

DEAN STUDENTS' WELFARE
KURUKSHETRA UNIVERSITY KURUKSHETRA
(Established by the State Legislature Act XII of 1956)
(‘A+’ Grade, NAAC Accredited)

Annual Report -2017

Youth Red Cross Activities

- i) The Youth Red Cross Unit (UTD) organized a Swarn Jayanti Health Awareness Camp for Girls titled as “**f}kfkkr ugha LoLFk csVh**” from 18-20 Jan, 2017 in the Girls Hostel complex of Kurukshetra University. Total 600 girls got examined in the camp.



- ii) In collaboration with District Red Cross Society, Five Days camp for First Aid Training was organized at Multi Art Cultural Centre, Kurukshetra. From 27th Feb. to 3rd March, 2017. More than 50 Volunteers from UTD and nearby affiliated colleges participated.



- iii) A one day Orientation Programme for Counsellors of YRC was organized on April 18, 2017. 40 Counsellors of Youth Red Cross from different colleges affiliated to Kurukshetra University participated in the Programme.

- iv) A five days Workshop on Self Defence was organized by Youth Red Cross in Girls Hostel Campus in collaboration with Chief Warden (Girls) from 20th to 25th August, 2017 where Sh. Rajesh Sharma, Shri Krishna Marshal Art Centre, Kurukshetra gave self defence training to more than 200 girls.
- v) The volunteers of Youth Red Cross Unit (UTD) participated in State level Camp at Varindavan from 20th to 25th September, 2017. 19 girl volunteers participated in the camp.
- vi) A First Aid Post was also setup in the Ratnawali Festival in the University held from 10th to 14th October, 2017. During festival about 275 people including participants and other public availed the benefits in terms of First Aid Services through this post.
- vii) A blood Donation Camp was organized by YRC, UTD on 25th October, 2017 in collaboration with the Institute of Pharmaceutical Sciences, KUK. More than 135 volunteers got registered for the blood donation. 106 donors donated blood which included teaching and non-teaching staff of the university



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Annual Report -2018

Youth Red Cross Activities

- i) **First Aid and Home Nursing Training-** A two days Training programme on First Aid and Home Nursing was organized by Youth Red Cross (UTD), KUK on 30-31 Jan, 2018 at Faculty Lounge. The training was provided by the Training Officer Sh. Rajender Saini and his team from Indian Red Cross society, District Kurukshetra. 114 volunteers participated in the training programme and got first aid and home nursing training. Dr. C D S Kaushal, Director Youth and Cultural Affairs, Kurukshetra University was the chief Guest of the programme. He motivated the students for giving service to the society and told about the importance of First Aid training in the life. Prof. Pawan K Sharma, Programme Coordinator presided over the session and addressed the YRC volunteers and motivated them by sharing his own life experiences.



Inauguration of the Programme

In the training programme the students learn the techniques of DR ABC, CPR and vital steps for saving someone's life from heart attack, fracture, accidents etc. The training was provided with demonstration on dummy.



Dean Students' Welfare addressing the participants

ii) **World Dietetic Day-** Youth Red Cross in collaboration with Department of Home Science celebrated the National Dietetic Day on 10-11 January, 2018. Healthy Recipe competition and Health Awareness camp was organized to spread awareness about healthy and nutritious recipes to improve the nutrition level of women at different stages of life. Ten teams consisting of two students in each team participated in the competition.

In Health Awareness camp Body Weight, Height, BMIBMR and Visceral fat were monitored by Body Composition Analyzer. 120 persons were benefitted through this camp. 110 students participated in this two days event.

iii) **World Health Day:** Youth Red Cross, UTD kurukshetra University celebrated World Health Day on 7th April 2018 at Students' Home. Both the counsellors Dr. Vanita Dhingra and Dr. Sukhbir Lal Khokra addressed the students and told them about the importance of the day and present scenario on health. The volunteers also shared their views on health. They shared that mental health is equally important so we should be physically as well as mentally healthy.



Discussion on the health issues

- iv) **First Aid and Home Nursing Training:** First Aid and Home Nursing training was provided to the students of University Teaching Departments during NSS camps organised by NSS (UTD), Kurukshetra University from 21st March to 28th March, 2018. 106 students got training in two batches from Indian Red Cross Society, District Kurukshetra.
- v) **State Level Camp for Boys at Panchkula:** The volunteers of Youth Red Cross Participated in State level Camp at Panchkula from 28th Jan to 2nd Feb. 2018. 11 boys volunteers participated in the five days camp. Counsellor Dr. Sukhbir L Khokhra also joined the camp.



The participants of the camp with Dean Students' Welfare and Programme Counsellor

vi) **National Youth Fest at New Delhi:** National Youth Fest was organized at New Delhi by Indian Red Cross Society from 12th to 14th Feb., 2018. Six YRC volunteers participated in the Fest. Ms Shaina won the Appreciation Award for cultural performance. The volunteers also performed at The President's House. Sakshi, Sarita, Kanupriya, Pooja and Neha also performed in various activities in Youth Fest. Prof. Kailash Chandra Sharma, Vice Chancellor, Kurukshetra University also appreciated the YRC Volunteers for their achievement at National Level. Dr. Nirupma Bhatti accompanied the Volunteers to the National Youth Fest.



The participants of the camp with the organizers



The participants of the camp with the Vice- Chancellor and DSW, KU

vii) **Nukkad Natak on Respecting the Dignity of Women:** Youth Red Cross (UTD) in collaboration with YUVA and SEWA foundations jointly organized a Nukkad Natak on the theme 'Beti Bachhao, Beti Paddao: Respecting the Dignity of Women' on

23.02.2018 at outside the entrance of Crush Hall (Auditorium). Almost 150 volunteers including participants participated in the programme. Sh. Rajesh Goyal, Private Secretary to Chief Minister Haryana was the Chief guest of the programme. The Vice- Chancellor, Kurukshetra University Dr. Kailash Chandra Sharma and Dr. Pawan Kumar Sharma, Dean Students' Welfare were also graced the occasion. Many other Deans, Professors and teachers attended the programme organized by YRC.



