. of Participants : 19 women

Report :

Ms. Anshul asked from the participants about their health problems and encouraged them to seek health care. Ms. Sarita highlighted the nutritional deficiencies which more often occur among women due to their physiology. She advised them to take balanced diet which includes pulses, grains, milk products, fruits and vegetables and also to provide food to members of their family as per their requirements. Ms. Suman explained the type of discrimination done to girls with regard to distribution of food and also talked about the nutritional needs of pregnant and lactating women to keep them healthy.



Awareness camp in Didar Nagar, Kurukshetra

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Village Mijapur

Date : 29 November, 2018

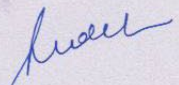
Conducted by : Ms. Anshul, Ms. Sarita, Ms. Suman, Dr. Vandana

Topic Covered : MTP Act

No. of Participants : 20 rural women

Report :

First of all Anshul talked about sex selective abortions and its ill effects upon women's health. Repeated pregnancies and repeated abortions in the desire of male child may lead to morbidity among women. Ms. Sarita discussed main provisions of the PC-PNDT act. Then Ms. Suman elaborated the need of Medical Termination of Pregnancy Act and its provisions. This law was implemented to protect women from unsafe abortions and illegal abortions. This act helps women to provide all the care while terminating unwanted pregnancy. Dr. Vandana interacted with participants and guided them to minimize the risks related to pregnancy.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Bhattha Colony

Date : 12 Feb. 2019

Conducted by : Dr. Vandana, Ms. Kamna, Ms. Parvesh

Topic Covered : Crime against Women

No. of Participants : 16 women

Report :

Ms. Kamna started interaction with highlighting different types of crimes committed against women in the family as well as at the public places. Ms. Parvesh discussed with the participants various socio-economic, cultural and other reasons of crime. She said that the boys do not understand the value of a woman in society and disrespect them. This is all due to the faulty brought up of children. In our society girls are not given equal opportunity to develop; and mistreated and denied equal rights. This makes them more vulnerable to violence. Dr. Vandana elaborated some of the legal provisions which are made to protect equal rights of women.



Awareness camp in Bhatta Colony, Kurukshetra

Extension Activity / Advocacy

Place : Village Jyotisar

Date : 1 March 2019

Conducted by : Ms. Sakshi, Ms. Neelam, Dr. Vandana

Topic Covered : Dowry and Crime Against Women

No. of Participants : 22 girls and women

Report :

Ms. Sakshi explained to them different types of crimes against women like dowry, domestic violence, eve-teasing, sexual harassment, stalking etc. and said that generally women and girls do not raise the voice against it as they are taught to ~~be~~ keep silence. Moreover they are threatened of the harmful consequences of reporting. That is why they fear of sharing it with anyone. She encouraged them to report it and take the help of friends and relatives because lack of reporting encourages the harasser to make more women victims. Ms. Neelam shared with them some of the legal provisions made to deal with cases of crime and motivated them to reach to the women police station in case of emergency.

Extension Activity / Advocacy

Place : Village Mirzapur

Date : 5 March 2019

Conducted by : Ms. Sakshi, Ms. Reena, Ms. Neelam

Topic Covered : Crime against women

No. of Participants : 21 women and girls

Report :

Ms. Reena started the discussion with giving them definition of several kinds of crime against women. The harasser finds new ways to molest women with the use of new technology as voyeurism and online stalking has become very common now. She suggested some of the reasons of crime against women as well as its impact upon the society. It is a result of gender discrimination and unequal power relations ~~that~~ between men and women. Then Sakshi said that if we socialize our children to be equal and protect the rights of the girl child, it would be helpful in creating more equal world. Ms. Neelam talked ~~and~~ about some of the legal provisions made to protect women's rights.

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : M. L. N. College, Radour

Date : 7th March 2019

Conducted by : Dr. Vandana Dave

Topic Covered : Women Empowerment

No. of Participants : 58 male and female students

Report :

The session was started with an interaction with the students and they were asked to give the meaning of empowerment of women. After getting a number of views she explained the actual meaning of the term empowerment and need of empowerment for women. Then she talked about the different approaches of empowerment like - personal empowerment, social, economic, political and legal empowerment. With the help of examples of daily life she explained the process of empowerment as well as the benefits of empowerment for women and society. They were also told some of the schemes of the government which aims to bring women into mainstream development.

Director,
Women's Studies Research Centre
K. U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Village Palwal

Date : 8th March 2019 on International Women's Day

Conducted by : Dr. Vandana, Dr. R.K. Yadav, Ms. Preeti, Ms. Manjya,
Ms. Neelam, Ms. Sakshi

Topic Covered : Crime against Women

No. of Participants : 50 rural women and girls

Report :

Dr. Vandana introduced the topic and gave a brief overview of the statistics about crime against women. Ms. Neelam talked about different categories of crime and defined them like sexual harassment, stalking, kidnapping, trafficking, acid attack. She explained the meaning in reference to Indian Penal Code. After this Ms. Preeti talked about some of the important legal provisions made for women to protect them from violence like IPC 498 A, Dowry act, domestic violence act, sexual harassment act. She also informed about the punishments prescribed under the law if found guilty. Ms. Sakshi discussed about the reasons of crime like poverty, alcoholism, personality disorder, distorted influence of media and many more. In the end the session was concluded by Prof. R.K. Yadav who talked about gender discrimination and faulty socialization which gives male members liberty to misbehave with women and teaches women to bear it silently.

[Signature]



Awareness camp in Village Palwal, Kurukshetra

Extension Activity / Advocacy

Place : Dayalpur Village

Date : 9-4-2019

Conducted by : Preeti, Manju Bainswal, Dr. Vandana Dave

Topic Covered : Rural Sanitation

No. of Participants : 20 rural women and girls

Report :

Ms. Preeti started interaction with the participants and asked from them their habit of hygiene and sanitation. Then she informed them about the importance of environmental sanitation that it can prevent them from a number of diseases. She also told them about the importance of safe drinking water, proper arrangement of disposal of waste and drainage system. Ms. Manju talked about personal hygiene and cleanliness specially for adolescent girls during monthly cycle. They were encouraged to use proper sanitary pads and its disposal. They were also informed about cleanliness of vegetables, cleanliness of surroundings and motivated them to take action if they observe any garbage or waste & water collection in the village.



Awareness camp in Village Dayalpur, Kurukshetra

Extension Activity / Advocacy

Place : Village Kirmich

Date : 10-4-2019

Conducted by : Women in Panchayati Raj

Topic Covered : Ms. Preeti, Ms. Manju, Dr. Vandana Dave

No. of Participants : 15 women Panch and Sarpanch

Report :

Village Kirmich was having female sarpanch, she was asked to gather panches of the villages and they were motivated to take interest in the functions of the panchayat. They were informed about the reasons of reservation of seats for women in the panchayati raj and the roles and responsibilities of a sarpanch and panch in it. Only two - three of them were aware about their duties, so they were encouraged to understand the system of panchayats and its functions. The participants shared their limitations and restrictions for not performing ~~but~~ duties on their own, they were given suggestions for overcoming these barriers and not being as a rubber stamp in the system. They gave assurance of trying to do their job on their own and would not be a passive member of the panchayat.

Extension Activity / Advocacy

Place : Dyalpur Village

Date : 15-4-2019

Conducted by : Ms. Suman, Ms. Nikki, Dr. Vandana Dave

Topic Covered : Female foeticide and PNDT Act

No. of Participants : 25 rural girls and women

Report :

The participants were first of all asked about the reasons of son preference in the society. When they revealed the reasons, all their prejudices and misconceptions regarding those reasons were made clear and they were encouraged to have and help others to have an unbiased attitude towards the girl child. Citing a number of examples of successful women, they were motivated to build confidence among their girls to pursue their dreams. They were informed about the adverse sex ratio of the state and primary reason for this is sex selective abortions. They were also informed about the provisions of the PNDT act and punishment prescribed in the act for violating the provisions.