Performing the Natak



The guests and the Participants

viii) **Awareness Programme on Road Safety**: An awareness programme was organized at University School of Management by Youth Red Cross in collaboration with Traffic Police, Kurukshetra on 26th April, 2018. Sh. Devender Singh and his team addressed the volunteers and motivated them to use safety measures while driving any vehicle. He informed about various administrative procedures for voiding traffic rules. Prof. Sushil Sharma from USM also addressed the volunteers and motivate them to follow traffic rules. The programme was organized during the Road Safety Week. Dr. Vanita Dhingra and Dr. Sukhbir Lal Khokra also attended the programme.



The Staff of Traffic Police



The participants of the programme

- ix) **District Level Youth Red Cross Training Camp**: A five days district level youth Red Cross Training Camp was organized by Indian Red Cross Society, District Kurukshetra from 26 March, 2018 to 30 March, 2018 at Multi Art and Culture Centre. Three students from University teaching Departments participated in the camp.



The participants of the camp

- x) **Induction Programme for Volunteers** Youth Red cross UTD, Kurukshetra University, Kurukshetra organized an Induction programme for the volunteers of YRC from various Teaching Departments on 10th August,2018. Around 40 students attended this programme. Programme Counsellors Dr. Vanita Dhingra and Dr. Sukhbir Lal Khokra made the volunteers aware of objectives of YRC and its role in the Society in terms of Health, Service of needy peoples.
- xi) **First Aid and Home Nursing Training:** St. John Ambulance India, Haryana State Branch Chandigarh in association with Youth Red Cross, UTD, Kurukshetra University, Kurukshetra imparted First Aid & Home Nursing Professional Training to the Students of University Teaching Departments of Kurukshetra University, Kurukshetra on 12th -13th Oct. 2018. In this training camp, 109 participants underwent professional First Aid & Home Nursing training at faculty Lounge of Kurukshetra University.
- xii) **First Aid Post in the Ratnawali Festival in the University:** Youth Red Cross (UTD) KUK set up a First Aid Post in the Ratnawali Festival in the University held from 26-29th October, 2018. Youth Red Cross volunteers/students from various Departments of University have given services at First Aid Post. During festival about 170 peoples including participants and other public availed the benefits in terms of First Aid Services through this post. The Youth Red Cross volunteers very successfully served the gathering by providing First Aid and handled the minor health issues like headache, acidity, vomiting, stomach pain, minor injury etc by providing suitable OTC medicines. At this post, volunteers of the Youth Red Cross remained available daily in shifts, who have already been imparted first aid training during district and state level training programmes. The whole team under the guidance of Dean Student's Welfare Prof. Pawan Kumar and Counsellors Dr. Vanita Dhingra & Dr. Sukhbir Lal Khokra did nice effort to serve the humanity and even two volunteers donated blood demanded in emergency. The volunteers who served at post were Somesh, Pooja, Tarun and many others from law department. The eminent personalities who visited the post include Worthy Governor of Haryana Sh. Satyadev Narayan Arya, Sh. Rajkumar Saini along with Dr. Pawan Sharma, Dr. Tejinder Sharma and Dr. Hitender Tyagi. The overall the act was praised by many people.
- xiii) **Awareness Campaign at International Gita Jyanti Mahotsav** A 9 days awareness campaign was organized by Youth Red Cross (UTD) Kurukshetra University in collaboration with Department of Social Work and Population Education Club, Kurukshetra University from 12th December to 20th December, 2018 at International Gita Jyanti Mahotsav. The volunteers of YRC made the people aware on various

social issues and concerns i.e. environment awareness, population control, demographic balance, counseling & guidance to youth of drug abuse, alcoholism, stress management, women issues etc. there was specific theme for each day of the campaign and volunteers did awareness through Display Board, Rally, Nakkud Natak and Personal Discussions etc. More than 800 people visited the stall and 30 counselling sessions were held with persons with different problems. This programme was an effort to reach out the people and make them aware about various social issues and concerns. Posters and Banners were displayed. Volunteers played different interesting games on the social issues with general public. Volunteers organized rallies on various issues and performed Nakkud Natak twice in a day. Daily 50-60 Volunteers/students were present at the campaign. The Programme Counsellors Dr. Vanita Dhingra & Dr. Sukhbir Lal Khokra motivated the volunteers for this campaign. The eminent personalities who visited the post include Dr. Pawan Sharma, Sh. Sanjive Dhiman Indian Red Cross Society, State Branch, Panchkula, Dr. C. P. Singh, Dr. Darshan Singh, Dr. Ramesh Bhardwaj.

- xiv) **Collection of Kerala Relief Fund in University Campus** The volunteers of Youth Red cross UTD, Kurukshetra University, Kurukshetra along with the volunteers of NSS Kurukshetra University collected donations/funds for the Kerala disaster victims. The volunteers collected more than Rs 25000/- for this noble cause.
- xv) **Distribution of First Aid Kits**-Youth Red Cross, Kurukshetra University purchased 70 First Aid Kits From Indian Red Cross Society, State Branch, Chandigarh. The kits are being distributed to all the Teaching Departments of the university, All the buses of KUK, Boys' Hostels, Girls' Hostels and other prominent buildings of the Kurukshetra University.
- xvi) **Purchase of Sanitary Napkin Incinerators**:- The Youth Red Cross, Kurukshetra University has supplied order to purchase 20 Sanitary Napkin incinerators to be installed in the teaching departments where the strength of the girls is more than 100.
- xvii) **Display of Hoardings**:- Youth Red Cross, Kurukshetra University has placed an order to display hoardings on Health & Hygeine, Road Safety, Cleanliness and Dignity of Women in the prominent places in the campus of Kurukshetra University, University teaching departments, Girls' Hostels and Boys' Hostels. The total expenditure on the above item is Rs 50,000/-.



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Annual Report -2019

Youth Red Cross Activities

(i) State Level YRC Camp at Kurukshetra

The volunteers of Youth Red Cross participated in State level Training Camp for Girls at Kurukshetra from 4th to 9th January, 2019. Six girls' volunteers participated in the five days camp.



(ii) YRC FEST at S.D.College, Ambala:

The volunteers of Youth Red Cross participated in one day YRC Fest held on 20th February 2019 at S.D.College, Ambala in collaboration with Indian Red Cross Society, Hayana Satate Branch. A total 13 volunteers participated in various activities organized and won the prizes.



(iii) Quiz, Poster Making Cum Slogan Writing Competition on Road Safety

On the observation of 30th National Road Safety Week from 4th to 10th Feb, 2019, Youth Red Cross UTD Kurukshetra University, Kurukshetra in association with Road Safety Club, K.U.K. organized a Quiz Competition on 08.02.2019 in which students from various Departments participated in five teams. The winner's teams were awarded with cash prizes.