Awareness camp in Village Dayalpur, Kurukshetra

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Institute of Mass Communication & Media Technology,
K.U.K

Date : 16 April 2019

Conducted by : Dr. Vandana Dave, Ms. Preeti

Topic Covered : Indecent Representation of Women

No. of Participants : 17 male & female students

Report :

Dr. Vandana Dave started the session with an introduction to indecent representation of women ^{i.e.} such images that cause immorality, degradation, abuse or harm to public morality. This act came into force in 1986 which prohibits indecent representation of women through advertisement or in publications, writings, paintings, figures or in any other manner. Ms. Preeti elaborated the definition under the act its provision. She talked about the objectives of the act, which prohibits exploitation of woman's body through obscenity. She also explained the forms through which women can be depicted and also mentioned the penalties laid in the act for its violation.

Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Dyalpur Village

Date : 18/4/2019

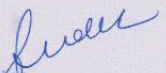
Conducted by : Ms. Ritu, Ms. Ravinder, Dr. Vandana Dave

Topic Covered : Female foeticide and PNDT Act

No. of Participants : 20 rural women and girls

Report :

Ms. Ritu asked the participants about the sex ratio of the state and of Kurukshetra. Then she described the correlation between female foeticide and declined sex ratio in Haryana. Ms. Ravinder explained to them the reasons of female foeticide and the status & challenges associated with the girl child in the society. She also talked about the adverse impacts of female foeticide on society as well as upon health of a woman if repeated pregnancy and repeated abortion occurs to her. At the end Dr. Vandana Dave explained the provisions of the act which has been enforced to curb the evil of female foeticide.


Director,
Women's Studies Research Centre
K. U. KURUKSHETRA-136119.



Awareness in Dayalpur Village, Kurukshetra

Extension Activity / Advocacy

Place : Didar Nagar

Date : 23/4/2019

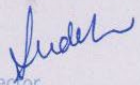
Conducted by : Dr. Vandana Dave, Ms. Reena

Topic Covered : Crime against Women

No. of Participants : 17 women and girls

Report :

Ms. Reena started interaction with participants and explained the meaning of ~~o~~ different types of crime against women as ^{per} the definition given in the Indian Penal Code. She discussed definition of rape, outraging the modesty of women, acid attack, kidnapping, trafficking, stalking, sexual harassment, IPC 498A and dowry related provision. Dr. Vandana talked about reasons of crime against women that how women are marginalized and push backfoot through the violence. Citing different examples she also gave certain suggestions to improve status of women in the society and prevent her from violence.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Didar Nagar

Date : 24/4/2019

Conducted by : Suwan, Sarita, Pardeep, Anshul, Dr. Vandana

Topic Covered : Human Rights of Women

No. of Participants : 15 women

Report :

First of all Anshul talked about the Constitutional rights provided to all the citizens of India. Then she explained how far these rights are enjoyed by women and gender discrimination being faced by women. Suwan and Sarita discussed with them some of the basic human rights as well as human rights of women. They said that women suffer from inferior position in the society. They have limited access to resources whether it is education, occupation, finance or others and they usually do not have a say in the decision making process in the family. Being an equal citizen she should be treated equally and allow to avail all the rights and entitlements. This will make them equal partner in nation building.

Extension Activity / Advocacy

Place : Village Mirzapur

Date : 25-4-2019

Conducted by : Suman, Sarita, Parveen, Anshul, Dr. Vandana

Topic Covered : Role of Women Sarpanch in Panchayati Raj

No. of Participants : 18 rural women

Report :

Sarita started the discussion with introduction of Panchayati Raj amendment act which provided reservation of seat to women. Anshul highlighted the role of women in panchayati raj and how they can make a difference in the rural development. Suman discussed about the barriers of low participation of women in politics i.e., ^{burden of} domestic responsibilities, lack of support of family, lack of information and knowledge etc. Dr. Vandana informed them about their responsibilities after being selected as a representative of their village. Parveen encouraged them to try to overcome all the barriers and take up all the responsibilities on their own and motivate others also as role models.

Cyber Safety and Consumer Awareness Workshop

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Workshop on Cyber Safety and Consumer Awareness on Sept. 6, 2019

केयू • साइबर सेफ्टी और कंज्यूमर अवेयरनेस पर कार्यशाला आयोजित; विद्यार्थियों को दी जानकारी

देश में तीव्र गति से होने वाले डिजिटलाइजेशन के कारण हुई साइबर अपराधों में बढ़ोतरी : प्रो. सुदेश

भारत न्यूज | कुरुक्षेत्र

कुरुक्षेत्र यूनिवर्सिटी के महिला अध्ययन शोध केंद्र की ओर से सोनेट हॉल में शुक्रवार को साइबर पीस फाउंडेशन, दिल्ली और ओएलएक्स की ओर से साइबर सेफ्टी और कंज्यूमर अवेयरनेस पर कार्यशाला आयोजित की गई।

मुख्य उद्देश्य इंटरनेट का उपयोग करने वाले युवाओं को इंटरनेट अपराधों के प्रति जागरूक करना रहा। शुभारंभ महिला अध्ययन शोध केंद्र की निदेशिका प्रो. सुदेश ने किया। उन्होंने कहा कि देश में तीव्र गति से होने वाले डिजिटलाइजेशन के कारण साइबर अपराधों की संख्या में बढ़ोतरी हुई है।

सोशल मीडिया के विभिन्न प्लेटफॉर्म पर प्रतिवर्ष जहां लाखों युवक विशेषकर महिलाएं साइबर बुलिंग का शिकार हो रही हैं, वहीं साइबर धोखाधड़ी के कारण लोग करोड़ों रुपए के नुकसान को भी झेल रहे हैं।

इन अपराधों का शिकार हम इसलिए हो रहे हैं क्योंकि हम इंटरनेट के सुरक्षित उपयोग की जानकारी नहीं है और हम आसानी से अपराधियों के झंझड़े में आ जाते हैं। सुरक्षित रहने की दी जानकारी : साइबर पीस फाउंडेशन की प्रशिक्षण अधिकारी आकांक्षा कपूर और कामाक्षी शर्मा ने तकनीकी स्मैस के दौरान सुरक्षित डिजिटल स्पेस का निर्माण, फाइनेंशियल साइबर सिक्वोरिटी, स्मार्ट सर्फिंग एवं स्मार्टफोन, रिपोर्टिंग इमीडेंट एवं फ्राडम और साइबर पीस कोर्पस की जानकारी दी। उन्होंने कहा कि सुरक्षित डिजिटल स्पेस की पर्याप्त जानकारी से साइबर खतरों को पहचानने और उनसे बचने की क्षमता का विकास होता है और अनिलान्न प्राइवैसी की समझ बढ़ती है। उन्होंने कहा कि फाइनेंशियल साइबर सिक्वोरिटी होने से बच सकते हैं। इस अवसर पर चौक: वार्डेन गडस प्रो. मंजुषा शर्मा, रोशनलाल, साहिल, स्मृति और अमित मौजूद रहे।

कुरुक्षेत्र | कार्यशाला में विद्यार्थियों को संबोधित करती महिला अध्ययन शोध केंद्र की निदेशिका प्रो. सुदेश।

Extension Activity / Advocacy

Place : University School of Management, KUK

Date : 26 September 2019

Conducted by : Dr. Vandana Dave

Topic Covered : Sexual Harassment of Women at Workplace &
ICC of KU

No. of Participants : 120 male and female students

Report :

Dr. Vandana started the session with a brief historical background of sexual harassment at work place act and Vishaka vs. State of Rajasthan guidelines. Then she explained the meaning of sexual harassment and its circumstances. ~~She~~ Explaining the ICC of KU she told about its applicability and scope. She also highlighted the procedure of filing the complaint and some of the misconceptions related to sexual harassment. She mentioned the procedure of complaint redressal and the punishments prescribed under the policy for violation. She motivated the students to understand true meaning of sexual harassment, what are the do's and don'ts and not to ~~to~~ tolerate any act of sexual harassment at the campus to make it gender friendly.

Extension Activity / Advocacy

Place : University College , KUK

Date : 18 October 2019

Conducted by : Ms. Narender Kaur and Dr. Vandana Dave

Topic Covered : Women's Health and Anemia

No. of Participants : 66 female students

Report :

Ms. Narender introduced the definition of health to the students and then talked about health issues of women. She highlighted the iron and calcium deficiencies among women and stated about a no. of vitamins and minerals. She elaborated the role of micronutrients in our body and how can we obtain these micronutrients from different kinds of food items. She also talked about the difficulties associated with menstrual cycle among girls and how to keep good hygiene during those days. Dr. Vandana talked about care and balanced diet during pregnancy and post delivery and importance of a healthy life style for all.



Advocacy in University College, KUK

Extension Activity / Advocacy

Place : Int Bhattha Colony

Date : 11 Oct. 2019

Conducted by : Ms. Neelam, Ms. Sakshi, Dr. Vandana

Topic Covered : Women's health and anemia

No. of Participants : 15 rural women

Report :

First of all Neelam discussed the importance of women's health in the family which is often ignored. Women themselves ignore the symptoms of their ill health which results in delay in treatment. She motivated the participants to take good care of their health so that they can bear the burden of responsibilities properly. Ms. Sakshi talked about importance of balanced diet to prevent nutritional diseases. She also informed them about various vitamins and minerals. Dr. Vandana explained to them the symptoms and causes of anemia. She told them the average amount of haemoglobinⁱⁿ a healthy body at different phases of life and also suggested some ways to deal with anemia. She also explained some of the risks associated with anemia for women.



Awareness camp in Intt Bhatta Colony, Kurukshetra

Extension Activity / Advocacy

Place : Mirzapur Colony

Date : 5 November 2019

Conducted by : Ms. Neelam, Ms. Sakshi, Dr. Vandana

Topic Covered : Crime against women

No. of Participants : 16 rural women and girls

Report :

Ms. Sakshi started the talk with explaining to them the types of crime committed on women. She discussed the definition of rape, acid attack, sexual harassment, stalking, voyeurism, kidnapping, trafficking, dowry death etc. with examples. Ms. Neelam discussed the reasons of crime committed on women like alcoholism, unemployment, criminalization of society, unequal relationship between men and women etc. Dr. Vandana explained some of the legal provisions for dealing with these crimes and encouraged them to raise voice against any atrocity. She also informed them about the women police station where they can easily go and complain. Some of the methods of preventing crime against women were also discussed.



Awareness in Mirjapur Colony, Kurukshetra

Extension Activity / Advocacy

Place : Karan Colony

Date : 14th Nov. 2019

Conducted by : Ms. Reena, Dr. Vandana Dane

Topic Covered : Women's health and anemia

No. of Participants : 16 women

Report :

Ms. Reena explained to them different phases of a woman's life like childhood, adolescence, pregnancy, post pregnancy and lactation period. She informed them about keeping good health during all the stages as a healthy girl can become healthy mother and reproduce healthy children. She also explained importance of nutritious diet for all the family members.

Dr. Vandana talked about the most common disease among women and children i.e. anemia. Explaining the symptoms of anemia she also informed them about the high risk groups. She discussed the reasons of anemia and suggested them to take iron rich food to maintain a good level of haemoglobin. They were informed about the importance of balanced diet.

Investor Awareness Programme

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,u,lMh,y ls vk;s Jh d.kZ dksgyh us ,u,lMh,y dh Hkwfedk dh tkudkjh nhA mUgksaus dgk fd orZeku tula[;k esa flQZ 50 izfr'kr yksx gh cSad [kkrk /kkjd gSa rFkk flQZ 3&4 izfr'kr yksxksa dk gh MhesV [kkrk gSA lgh tkudkjh ,oa lqjf{kr fodYiksa ds vHkko esa yksx lgh fuos'k ugha dj ikrs gSaA us'kuy LVkWd ,Dlpsat vkWQ bafM;k fyfeVsM ls vk, Jh eksfgr c=k rFkk Jh fgeka'kq jktiky us cpr rFkk fuos'k ds fofHkUu igyqvksa ls voxr djok;k rFkk dgk fd fuos'k ls lacaf/kr nLrkostksa dh tkudkjh j[kuk rFkk mUgksa xgurk ls le>uk lqjf{kr fuos'k dk egRoiw.kZ vax gSA

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Investor Awareness Programme for Students on Jan. 28, 2020

वित्तीय साक्षरता एवं आर्थिक विकास में सीधा संबंध

केयू के महिला अध्ययन शोध केंद्र द्वारा इन्वेस्टर अवेयरनेस प्रोग्राम का आयोजन, 150 से ज्यादा विद्यार्थियों ने भाग लिया

संवाद न्यूज एजेंसी

कुरुक्षेत्र। कुरुक्षेत्र विश्वविद्यालय के महिला अध्ययन शोध केंद्र द्वारा नेशनल स्टॉक एक्सचेंज ऑफ इंडिया लिमिटेड के सहयोग से मंगलवार को सीनेट हॉल में इन्वेस्टर अवेयरनेस कार्यक्रम का आयोजन किया गया। कार्यक्रम में विश्वविद्यालय के विभिन्न शैक्षणिक विभागों से 150 से ज्यादा विद्यार्थियों ने भाग लिया।

इस कार्यक्रम का मुख्य उद्देश्य विद्यार्थियों को सही सूचनाओं से निवेश करने, उचित ढंग से फाइनेंशियल प्लानिंग करने एवं महिलाओं को वित्तीय निर्णय स्वयं लेने में सक्षम बनाने के लिए जागरूक करना था। कार्यक्रम का प्रारंभ करते हुए केंद्र की निदेशिका प्रो. सुदेश ने

कहा कि वित्तीय साक्षरता व्यक्तिगत तौर पर तो उपयोगी है ही, वित्तीय साक्षरता एवं आर्थिक विकास में भी सीधा संबंध है।

उन्होंने कहा कि इस तरह के कार्यक्रम शिक्षण तथा उद्योग के संबंध को मजबूत करते हैं। भविष्य में वित्तीय साक्षरता बढ़ाने के लिए कुरुक्षेत्र विश्वविद्यालय एनएसडी, एनएसडीएल, सेबी इत्यादि संस्थानों के साथ एमओयू के बारे में विचार कर सकता है। इस क्षेत्र में उभरते हुए शोध विषय के बारे में भी उन्होंने विस्तार से जानकारी दी। रिक्त लैब्स के संस्थापक निदेशक डॉ. हिमेश शर्मा ने विद्यार्थियों को उद्यमशीलता तथा स्वरोजगार हेतु बिशिप्ट अवसरों से अवगत करवाया। उन्होंने कहा कि बैंकिंग क्षेत्र में सफलता हेतु मेटरिशिप तथा अनुभवजन्य लर्निंग उपयोगी होती है।