On the same day a Poster Making Cum Slogan Writing Competition was organized in University School of Management in which around 13 participants participated and won cash prizes. The Convenor Road Safety Club Prof. Sushil Sharma and Programme Counsellors Dr. Sukhbir Lal Khokra motivated the volunteers for

maximum participation. The eminent personalities who remain present include Dr. Pawan Kumar & Dr. G.P.Dubey.



The winners of Slogan Writing Competition

(iv) Rally on Road Safety Awareness Campaign:

On the observation of 30th National Road Safety Week 2019 from 4th to 10th Feb, 2019, Youth Red Cross UTD Kurukshetra University, Kurukshetra in association with Road Safety Club, K.U.K. organized an awareness rally on 09.02.2019 in which around 200 students from various Departments participated.



The rally was flag off by the Vice- Chancellor, KUK



The volunteers in action

(v) Blood Donation Camp at Village Pabnawa

Youth Red Cross UTD, Kurukshetra University, Kurukshetra in association with NSS (UTD), Kurukshetra University, Kurukshetra organized a blood Donation camp in Pabnawa village (K.U.K adopted village) 28th March, 2019. In this blood donation camp, youth of village, volunteers of YRC and NSS donated blood. Dean Students' Welfare Dr. Pawan K Sharma inaugurated the camp. He motivated the volunteers and villagers for blood donation for the sake of themselves as well as for the society. The efforts were made to make people aware of blood donation and its benefits. Around 60 volunteers donated blood in this camp.



DSW felicitate the blood donor



Distribution of refreshment in the Camp

(vi) District Level Youth Red Cross Training Camp:

A five days district level youth Red Cross Training Camp was organized by Indian Red Cross Society, District Kurukshetra from 25 March, 2019 to 29 March, 2019 at Multi Art and Culture Centre. Fifteen students from University teaching Departments participated in the camp.



(vii) Orientation Programme

Youth Red cross UTD, Kurukshetra University, Kurukshetra organized an Orientation programme for the newly joined volunteers of YRC from various Teaching Departments on 18th Sept. 2019. Around 200 students attended this programme. Programme Counsellor Dr. Sukhbir Lal Khokra and District Red Cross Training Officer Sh. Rajender Saini made the volunteers aware of objectives of YRC and its role in the Society in terms of Health, Service of needy peoples. Dean, Students' Welfare Dr. Pawan K Sharma also addressed the volunteers and motivated them to participate actively in the activities of Youth Red Cross, KUK



Inaguration of Induction Programme by Prof. K.C.Sharma, Vice-Chancellor, K.U.K.

(viii) Wheel chair distribution:

A Divyangjan Shasktikaran Programme was organised by Youth Red Cross in senate Hall of Kurukshetra University Kurukshetra on 18th Sept. 2019 in which Wheel Chairs

were distributed to four physically challenged Persons from Village Pabnawa (a village adopted by Kurukshetra University). The Vice-Chancellor Prof. Kailash Chandra Sharma distributed the Wheel Chairs. Dean Students' Welfare Dr. Pawan Sharma and Programme Counsellor Dr. Sukhbir Khokra also remain present in the occasion.



Wheel Chair Distribution by Prof. K.C.Sharma, Vice-Chancellor, K.U.K.

(ix) Blood Donation Camp

Youth Red Cross UTD, Kurukshetra University, Kurukshetra in association with NSS (UTD), Kurukshetra University, Kurukshetra organized a blood Donation camp in Community Centre, at Kurukshetra University, Kurukshetra on 26th Sept. 2019. In this blood donation camp, youths of University Teaching Dept., volunteers of YRC and NSS donated blood. Worthy Vice-Chancellor Prof. Kailash Chandra Sharma inaugurated the camp. and Dean Students' Welfare Dr. Pawan K Sharma motivated the volunteers for blood donation for the sake of themselves as well as for the society. The efforts were made to make people aware of blood donation and its benefits. Around 100 volunteers donated blood in this camp. Counsellors Dr. Vanita Dhingra & Dr. Sukhbir Lal Khokra also remain present on the occasion.



Inaguration of Blood Donation Camp by Prof. K.C.Sharma, Vice-Chancellor, K.U.K.



Motivation of blood Donars during Blood Donation Camp by Prof. K.C.Sharma, Vice-Chancellor, K.U.K.

(x) First Aid and Home Nursing Training:

St. John Ambulance India, Haryana State Branch Chandigarh in association with Youth Red Cross, UTD, Kurukshetra University, Kurukshetra imparted First Aid & Home Nursing Professional Training to the Students of University Teaching Departments of Kurukshetra University, Kurukshetra from 14th to 16th Nov. 2019. In this training camp, 35 participants underwent professional First Aid & Home Nursing training at Senate Hall of Kurukshetra University. Counsellors Dr. Vanita Dhingra & Dr. Sukhbir Lal Khokra also attended the training.



First Aid & Home Nursing Training Camp

(xi) First Aid Post in the Ratnawali Festival in the University:

Youth Red Cross (UTD) KUK set up a First Aid Post in the Ratnawali Festival in the University held from 2nd to 5th Nov. 2019. Youth Red Cross volunteers/students from various Departments of University have given services at **First Aid Post**. During festival about 350 peoples including participants and other public availed the benefits in terms of First Aid Services through this post.

The Youth Red Cross volunteers very successfully served the gathering by providing First Aid and handled the minor health issues like headache, acidity, vomiting, stomach pain, minor injury etc by providing suitable OTC medicines. At this post, volunteers of the Youth Red Cross remained available daily in shifts, who have already been imparted first aid training during district and state level training programmes.

The whole team under the guidance of Dean Student's Welfare Prof. Pawan Kumar and Counsellors Dr. Vanita Dhingra & Dr. Sukhbir Lal Khokra did nice effort to serve the humanity.



Inauguration of First Aid Post during Ratnawali by DSW, K.U.K.



YRC Volunteers providing First Aid at YRC First Aid Post

(xii) State Level YRC Camp at Kurukshetra

The volunteers of Youth Red Cross Participated in State level Training Camp for Girls at Haridwar from 1st to 6th Nov., 2019. Four girls' volunteers participated in the five days camp.