उन्होंने बीएफएसआई सेक्टर के प्रमुख प्लेयर्स को भी जानकारी दी।

एनएसडीएल से आये कर्ण कोहली ने एनएसडीएल की भूमिका की जानकारी दी। उन्होंने कहा कि वर्तमान जनसंख्या में सिर्फ 50 प्रतिशत लोग ही बैंक खाता धारक हैं तथा सिर्फ 3-4 प्रतिशत लोगों का ही डीमेट खाता है। सही जानकारी एवं सुरक्षित विकल्पों के अभाव में लोग सही निवेश नहीं कर पाते हैं। नेशनल स्टॉक एक्सचेंज ऑफ इंडिया लिमिटेड से आए मोहित बत्रा तथा हिमांशु राजपाल ने बचत तथा निवेश के विभिन्न पहलुओं से अवगत करवाया तथा कहा कि निवेश से संबंधित दस्तावेजों की जानकारी रखना तथा उन्हें गहनता से समझना सुरक्षित निवेश का महत्वपूर्ण अंग है।



केयू के सीनेट हॉल में आयोजित इन्वेस्टर अवेयरनेस सेमिनार को संबोधित करते वक्ता।

Extension Activity / Advocacy

Place : Mirjapur village

Date : 6-2-2020

Conducted by : Dr. Vandana, Ms. Kavita

Topic Covered : Sex and Gender

No. of Participants : 21 rural women and girls

Report :

Ms. Kavita asked the participants about the physical and mental differences between a man and a woman. Then she explained to them the ~~definition of a biological~~ and sociocultural definition of a male and female and how a biological human being is turned into a social being through the method of upbringing. Dr. Vandana discussed with them the method of socialization through which children are made to learn gender appropriate behaviour. She gave a number of examples of our daily life where a girl is taught to ~~to~~ develop feminine attributes and a boy is taught to learn masculine attributes. The participants showed keen interest in the interaction and tried to understand the difference between sex and gender.

Extension Activity / Advocacy

Place : Jnt Bhattha Colony

Date : 7 Feb. 2020

Conducted by : Dr. Vandana, Ms. Kavita

Topic Covered : Dowry

No. of Participants : 17 women

Report :

Ms. Kavita first of all asked from the participants that what is dowry and what is the relevance of dowry. Then she explained the definition of dowry from the point of view of the dowry prohibition act and told what is considered dowry and what is treated as gift. She highlighted the logic given by the society behind giving large amount of dowry. She also talked about the demonstration effect of dowry upon other. After this Dr. Vandana talked about dowry death and the circumstance defined by the law to consider any unnatural death as dowry death. She also explained to them legal provisions for giving and taking dowry and dowry death. The participants present there ensured not to take dowry from the bride's family.

Extension Activity / Advocacy

Place : Village Mirzapur

Date : 12 February 2020

Conducted by : Ms. Kavita, Ms. Anju

Topic Covered : Female Foeticide and Gender Discrimination

No. of Participants : 20 women and girls

Report :

Ms. Anju started her talk with asking the importance of a girl child in the family. Then she stated that considering the girl child a worthless member society has a negative attitude towards her. She mentioned the worth and contribution of a girl child towards family and society and asked them to value it. She also talked about the several reasons of female foeticide. Ms. Kavita mentioned various indicators of gender discrimination like health, education, decision making, employment, cultural practices etc. and explained the patriarchal social structure which is responsible for this gender discrimination. She encouraged the women present there to make an effort for ending the discrimination and starting good practices from their homes only.



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Awareness camp in Mirjapur, Kurukshetra

Awareness Programme on Drug Menace "Be Smart, Don't Start"



Awareness Programme on Drug Menace on 12.2.2020

Extension Activity / Advocacy

Place : Mata Sundari Khalsa Girls College, Nisising

Date : 14 Feb. 2020

Conducted by : Dr. Vandana Dave

Topic Covered : Gender Sensitization among Students

No. of Participants : 53 female students

Report :

Dr. Vandana introduced the terms sex and gender to the students and made clear the difference between the two. With the help of examples of daily life she highlighted the process through which gender develops and creates feminine and masculine personalities. She talked about the Ruth Hartley's model of gendering and discussed four phases of gendering. Then she explained about different parameters of gender discrimination and need of gender equality. She encouraged the participants to become change agents by becoming sensitized towards gender and motivating others to understand the concept of gender and gender equality.

Extension Activity / Advocacy

Place : Jnt Bhattha Colony

Date : 22 Feb, 2020

Conducted by : Ms. Anju, Ms. Kavita

Topic Covered : Gender Discrimination

No. of Participants : 9 women

Report :

Ms. Kavita started interacting with the participants with asking from them what kind of treatment they do to their daughters and sons. Then she explained ~~the~~ the difference between sex and gender and how gender develops. She also mentions the reasons of gender discrimination. After this Ms. Anju highlighted various indicators of gender discrimination like education, employment, decision making, health, crime against women, dowry, female foeticide etc and stated how a woman is marginalized and subordinated at every sphere of life. She motivated the participants to encourage their daughters, and understand their potentials and have confidence among them so that they may be able to achieve their dreams and contribute towards nation building.



Awareness camp in Int Bhatta Colony, Kurukshetra

Extension Activity / Advocacy

Place : G. M. N. College, Ambala Cantt. (Online)

Date : 29 Jan. 2021

Conducted by : Dr. Vandana Dave

Topic Covered : Sexual Harassment : Awareness, Prevention and Intervention

No. of Participants : 45 male and female students

Report :

First of all she told about the background of the act on sexual harassment, then she explained meaning and definition of sexual harassment. While explaining the meaning she cited numerous examples of sexual harassment at workplace like the Rupan Deol Bajaj case, Apparel export promotion case, where the Court took cognizance and intervened. She explained the term welcomed and unwelcomed behaviour and mentioned the circumstances where such kind of behaviour can occur. Then she discussed certain do's and don'ts for women if any such behaviour is encountered by them. She also highlighted the Kurukshetra University's policy against sexual harassment and explained its provisions, procedure for filing a complaint etc. In the end she discussed several reasons for such kind of behaviour of men towards women.

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Mata Sundri Khalsa Girls College, Niesing (Online)

Date : 22 Feb. 2021


Conducted by : Dr. Vandana Dave

Topic Covered : Crime against women & some legal provisions.

No. of Participants : 60 Female students

Report :

Starting with the definition of violence against women Dr. Vandana stated that the crimes against women have been categorized into two heads; crimes which fall under various Indian Penal Codes and crimes for which special laws have been made. Explaining crimes under IPC she talked about rape, acid attack, cruelty by husband and relatives, sexual harassment, eve teasing. She also mentioned some special laws for women like domestic violence act, dowry prohibition act, sexual harassment of women at workplace act, medical termination of pregnancy act etc. She discussed the reasons responsible for crime against women and asked the female students to raise voice against any misconduct. They were also encouraged to help other girls also in filing a complaint against any misconduct of sexual nature.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Institute of Integrated and Honours Studies, KUK (online)

Date : 16 April 2021

Conducted by : Dr. Vandana Dave

Topic Covered : Gender Sensitization of Youth for Secure Society

No. of Participants : 20 male students

Report :

Dr. Vandana first of all made clear the difference between sex and gender and explained how the process of gendering or socialization takes place through which a biological male and female is converted into masculine and feminine. Talking about several attributes she explained that the society expects different traits in men and women and this expectation moulds his or her personality. There are a number of characteristics which are considered biological while they are all learned traits. She then explained the meaning of the terms gender equality and gender discrimination and discussed in detail the indicators of gender discrimination. She also gave them some data related to gender disparity and tried to make them understand the importance of gender equality. Becoming gender sensitive means to become aware about gender disparities and trying to bridge the gap between both the genders.

Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Bhalha Colony

Date : 10 Dec. 2021 on International Day of Human Rights

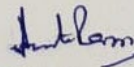
Conducted by : Dr. Vandana Dave.

Topic Covered : Human Rights of Women

No. of Participants : 24 women and girls

Report :

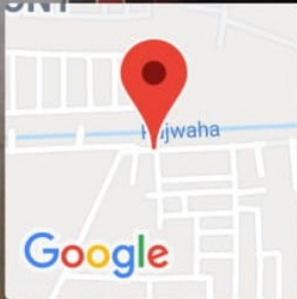
The rural women were given a brief overview of the human rights convention and declaration of human rights by the United Nations. Then they were informed about the fundamental human rights included in the Constitution of India. The Indian Constitution laid down six fundamental rights, these are right to equality, right to freedom, right against exploitation, right to freedom of religion, cultural and educational rights and right to constitutional remedies. With the help of suitable examples they were made clear all the fundamental rights. Besides these women were also made aware of the duties of the citizens and they were encouraged not to misuse their rights.



Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



GPS Map Camera



Thanesar, Haryana, India

Unnamed Road, Kurukshetra University, Kurukshetra
University, Thanesar, Haryana 136119, India

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Long 76.805417°

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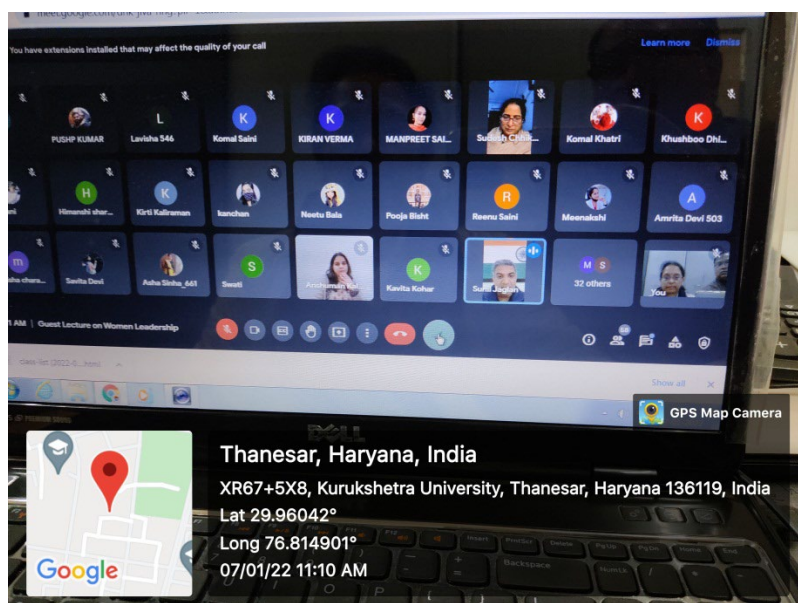
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ऑनलाइन व्याख्यान का किया आयोजन

हरिगुनि न्यूज कुरुक्षेत्र

कुरुक्षेत्र विश्वविद्यालय, कुरुक्षेत्र के महिला अध्ययन शोध केंद्र द्वारा कुरुक्षेत्र विश्वविद्यालय एल्यूमनी एसोसिएशन के सहयोग से महिला नेतृत्व पर शक्रवार को ऑनलाइन विस्तार व्याख्यान का आयोजन किया गया। इसमें जींद जिले के बीबीपुर गांव के पूर्व सरपंच सुनील जागलान ने व्याख्यान दिया। सुनील जागलान कुरुक्षेत्र विश्वविद्यालय, के ही पूर्व छात्र हैं। वे महिला सशक्तिकरण, महिला शिक्षा, स्वास्थ्य, महिला अधिकार आदि मुद्दों पर नित नये अभियान चलाते रहे हैं। उनका सेल्फी विड डॉटर अभियान काफी प्रसिद्धि हासिल कर चुका है। उन्होंने अब लाडो पंचायत अभियान चलाया हुआ है जिसमें वे

युवा लड़कियों को नेतृत्व कौशल सिखा रहे हैं। उन्होंने कहा कि हमें अपनी शिक्षा पूरी करने के बाद इस बात पर जरूर विचार करना चाहिए कि हम समाज को किस प्रकार इस शिक्षा द्वारा लाभान्वित कर सकते हैं।



कुरुक्षेत्र। ऑनलाइन व्याख्यान में छात्राओं को संबोधित करते बीबीपुर गांव के पूर्व सरपंच सुनील जागलान।

फोटो: हरिभूमि

वर्ष 2010 में जींद जिले के बीबीपुर गांव का सरपंच चुने जाने के बाद से ही पिछले एक दशक से भी ज्यादा समय से वे लड़कियों के अधिकारों हेतु 100 से भी ज्यादा अभियान चला चुके हैं।

11

Extension Activity / Advocacy

Place : DAVALPUR

Date : 11-2-2022

Conducted by : ANJU RAMI, Subject, Komal, Savita

Topic Covered : Social Construction of Gender

No. of Participants : 11 Women

Report :

सबसे पहले गाँव दयालपुर में Miss Anju Rami ने महिलाओं को The Social Construction of Gender का concept के बारे में महिलाओं को जागरूक किया। कि किस समाज में एक लड़का व लड़की male and female के प्रति set up तैयार किया जाता है। पितृसत्तात्मक समाज में ~~का~~ किस प्रकार Gender system हमें बताता है कि हमें कैसे act करना है।

Subject → Social Construction is the notion that people's understanding of reality is partially, if not entirely, socially situated.

Komal ने बताया कि ~~समाज~~ हम जिस परिवार, समाज में रहते हैं। वहाँ में एक लड़के को ~~हम~~ के नाते और एक लड़की को ~~हम~~ के नाते हमकी जरूरतों के हिसाब से हमारे Socialization की प्रक्रिया चलती है।

Savita → Socialization का Process Gender based पर ~~है~~ होता है।

Lublan
Director,
Women's Studies Research Centre

Extension Activity / Advocacy

Place : Dyalpur.

Date : 12/2/22

Conducted by : Miss Anju Rani, Khushboo, Aarti, Komal

Topic Covered : Issues of Rural Women

No. of Participants : 10 Women

Report : महिलाओं से साय बातचीत के दौरान Miss Anju Rani ने गाँव दयालपुर की महिलाओं से दैनिक आवश्यकताओं से सम्बन्धित उनके खेती के जीवन के ज्ञान मुद्दों पर उनके बारे में जागरूक किया। जैसे पानी की समस्या, साफ-सफाई, Health से सम्बन्धित मुद्दों पर जागरूक किया।

Khushboo, गाँव के महिलाओं से बातचीत के दौरान आज के आधुनिक युग में तकनीक का हमारे जीवन में महत्व भूमिका है। खुशबू ने बहुत ही सरल तरीके से phone पर ऑन-महिलारों, दैनिक जीवन के ऑन-नर-नर पकवान शीखना, नर-नर mesh, flip card, amozon पर सस्ते दायों में लेच-शरीर सकती है। जागरूक किया और समाज के अनुभव खुद को बखलाव लाने के लिए जागरूक किया। Aarti ने महिलाओं को शिक्षा के महत्व से अवगत कराया और Komal ने महिलाओं को अपने कर्तव्य के लिए और जीवन से जुड़ी अनुभव साझा किए।

Anubhava
Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Mirzapur Colony

Date : 14 Feb. 2022

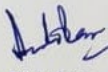
Conducted by : Dr. Vandana Dave, Rahul, Surjeet, Aarti (MA ISE)

Topic Covered : Gender Discrimination


No. of Participants : 11 women of Colony

Report :

First of all Dr. Vandana made them understand difference between sex and gender. She explained how the development of gender takes place right from the birth of a child and he or she learns to think and behave in a particular manner. Rahul makes them clear about gender roles and stereotypes which are responsible for gender discrimination. Surjeet then explained some of the indicators of gender discrimination like education and health. He said that due to gender stereotypes girls are not allowed to do what they want to do, this leads to waste of human potential. Aarti also explained some of the indicators of gender discrimination like violence against women, restrictions on women's mobility etc. They encouraged the participants to promote gender equality within the family so that girls may be encouraged to develop their interests.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119