Prof. K.C.Sharma, Vice-Chancellor, K.U.K. motivating the winners of State YRC Camp



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Annual Report -2020

Youth Red Cross Activities

- (i). **State Level YRC Camp for Boys at Kurukshetra:** The volunteers of Youth Red Cross Participated in State level Training Camp for boys at Haridwar from 6th Jan. to 11th Jan, 2020. Eight Boys volunteers participated in the five days camp.
- (ii). **Extension Lecture on Cancer Awareness im Boys Hostel** A Cancer awareness programme was organized by Youth Red Cross on dated-20th January 2020 in boys hostel at 6'o clock by Dr. N. Ganesh Head & Senior scientist Jawahar Lal Nehru Cancer Hospital and research centre Bhopal. He awaked the students about the myth and misconceptions about cancer. He stressed to change the lifestyle in the present life so that the youth may stay away such type of hazardous diseases. Dr. Rana Director, Institute of pharmaceuticals science, Wardens of the boys hostels, YRC Programme Counsellors were also present in the programme.
- (iii). **Ration distribution to needy people during Covid-19** Understanding the social responsibility of the Kurukshetra University and in light of the above mentioned letter and under the able guidance of worthy Vice-Chancellor it was planned to help the labourers and other needy people on the campus. It was estimated that nearly 100 labour families and needy peoples are present on the University campus who have come here from the other districts or states and need to be helped.

The locations were identified with the help of construction branch in the University where construction works were going on. Dr. Neeta Khanna, the then worthy Vice-Chancellor Kurukshetra University, gave her kind consent to distribute the Rashan kits to the needy persons. On 14th May, 2020 the Rashan kits were distributed by the then worthy Vice-chancellor Dr. Neeta Khanna to the construction workers and



other needy people in the campus. She visited the construction sites and personally distributed the kits. The labourers (100 families) were provided food packets of ration items sufficient for one month containing wheat flour (10 kg),

permal rice (5kg), salt (1kg), sugar (2kg), mustard oil (1ltr.), dal channa, kalla

channa & urad chilka dal (1kg each), chai patti (250gm), turmeric (200gm), chilli powder (100gm), cumin seeds (100gm), and soap (1 pc.).

During Rathan kits distribution all the guidelines of Centre and State Government were followed i.e. social distancing was maintained & masks were used by all. On this occasion YRC volunteers Shrey, Pankaj and Sushant along with Programme Counsellors Dr. Vanita Dhingra and Dr. Sukhbir Lal Khokra were also present.

On this occasion Dean Academic Affairs Prof. Manjula Chaudhary, the then Dean Students' Welfare Prof. Pawan Sharma, XEN Sh. Prithvi Singh, Chief Security Officer Dr. C. R. Jilowa, Deputy Director Public Relation Dr. Deepak Rai and other officials accompanied the Vice-Chancellor.

(iv). Distribution of masks and gamchas to the staff related to essential in the Kurukshetra University campus.

During discussion with worthy Vice-Chancellor it was suggested that keeping in view the health and hygiene of the beneficiaries (stranded labourers (100), security persons (295), sanitary and horticulture workers (340) in jurisdiction of Kurukshetra University campus) gamchas should also be distributed. Therefore a separate



approval was taken for the purchase of gamchas (735 nos.) and masks (200 nos along with ration kits). Gamchas (735 nos.) for an amount of Rs. 1,10,360/- and masks (200 nos) for an amount of Rs. 1200/- were also

purchased out of Youth Red Cross (Colleges) funds for distribution among the beneficiaries to keep themselves safe in the day to day working conditions in the campus.

In the sound event, remaining 635 gamchas were distributed to security personals, malis, sanitation staff and other personals involved in essential services of the University. Out of these 295 gamchas were distributed among security persons and 340 gamchas were distributed to sanitation staff, malis and other persons. At this occasion, Hon'ble Vice-Chancellor Dr. Neeta Khanna distributed gamchas to these persons. Prof. Manjula Chaudhary, Dean academic Affairs; Prof. Anil Kumar Vashisth, Dean Students' Welfare; Dr. Vanita Dhingra, Programme Counsellor, YRC; Dr. C.R. Jilowa, Chief Security Officer; Dr. Narender Singh, Incharge, Horticulture and Sanitation; Prof. Brijesh Sawhney, Director Public Relations; Dr.

Deepak Rai, Dy. Director Public Relations and Dr. C.C. Tripathi, Dean, Faculty of Engg. & Technology were also present.

(v). Display of poster and banner regarding awareness about Covid-19

Keeping in view the guidelines regarding prevention of Corona Virus Youth Red Cross decided to display posters and banners at the prominent places of Kurukshetra University Campus for awareness.

(vi). Celebration of International Red Cross Day.

Due to Covid-19 students of the university were not available in the campus they observe the international Youth Red Cross day at their own places. The volunteers draw rangolis on this day and help and aware people about Covid-19 by staying at their own places. Ms. Neha Rani , Ms. Shakshi and Himanshu did lot of work on this particular day regarding awareness. Mr. Himanshu was felicitated by District Red Cross Society Faridabad for his services as volunteer during Covid-19 at Faridabad.

(vii). Excellent Service by Youth Cross Volunteer during Covid-19

The volunteers of Youth Red Cross tender excellent service for awareness and helping the needy people during Covid-19. Ms. Neha Rani volunteer of YRC at her place village Badli district Jhazzar prepared and distributed cloth masks at her own. She also helped the people to download Arogya Sety app. In their mobile phones. She motivated the shopkeepers to follow the social distancing and other norms during the sale of commodities. She also did excellent work for water conservation in her village with the help of local people. She placed 78 earthen pots at 28 different places for birds and animals near her village. She observed 50-60 migrant labourers who are going to Jaipur via Jhazzar. She arranged and distributed food for these people.

Mr. Himanshu (Volunteer) is also rendering different services as volunteer of Youth Red Cross in collaboration with district Red Cross Society Faridabad. He donated blood, helped the migrant labourers to migrate from one place to another, distributed food to the needy people in Faridabad district. He also help to sanitize the houses of the destitute and daily earning labourers.

(viii). Awareness Competition against Drug Abuse and Illicit Trafficking

Youth Red Cross, KU has organized a counseling/awareness competition for its students.



This competition was organized as part of celebration of International Day against Drug Abuse & Illicit Trafficking from

26th June to 10th July, 2020. The committee scrutinized the entries of the students received for the above competition and on the basis of work done and the evidences provided by the candidates in support of their work, the committee unanimously decided to give following prizes:

Sr. No.	Prize	Name	Department	Class & Roll No.	Prize Money
1	First	Neha Rani	Social work, MSW	First year & 08	Rs. 1,000/-
2	Second	Himanshu	Social Work MSW	First year & 25	Rs. 750/-
3	Third	Deepak	Mathematics	M.Sc.1 st year & 130	Rs. 500/-
4	Consolation	Deepak Singh	IIHS, KUK	B.Sc. Final	Rs. 400/-

(ix). Financial help as payment of fee to the poor students


Youth Red Cross, KU provided financial help to two poor students of UTDs under provision of scheme and guidelines on Youth Red Cross utilization of funds under “Payment of fee, cost of books, clothes and necessary amenities to poor and deserving students and students with disabilities.”



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Annual Report -2021

Youth Red Cross Activities

- i) Youth Red Cross, Kurukshetra University Kurukshetra installed 40 Automatic Sanitizer Dispensers at the entry gates of each Teaching Department/Building of Kurukshetra University, Kurukshetra for prevention from COVID.
- ii) Youth Red Cross, Kurukshetra University Kurukshetra donated more than 2,000 Two Layer Cloth Masks to the poor and needy students/peoples of Kurukshetra University, Kurukshetra and nearby areas of Kurukshetra like Grain Market, Vegetable Market, Old Age Home for prevention from COVID.

- iii) Youth Red Cross, Kurukshetra University Kurukshetra has provided food via K.U. Kitchen to the students/employees/workers of Kurukshetra University, Kurukshetra who were isolated/quarantined due to COVID-19 at the time of lockdown period.
- iv) Youth Red Cross Unit, U.T.D., K.U.K. has provided 25 Thermal Scanners in each Building of Teaching Departments of Kurukshetra University, Kurukshetra for the measurement of temperatures of the visitors during lockdown period due to COVID.
- v) 08 Blood Donation Camps were organized by Youth Red Cross Units of UTD/Colleges/ Institutes in which 392 Units of blood were collected. 06 UTD/ Colleges/Institutes have reported organization of Blood Donation Camps.
- vi) 7 First Aid and Home Nursing Training Camps were organized by Youth Red Cross Units of UTD/Colleges/Institutes. 354 volunteers got training in these camps which have been reported to be organized by 6 Institutes.
- vii) 3 Health Checkup Camps were organized by Youth Red Cross Units of UTD/Colleges/ Institutes. The health checkup of 255 participants was organized in these camps, as reported by 3 institutes.
- viii) 6 extension lectures on different topics within the objectives of Youth Red Cross, were organized by Youth Red Cross Units of 6 Institutes/Colleges and 2,561 volunteers participated in these events.
- ix) 19 activities related to COVID-19 were organized by Youth Red Cross Units of 11 Institutes/Colleges and 1,428 volunteers participated in these events.
- x) 3 Vaccination Camp were organized by Youth Red Cross Units of 3 Institutes/Colleges and 45 peoples got vaccinated during this vaccination camp.

- xi) 22 activities related to COVID-19 were organized by Youth Red Cross Units of 12 Institutes/Colleges and 920 volunteers participated in these events.
- xii) 9 activities related of Yoga were organized by Youth Red Cross Units of 8 Institutes/Colleges and 625 volunteers participated in these events.
- xiii) 10 Tree Plantation programmes were organized by Youth Red Cross Units of 6 Institutes/Colleges and 241 volunteers participated in these events.
- xiv) 25 Important Days were celebrated by Youth Red Cross Units of 7 Institutes/Colleges and 769 volunteers participated in these events.
- xv) Red Cross day was celebrated at Kurukshetra University, Kurukshetra and in the affiliated Colleges.
- xvi) 69 other miscellaneous Youth Red Cross activities were organized by Youth Red Cross Units of the UTD/Colleges/ Institutes at different occasions. These activities were organized as per guidelines of UGC, Indian Red Cross Society, Haryana State Branch; Programme Coordinator, Youth Red Cross, Kurukshetra University, Kurukshetra and other related agencies. These activities include the activities organized during lockdown period and are related to COVID-19 pandemic. 3,618 volunteers participated in these activities.
- xvii) Youth Red Cross, Kurukshetra University, Kurukshetra organized one day workshop on "Role of Higher Education Institutions in Employment Creation" under Aatm Nirbhar Haryana Mission in collaboration with Haryana State Higher Education Council and Swadeshi Swavlamban Nyas on November 13, 2021 at Senate Hall of Kurukshetra University, Kurukshetra.
- xviii) One stall of First Aid Post and Youth Red Cross Stall was opened by Youth Red Cross, Kurukshetra University during International Geeta Mahotsav 2021 from 02.12.2021 to 19.12.2021, in which tourists and pilgrims from across the nation and world visited International Geeta Mahotsav and they were made aware about First Aid and Youth Red Cross activities
- xix) Youth Red Cross, Kurukshetra University, Kurukshetra organized One Day Orientation Programme for Youth Red Counsellors of all the Colleges/Institutes affiliated to KUK on 27.12.2021 at R.K. Sadan, KUK.

Annual Report For the Session 2021-2022 (August, 2021 to April, 2022) Youth Red Cross, Kurukshetra University, Kurukshetra

1. Mask distribution during COVID-19 pandemic situation at Tagore Hostel of Kurukshetra University, Kurukshetra:-

Youth Red Cross, Kurukshetra University, Kurukshetra donated hundreds of mask during COVID-19 pandemic situation. Youth Red Cross volunteers of Kurukshetra University, Kurukshetra donated masks to the mess workers, employees and students at Tagore Hostel. Volunteers of the Youth Red Cross performed their performance like speech and spread information related to COVID-19 on 20 August, 2021.



2. One day workshop of Aatma Nirbhar Haryana on the role of higher education institutions in employment creation:-

Youth Red Cross, Kurukshetra University, Kurukshetra organized one day workshop of aatma nirbhar haryana on the role of higher education institutions in employment creation on 13th November 2021 (Saturday) at Senate Hall, KUK. Sh. Satish Ji was the Chief Guest and Dr. Rajesh was the Guest of Honor of the programme. Sh. Arun Goyat Ji, Sh. Vijay Ji, Sh. Satender



Sorout, Sh. Gopal Ji were the expert lecturers.