 GPS Map Camera



Thanesar, Haryana, India
Unnamed Road, Kurukshetra University, Thanesar, Haryana 136119,
India
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Extension Activity / Advocacy

Place : Bhattha Colony

Date : 15 Feb. 2022

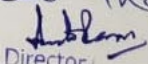
Conducted by : Dr. Vandana Dave, Khushboo, Komal, Neha, Sumit

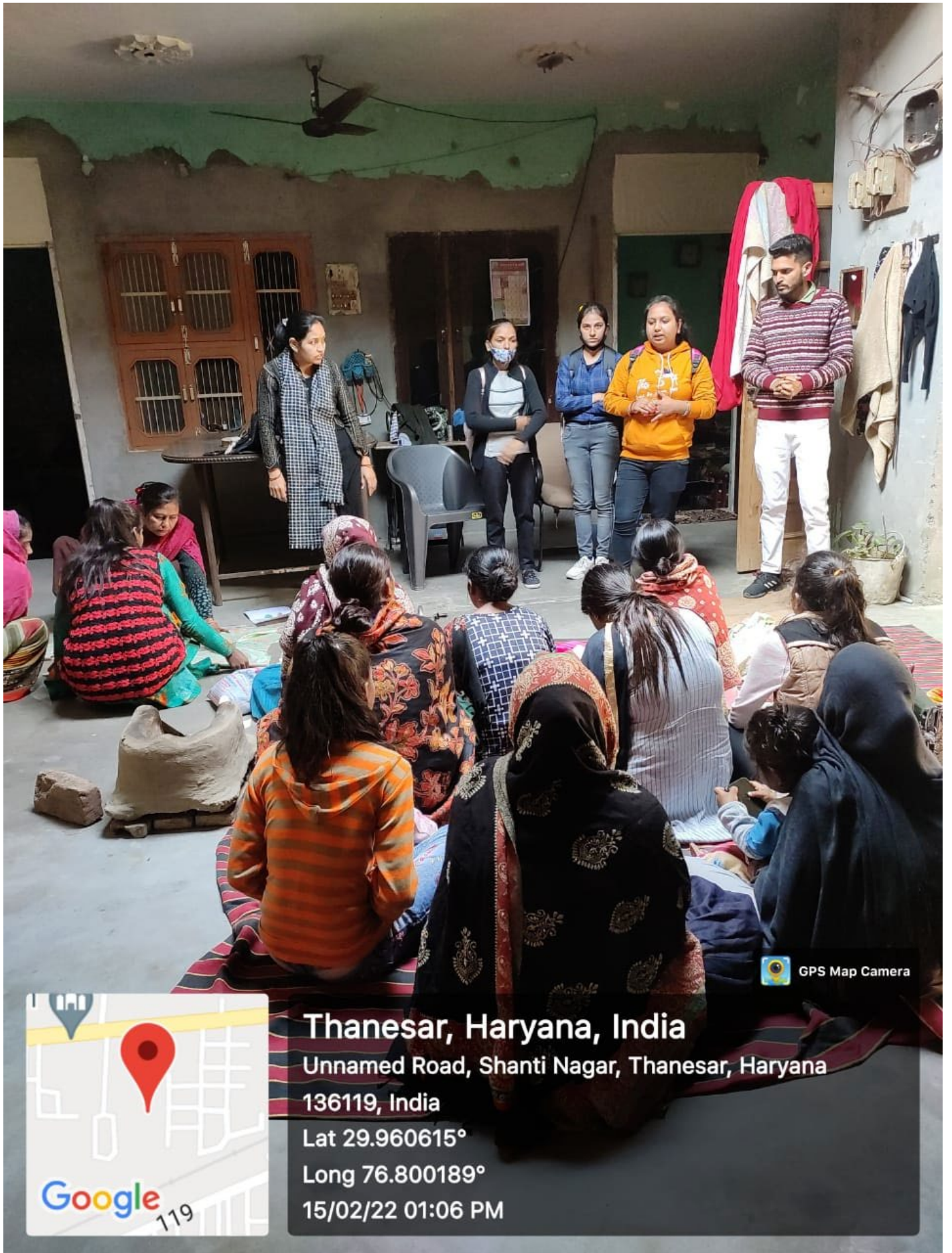
Topic Covered : Gender Stereotype and Gender Equality
(MA. Ist Sem.)

No. of Participants : 16 women and girls

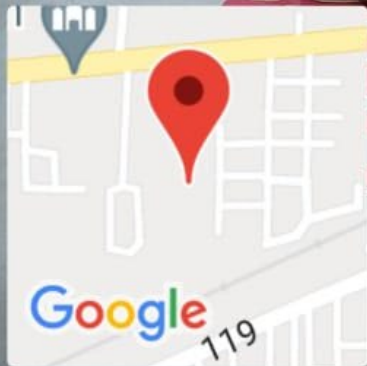
Report :

Dr. Vandana introduced the topic to the participants. Then Khushboo talked about various gender stereotypes. With the help of some examples she explained differences between men and women in terms of mental and physical traits. Komal said that many of the characteristics of men and women are acquired rather than biological. But we think that these are inherent, this creates gender inequality. Neha talked about the socialization process through which male and female children learn and acquire different abilities and behaviours. This makes them different. Sumit explained gender equality and highlighted the importance of gender equality. Dr. Vandana encouraged them to rear the children with gender equality by providing them equal opportunities and facilities so that girls may become equal citizens.


Director,
Women's Studies Research Centre



GPS Map Camera



Thanesar, Haryana, India

Unnamed Road, Shanti Nagar, Thanesar, Haryana

136119, India

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Long 76.800189°

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Extension Activity / Advocacy

Place : Bhatta Colony

Date : 5 April 2022

Conducted by : Dr. Vandana Dave, Niharika, Renee, Neha (M.A. Ist Sem.)

Topic Covered : Gender Discrimination

No. of Participants : 14 women of the colony

Report :

Ms. Niharika explained the difference between sex and gender and how gender develops. With the help of some examples she cleared the development of gender, which ~~is~~^{gives} boys and girls different identities. Renee talked about feminine and masculine traits, most of them are learned rather than inherent. Then she informed about the indicators of gender discrimination like education, employment, status of a girl child in the society, ~~etc.~~ etc. Neha informed about some of the evil practices of the society like child marriage, dowry, domestic violence which are also indicators of gender discrimination. They are motivated the rural women to take care of their girl child and encourage them to study and become financially independent.