3. Report of Observation of World AIDS Day on 01.12.2021

World AIDS Day is observed every year on December 1 to educate people and honour those who have lost their lives due to this deadly disease. This year the theme of the day is "End Inequalities, End AIDS", highlighting the fact that as much as the virus itself, the social stigma attached with it also greatly affects people. According to WHO, "Division, disparity and disregard for human rights are among the failures that allowed HIV to become and remain a global health crisis. To spread this message of WHO, like every year, this year also December 1, 2021 was observed as World AIDS Day on the above mentioned theme by Youth Red Cross Unit (UTD) of Kurukshetra University Kurukshetra. Red Cross unit of Kurukshetra University Kurukshetra organised an awareness lecture about AIDS for the volunteers of YRC UTD. In this



awareness lecture Sh. Rajinder Saini, Field Coordinator, Youth Red Cross, KUK delivered a lecture without any honorarium. At the end of the awareness lecture, volunteers expressed their views on the factors that are making the lives of many people living with HIV more challenging and the mode of transmission of HIV from one person to other. Rajender Saini, Field coordinator, YRC, KUK told about prevention and precautions to be taken to stop the spread of AIDS in society. Dr Ramesh Kumar, Programme counsellor of Youth Red Cross, U.T.D., KUK

विश्व एड्स दिवस पर केयू में निकाली जागरुकता रैली

कुरुक्षेत्र | कुरुक्षेत्र विश्वविद्यालय की यूथ रेडक्रॉस यूनिट यूटीडी के स्वयंसेवकों ने विश्व एड्स दिवस पर जागरुकता रैली निकाली। यूथ रेडक्रॉस के प्रोग्राम को-ऑर्डिनेटर प्रो. अनिल वशिष्ठ ने बताया कि समाज को एड्स के खतरे के प्रति जागरूक रखना हम सबका दायित्व है। यूथ रेडक्रॉस फील्ड को-ऑर्डिनेटर राजेंद्र सैनी ने बताया प्रतिवर्ष एड्स से कई मौतें होती हैं। उन्होंने एड्स के होने वाले कारणों के बारे में चर्चा की। यूथ रेडक्रॉस के प्रोग्राम काउंसलर डॉ. रमेश कुमार ने बताया कि किस प्रकार बीते कुछ दशकों से एड्स के बारे में फैले भ्रम दूर हुए हैं और लोग कैसे पहले की अपेक्षा जागरूक हुए हैं। इस अवसर पर प्रोग्राम काउंसलर डॉ. विजय कुमार भी मौजूद रहे। इस अवसर पर यूथ रेडक्रॉस के स्वयंसेवक कृष्ण, मनीषा, आईना, शिवानी, काजल, चेतना, तेजस्वी, रिचा और अजय मौजूद रहे।

instructed the volunteers to spread the message of WHO in the society and to tell the people about the myths present in society regarding spread of AIDS. Dr Vijay Kumar, Programme Counsellor, Youth Red Cross, U.T.D., KUK expressed his views about the discrimination faced by the people infected with AIDS. 45 Youth Red Cross volunteers including Krishna Kumar, Manisha, Aaina, Shivani, Kajal, Chetna, Tejasvi, Ajay, Richa and others expressed their views about the role of volunteers of Youth Red Cross that they can play to inform the people of society about cause of infection and prevention of AIDS. After the awareness lecture, a rally was organized by the volunteer's of Youth Red Cross Unit with banners within the university premises. Refreshment was also provided to the Volunteers.

4. First Aid Post and Youth Red Cross Stall during International Geeta Mahotsav 2021 from 02.12.2021 to 19.12.2021:-

One stall of First Aid Post and Youth Red Cross Stall was opened by Youth Red Cross, Kurukshetra University during International Geeta Mahotsav 2021 from 02.12.2021 to 19.12.2021, in which tourists and pilgrims from across the nation and world visited International Geeta Mahotsav and they were made aware about First Aid and Youth Red Cross activities. Sh. Rajinder Saini, Field Coordinator, Dr. Ramesh Kumar & Dr. Vijay Kumar, Programme Counsellors, YRC, U.T.D., KUK alongwith 15 YRC volunteers organized this stall and performed their best to make people aware about Youth Red Cross Activities



Hon'ble Vice-Chancellor at First Aid Post and Youth Red Cross Stall



Mask Distribution



Swachh Bharat Abhiyan

5. One Day Orientation Programme for Youth Red Counsellors of all the Colleges/Institutes affiliated to KUK on 27.12.2021 at R.K. Sadan, KUK

Youth Red Cross, Kurukshetra University, Kurukshetra organized One Day Orientation Programme for Counsellors (Teacher Incharges) of Youth Red Cross of affiliated Colleges/Institutes of Kurukshetra University, Kurukshetra on 27.12.2021 (Monday) 10:00 am onwards at R.K. Sadan, KUK. In this Orientation Programme all the Counsellors of Youth Red Cross from affiliated Colleges/Institutes were invited. The objective of the orientation programme was to train the Counsellors about the functioning of YRC, YRC history, and about organizing blood donation camps, road safety programmes, First AID training camps, finance management system and about other programmes of YRC like Aatma Nirbhar Bharat and Skilled Youth etc. Chief Guest of the Orientation programme was Prof. Somnath Sachdeva, Hon'ble Vice Chancellor of KUK and Guest of Honour was Sh. D.R. Sharma, General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh. Prof. Anil Kumar Vashisth, Programme Coordinator, Youth Red Cross, KUK was the Convener of the Orientation Programme. He welcomed the Chief Guest, Guest of Honour and participants of the Orientation Programme. Guest of Honour was Sh. D.R. Sharma, General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh addressed the programme and told about the importance and role of Red Cross in the Society. He appreciated the work done by Youth Red Cross of Kurukshetra University, Kurukshetra during COVID-19. The following resource persons were also invited to train the Counsellors of Youth Red Cross on different topics related to Youth Red Cross, KUK.

रेडक्रास से जुड़कर समाजसेवा का कार्य करें विद्यार्थी : सचदेवा



कुवि में यूथ रेडक्रास के ओरिएंटेशन कार्यक्रम में मुख्यातिथि कुलपति प्रो. सोमनाथ सचदेवा को स्मृति चिह्न प्रदान करते कुलसचिव डा. सजीव शर्मा। ● सौजन्य पी.आर.ओ

जगरण संवहदाता, कुरुक्षेत्र : कुरुक्षेत्र विश्वविद्यालय के कुलपति प्रो. सोमनाथ सचदेवा ने कहा कि रेडक्रास के माध्यम से कई तरह से समाज सेवा के कार्य किए जा रहे हैं। विद्यार्थी और युवा यूथ रेडक्रास से जुड़कर समाज सेवा के क्षेत्र में कार्य कर सकते हैं। वह सोमवार को कुवि के आरके सदन में आजादी के अमृत महोत्सव के तहत यूथ रेड क्रॉस को ओर से यूथ रेड क्रॉस कार्डसलर्स के लिए आयोजित एक दिवसीय ओरिएंटेशन कार्यक्रम में बोल रहे थे। उन्होंने कहा कि युवा हमारे देश को सबसे बड़ी ताकत हैं। हमारे युवा

जागरूक, गंभीर व अपनी सामाजिक जिम्मेदारियों को लेकर संवेदनशील हैं। इस वैश्विक महामारी कोरोना के दौरान पूरे विश्व में रेडक्रास की अहम भूमिका रही है।

इंडियन रेड क्रॉस सोसाइटी के प्रदेश महासचिव डीआर शर्मा ने कहा कि रेडक्रास एक ऐसी संस्था है जो पिछले कई दशकों से समाज सेवा के साथ-साथ देश को राष्ट्रीय एकता एवं अखंडता के लिए काम कर रही है। कोरोना काल में 10 हजार यूथ रेडक्रास से जुड़े युवाओं ने मानवता का कार्य किया और दूसरों को भी प्रेरित किया।

1. Sh. Shyam Sunder, Secretary, I.R.C.S., Narnoud :- He delivered a lecture on the role of different types of Red Cross like Indian Red Cross, State Red Cross, Youth Red Cross, Junior Red Cross etc.

2. Smt. Rohini, Sr. Lec First Aid, St. John Ambulance:- She delivered a lecture on First Aid and CPR. She explained the role of First Aid during emergency and steps to be taken for providing First Aid Treatment.



3. Mr. Rohit Sharma, State Coordinator, I.R.C.S., H.S.B.:- He delivered a lecture on Utilisation of Funds and maintenance of accounts. He also explained rules of Youth Red Cross like expenditures, fees, University share and activities etc.

4. Sh. Ramesh Choudhary, I.R.C.S., Kurukshetra:- He told about the activities of Youth Red Cross during emergency situation for public welfare during disasters like Earthquake, Flood and COVID etc.

5. Captain Dr. Suresh Kumar:- He is a Blood Donation World Record Holder. He motivated the participants for making maximum participation of students in Blood Donation.

6. Dr. Rama, Incharge, Blood Bank, LNJP, Kurukshetra:- She told about the importance of Blood Donation. Being Blood Bank Incharge she explained the requirement of Blood in the hospitals. She also told that there is no other source of Blood except human body. So everyone should donate blood.

7. Dr. Ashok Kumar Verma, S.I., HSNCB:- He motivated the participants to make aware students and peoples about drug abuse. He explained the types of drugs and their bad effects on mental and physical health of a person.



8. Sub. Ravinder Kaushik, delivered a lecture on Road Safety and told about the basic rules of Road Safety. He also told about the causes of the accidents on the road due to violation of Road Safety and Traffic rules. He also told about the helpline numbers related to Road Safety like Ambulance, Police Help Line etc.

9. Dr. Ramesh Kumar, Programme Counsellor, KUK gave a vote of thanks to all the Guests, Resource persons, participants and organising team.

150 persons including Guests, Resource persons, Participants of Seven Districts (YRC Counsellors of Colleges/Institutes affiliated to KUK), Youth Red Cross Volunteers and Organising Team participated in this Orientation Programme

6. Youth for Nation Programme on 11th April, 2022 (Monday) at 11:00 AM at R.K. Sadan, KUK:-

A programme for inauguration of “Haryana Chapter” of Youth4Nation in collaboration with the Haryana State Higher Education Council (HSHEC), Panchkula, Haryana was organized on 11th April, 2022 (Monday) at 11:00 AM at R.K. Sadan, KUK. Hon’ble Governor of Haryana and Chancellor, Kurukshetra University, Kurukshetra was the Chief Guest and Prof. B.K. Kuthiala,



Chairperson, HSHEC presided in the programme. All the Deans, Chairpersons, Directors, NSS Programme Officers, Youth Red Cross Programme Counsellors, NCC Incharges, Faculty Members associated with Aatma Nirbhar Abhiyaan , Eco-Club, Skill Development, NSS Volunteers, YRC Volunteers, Eco Club Volunteers were invited in the programme.



7. Blood Donation Camp on 26.04.2022 at Crush Hall (Auditorium), KUK under the activities of Aazadi ka Amrit Mahotsav:-

Youth Red Cross, Kurukshetra University, Kurukshetra in collaboration with Volunteers of Kurukshetra University, Kurukshetra and Self-Reliant India organized a blood Donation camp under the activities of Aazadi ka Amrit Mahotsav on 26th

April, 2022 at Geeta Sadan, Crush Hall of Kurukshetra

University, Kurukshetra. Prof. Som Nath Sachdeva,

Vice Chancellor of Kurukshetra University was the Chief Guest of Blood Donation Camp. this blood donation



the
In

camp, volunteers of Youth Red Cross and employees of the Kurukshetra University donated 48 Units of blood. Worthy Vice-Chancellor Prof. Som Nath Sachdeva and Dean Students' Welfare Dr. Anil Kumar Vashisth inaugurated the camp and motivated the volunteers for blood donation for the sake of themselves as well as for the society and distributed

appreciation letters to the blood donors. The efforts were made to make people aware of blood donation and its benefits. Refreshment was also provided to the Blood Donors, Volunteers of Youth



Red Cross & Self-Reliant India and the Medical Team.

9. Youth Red Cross Training Camp for Boys at Kurukshetra :-

A state level Youth Red Cross Training Camp for boys was organized by INDIAN RED CROSS SOCIETY, HARYANA STATE BRANCH, RED CROSS BHAWAN, SECTOR 16 - A, CHANDIGARH at Punjabi Dharamshala, Near Sanhit Sarovar, Kurukshetra from 11th to 16th March, 2022. In this Camp, two team from Colleges/ Institutions of each district and UTD, KUK were invited to participate. The following Colleges/Institutes were selected to participate with 5 Volunteers and one Youth Red Cross Counsellor in this camp.