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Director,
Women's Studies Research Centre



GPS Map Camera

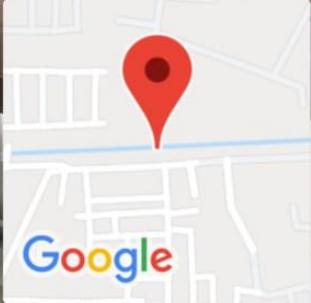
Thanesar, Haryana, India

XR44+MP, Kurukshetra University, Thanesar, Haryana 136119, India

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Long 76.806558°

05/04/22 12:18 PM



Extension Activity / Advocacy

Place : Bhatta Colony

Date : 8/4/22

Conducted by : Miss Anju Rani, Anu, Parweenvadi

Topic Covered : Sanitation

No. of Participants : 13 Rural Women

Report : महिलाओं को स्वच्छता की जानकारी देते हुए विद्यार्थियों द्वारा बताया गया कि अगर हमारे आस-पास का वातावरण स्वच्छ है तथा हम अपनी स्वच्छता का पूरा ध्यान रखते हैं तो हम स्वस्थ रह सकते हैं। भूचूरीय व गंदगी से फैलने वाली बीमारियों से दूर रह सकते हैं। महिलाओं को प्रेरित किया गया कि वे अपने आस-पास सफाई का ध्यान रखें तथा अपने आस-पास की महिलाओं और किशोरियों को मासिक धर्म से संबंधित अंधविश्वासों के प्रति जागरूक करें। मासिक धर्म के दौरान साफ-सुथरा कपड़ा (सूती) या सेन्टेरी पैड का ही इस्तेमाल करें। तथा सम्पूर्ण पोषितिक आहार का सेवन करें तथा अपनी लड़कियों को शिक्षा ग्रहण करने के लिए विद्यालय गोजें, घर के कार्य में दाय्ये बतवाने को लालच न करें और अपने आस-पास स्वच्छ वातावरण बनाए रखें तथा स्वच्छ जल का सेवन करें तथा पानी गंदा ना करें।

Director,
Women's Studies Research Centre

Extension Activity / Advocacy

Place : Bhatta Colony

Date : 8-4-22

Conducted by : Miss Anju Rani, Salman, Sumit, Mihovika

Topic Covered : ^{Renu} Issues of Urban Women

No. of Participants : 13

Report : महिलाओं से जुड़ी समस्याओं व अधिकार तथा स्वच्छता व हिंसा के प्रति जागरूकता के विषय में बातचीत

सलमान श्वान → महिलाओं की समस्याओं सुनी उनको जागरूक करते हुए छात्रों का बेहतर होने का आश्वासन दिया।
मिहोविका → महिलाओं को जागरूक करते हुए घरों में हिंसा व नवी से परेशान महिलाओं के अधिकारों से अवगत कराते हुए आत्मनिर्भर बनने की प्रेरणा दी।
रेंणु → महिलाओं को सरकारी सहायता जैसे:- स्त्री पेंड की जागरूकता प्रदान करते हुए गास-पास की सफाई व पीछा से भरपूर गास की जम्बकारी दी।
सुमित → महिला विद्यार्थी व महिलाओं को घरों के कार्य के बाद बचे समय के उचित व सदुपयोग करने में बातचीत की जिससे उनका मनोबल बढ़े। ~~इस कार्य को~~

Anshu

Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.

Extension Activity / Advocacy

Place : Mirzapur

Date : 20 April 2022

Conducted by : Dr. Vandana Dave

Topic Covered : Violence against women

No. of Participants : 18 women and girls

Report :

Dr. Vandana discussed with the participants various forms of violence committed against women and the girl child within the home as well as in the community. Talking about female foeticide she explained the reasons for it. Then she discussed child marriages, abduction and kidnapping, honour crimes, eve teasing and sexual harassment. She encouraged the women to have confidence in their girl child, and make the girl aware about the good touch and bad touch, so that she may be able to prevent herself from any kind of potential crime. She also encouraged the participants to rear their children both the girl and the boy with equality in order to develop mutual trust and respect.

L. Blam

Director,

Women's Studies Research Ce

KURUKSHETRA UNIVERSITY, KURUKSHETRA



GPS Map Camera



Mirzapur, Haryana, India
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Lat 29.954901°
Long 76.79135°
20/04/22 03:09 PM

Extension Activity / Advocacy

Place : Mirzapur

Date : 29-11-2022

Conducted by : Miss Anju Rani, Anu, Jyoti, Sowabh, Meena, Renu Dala

Topic Covered : Rural Sanitation

No. of Participants : 21 Rural women

Report : सबसे से पहले Miss Anju Rani ने बच्चों व लड़कियों को महिलाओं को Sanitation प्रथा को प्रोत्साहित किया। शफ-सफाई का एक महिला व प्रकृत को लिके प्रथा-प्रथा मापने से सम्बन्धित बातों के बारे में अवगत करवाया गया।

Anu → Mirzapur में महिलाओं से बातचीत के दौरान उनको गिला रूपड़ा, उत्तमाल कानू से हाने वाली महिलाओं को बीमारीयोंसे जुड़ी समस्याओं के बारे में जागरूक किया। और उनको जागरूक किया कि प्रयोग शफ-रूपड़ा, Cotton pads का ही प्रयोग करना चाहिए। एक बच्चे से ज्यादा बच्चे का उत्तमाल हमारे स्वास्थ्य के लिए कितना हानिकारक होता है से सम्बन्धित जानकारी महिलाओं को दी गई। सूक्ष्म स्वच्छता, शफ-सफाई और स्कूल में शौच प्रथा समारंभ करने पर कार्यक्षम है। जिसकी मास - कास्यी के लिके उनके लिके पदक करना जरूरी है। यदि सब एक उज्ज्वल भविष्य की ओर अग्रसर हो। अतः मैं Sowabh ने महिलाओं को पोषार्थका का महत्व बताया।

[Signature]
Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



Mirzapur, Haryana, India
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Lat 29.954754°
Long 76.791405°
29/04/22 12:13 PM

Extension Activity / Advocacy

Place : Village Mirzapur

Date : 6 May, 2022

Conducted by : Ms. Anju Rani, Saurebh Mondgil, Renu Bala,
Anu Rani, Parveenwati

Topic Covered : Importance of Political participation of women

No. of Participants : 22 rural women

Report :

First of all Renu talked about the issue of decision making by women in day to day life. Then she asked them to tell about their participation in Gram Sabha meetings of the village. Only a few women confirmed their participation. Then Renu encouraged them to increase the participation in village activities. Saurebh talked about the ~~and~~ right to vote and how rural women exercise this right. He motivated them to be aware about the political candidates and select the right candidate. After this Parveenwati discussed with them the need of political participation of women and reservation of women in politics. In the end Anu informed them about political rights enshrined in the Constitution, and how we can use these rights. She discussed with them the barriers with which women suffer during their active role in politics. She encouraged them

~~Subjects~~ make effort to overcome these barriers and create positive environment for other women also to become active in leadership roles.



GPS Map Camera



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Extension Activity / Advocacy

Place : Mirzapur Village

Date : 3 June 2022

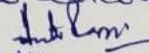
Conducted by : Dr. Vandana, Anjali, Seema, Komal, Kusum, Shivani,
Sheetal

Topic Covered : Women's participation in politics

No. of Participants : 25 rural women

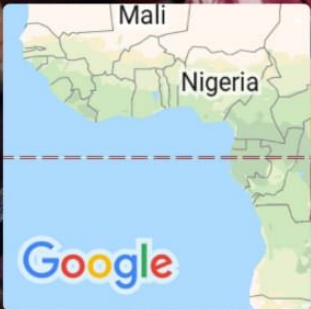
Report :

The students of M.A. final year made the rural women aware about their political rights like right to vote, right to be a candidate for elections etc. They asked them about their voting pattern or the factors influencing their voting behaviour. They motivated them to be informative about the candidate to whom they are willing to cast vote. Then the students encouraged them to be aware of their participation in active politics, that they can also stand for elections under panchayati raj. They should get appropriate information of the panchayati raj system, its functions, its roles and responsibilities for rural development and motivated to do their role on their own. They were also informed the spirit of women's reservation in grass-root politics and so encouraged to get benefit of it.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



GPS Map Camera



Mirzapur, Haryana, India
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Long 76.791558°
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Extension Activity / Advocacy