Sr. No.	District	Name of College/Institute
1	Ambala	SA Jain College, Ambala City
2	Ambala	S.D. College, Ambala Cantt.
3	Kaithal	R.K.S.D. College of Edu., Ambala road Kaithal
4	Kaithal	DAV College, Cheeka
5	Karnal	Dyal Singh College, Karnal
6	Karnal	DAV College, Karnal
7	Kurukshetra	MN College, Shahabad, Kurukshetra
8	Kurukshetra	IGN College, Ladwa, Kurukshetra
9	Panchkula	Government College sec.-1, Panchkula
10	Panchkula	Govt. College, Barwala, Panchkula
11	Panipat	Arya College, Panipat
12	Panipat	Govt. College, Behrampur, Bapauli, Panipat
13	Yamunanagar	GN Khalsa College, Yamuna Nagar
14	Yamunanagar	DAV College, Sadhaura, Yamuna Nagar
15	KUK	University Teaching Departments, KUK

10. Youth Red Cross Training Camp Girls at Haridwar :-

One week Youth Red Cross Training Camp for Girls was organized by INDIAN RED CROSS SOCIETY, HARYANA STATE BRANCH, RED CROSS BHAWAN, SECTOR 16 - A, CHANDIGARH at Shri Anant Prem Ashram Rishikesh Road Near Sukhi Nadi, Haridwar from 23rd to 28th March, 2022. In this camp, two team from Colleges/ Institutions of each district and UTD, KUK were invited to participate. The following Colleges/Institutes were selected to participate with 5 Volunteers and one Youth Red Cross Counsellor in this camp.

Sr. No.	District	Name of College/Institute
1	Ambala	SA Jain College, Ambala City
2	Ambala	S.D. College, Ambala Cantt.
3	Kaithal	R.K.S.D. College of Edu., Ambala road Kaithal
4	Kaithal	DAV College, Cheeka
5	Karnal	Dyal Singh College, Karnal
6	Karnal	DAV College, Karnal
7	Kurukshetra	MN College, Shahabad, Kurukshetra
8	Kurukshetra	IGN College, Ladwa, Kurukshetra
9	Panchkula	Government College sec.-1, Panchkula
10	Panchkula	Govt. College, Barwala, Panchkula
11	Panipat	Arya College, Panipat
12	Panipat	Govt. College, Behrampur, Bapauli, Panipat
13	Yamunanagar	GN Khalsa College, Yamuna Nagar
14	Yamunanagar	DAV College, Sadhaura, Yamuna Nagar
15	KUK	University Teaching Departments, KUK

11. Providing of Five Litre Sanitizer Bottles and Installation of Posters during COVID-19

Youth Red Cross, Kurukshetra University, Kurukshetra purchased and distributed 80 Five Litre Sanitizer Bottles for refilling of Automatic Sanitizer Dispenser installed by Youth Red Cross, KUK in each building of University Teaching Departments /Institutes/Library/Office for sanitization of hands at the entry and 80 Posters (Flex banners 2x3 Size each) of instructions for awareness of students, staff and visitors were installed at the prominent places of the entire University Campus of Kurukshetra University, Kurukshetra

YOUTH RED CROSS & COVID PREVENTION SOP IMPLEMENTATION COMMITTEE KURUKSHETRA UNIVERSITY, KURUKSHETRA
(Established by the State Legislature Act XII of 1956) ("A" Grade, NAAC Accredited)

Guidelines of Mahamari Alert-Surakshit Haryana

मास्क का प्रयोग एवम् आपस में 6 फुट की दूरी सबकी सुरक्षा के लिए जरूरी

अपने हाथों को बार-बार साबुन और पानी से कम से कम 20 सेकंड तक धोएं।

साबुन और पानी उपलब्ध न हो तो, कम से कम 60% अल्कोहल-आधारित हैंड सैनिटाइजर का उपयोग करें।

अपने आँखों, नाक और मुँह को छूने से पहले हाथों को धो लें।

प्रयोग के तुरंत बाद टिशू को किसी बंद डिब्बे में फेंक दें।

छींकने और खांसेते समय अपना मुँह व नाक टिशू/कमाल से ढकें।

सार्वजनिक स्थानों पर ना धुकेँ।

अपने मोबाईल में आरोग्य सेतू एप डाउनलोड करें व समय समय पर अपडेट करें।

समय समय पर भारत सरकार, राज्य सरकार एवं स्थानीय प्रशासन द्वारा जारी निर्देशों (SOP) का पालन करें।

GET THE RESISTANCE COVID VACCINATION IS MUST NOW

NO MASK. NO SERVICE.

Important Instructions

- In all the public offices and facilities, only fully vaccinated persons are allowed to enter. No entry for those persons who are eligible and have not taken both doses of vaccines.
- Show your identity card, when demanded by any security personal.
- "No Mask-No Service" is to be strictly observed on K.U.K. Campus.
- Follow guidelines and remain safe.

Prof. Anil Kumar Vashisht
Programme Coordinator, Youth Red Cross & Convener, SOP Implementation Committee

12. Financial help as payment of fee to the poor students

Youth Red Cross, Kurukshetra University, Kurukshetra provided financial help to four poor students of UTDs under provision of scheme and guidelines on Youth Red Cross utilization of funds under “Payment of fee, cost of books, clothes and necessary amenities to poor and deserving students and students with disabilities.”

Sr. No.	Name of Student	Class	Semester/Year	Roll No.	Department/Institute	Date	Amount
1	Mr. Tejasvi Kumar	B.Pharma	7 th Semester	60	Institute of Pharma Science, KUK	12.10.2021	₹ 5,000.00
2	Mr. Anubhav	B.Pharma	7 th Semester	19	Institute of Pharma Science, KUK	12.10.2021	₹ 5,000.00
3	Mr. Sahil Jangra	BHM&CT	3 rd Semester	21	Dept. of Tourism and Hotel Management, KUK	09.11.2021	₹ 5,000.00
4	Mrs. Sonia Rani	M.Phil Music & Dance	Ph.D.	-	Dept. of Music and Dance, KUK	28.01.2022	₹ 5,000.00
						TOTAL	₹ 20,000.00