Place : Mirzapur Village

Date : 3 June, 2022

Conducted by : Ms. Anju, Shivani, Shital, Anjali, Kusum, Kunal,
Seema

Topic Covered : Rural Sanitation

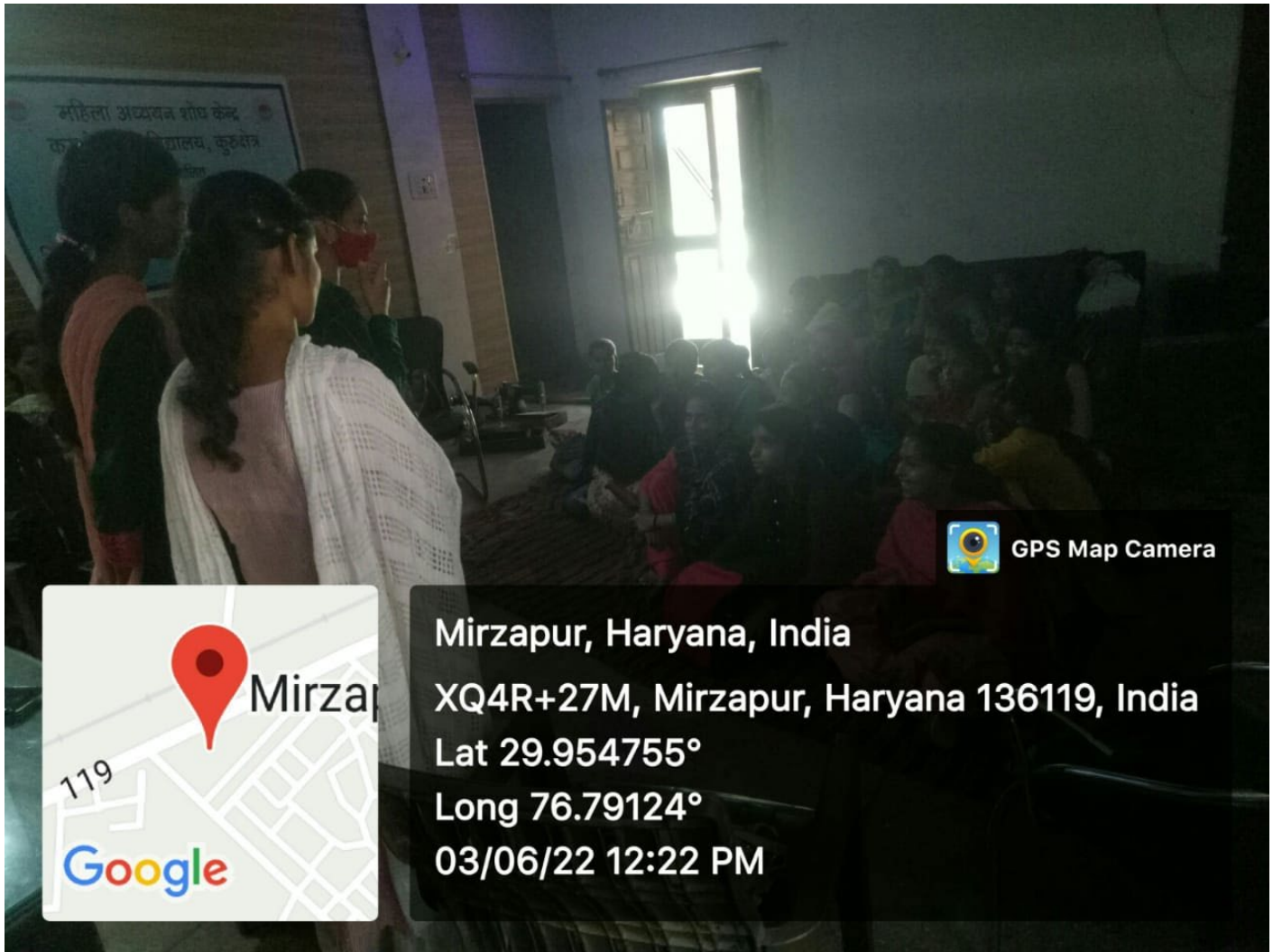
No. of Participants : 25 rural women

Report :

Interaction with rural women revealed that although they were acquainted with the Swachh Bharat Mission of the government, but they were not truly following this mission. They said that the issue of dumping of domestic waste always remains a problem, although gram panchayat does efforts in this direction. They were informed about the importance of maintaining cleanliness in their surroundings, drainage of waste water, storage of safe drinking water and methods to protect from mosquitoes and flies. The importance of plantation of trees was also discussed with the rural women and they were encouraged to plant trees in their surroundings.

Anubhava

Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119



GPS Map Camera



Mirzapur, Haryana, India

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Long 76.79124°

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Extension Activity / Advocacy

Place : Dyalpur Village

Date : 6 July 2022

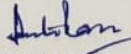
Conducted by : Ms. Anju, Renu, Aarti, Saurita, Khushboo, Komal,
Ranbir

Topic Covered : Female Work participation

No. of Participants : 16 rural women

Report :

As the work force participation of women in Haryana is very low as compared to other states, the students encouraged the rural women and girls to become active in income generation activities. They encouraged them to acquire the skill in which they find interest. The students made them aware about different skills like food preservation, beauty culture, Bee Keeping, Mushroom Cultivation where they may find some earning opportunities. They were informed about the role of women in the economy as well as the invisibility of women's work, due to which women herself do not acknowledge the worth of work which she is doing. Economic participation of women increases participation of women in the decision making within the family and in public life. It makes them ^{independant} ~~independent~~ and increases their self worth.


Director,
Women's Studies Research Centre
K.U. KURUKSHETRA-136119.



GPS Map Camera



Kurukshetra, Haryana, India
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Kurukshetra, Haryana 136118, India
Lat 29.941578°
Long 76.810521°
06/07/22 12:13 PM

Extension Activity / Advocacy

Place : Muzapur Village

Date : 7 July, 2022

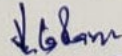
Conducted by : Ms. Anju, Komal, Savita, Aarti, Khushboo, Sumit,
Rahul, Surjeet, Renu

Topic Covered : Crime against Women

No. of Participants : 24 women


Report :

First of all the rural women were informed about the meaning of crime against women, then they were made clear about different forms of crime like acid attack, eve-teasing, stalking, kidnapping, abduction and cyber crime. The students defined all these crimes with the help of different examples. They were also explained the mind set of people towards these crimes like the stigmatization, dressing behaviour of girls, honour attached with crime against women. The students made them aware about the reasons of crime like alcoholism, frustration, faulty method of rearing up of children etc. and they were encouraged to have faith in girls and to create confidence among girls to deal with odd situations of life.



Director,
Women's Studies Research Centre
KURUKSHETRA-136119



 GPS Map Camera



Mirzapur, Haryana, India
XQ4R+3PG, Mirzapur, Haryana 136119,
India
Lat 29.954911°
Long 76.791403°
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Women's Studies Research Centre
Kurukshetra University, Kurukshetra

Extension Activity / Advocacy

Place : Bhatta Colony

Date : 11 July 2022

Conducted by : Ms. Anju, Rahul, Semit, Surjeet, Renu, Aarti,
Sanita, Komal, Khushboo

Topic Covered : Sexual Harassment of Women - Legal Perspective

No. of Participants : 12 women

Report :

The women of the area were informed about some of the legal provisions made under Criminal Code Procedure and under some special laws. The definition of rape was discussed. Then the IPC related to acid attack and provisions made for the victim were informed. Indian Penal Code 354, which deals with sexual harassment was discussed and the crime related to outraging the modesty of women, stalking, voyeurism and sexual harassment were made clear with the help of examples. Then they were informed about the punishments under these provisions. They were also made aware about the provision of women police station and role of protection officer under the protection of women from domestic violence act. They were also encouraged to not to take undue advantage of any legal provision made for women.

Signature

Director,
Women's Studies Research Centre
KURUKSHETRA



Thanesar, Haryana, India
Unnamed Road, Kurukshetra University, Thanesar,
Haryana 136119, India
Lat 29.955961°
Long 76.806358°
11/07/22 11:16 AM



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