

**ANNEXURE-VII**

**Department of Philosophy**  
**Kurukshetra University Kurukshetra**  
Scheme of Examination and Syllabus of Certificate Course in Bhagavadgita  
Under NEP-2020  
Credit Based System  
w.e.f. 2022-23

Sem.	Paper	Nomenclature of paper	Credits (Theory /Practical)	Contact hours	Internal marks	External Marks	Total	Duration of Exam
I	N 101	<b>Fundamental Concepts of Bhagavad-Gita-I</b>	4	4	50**	50	100	3Hrs
I	N102*	<b>Bhagavad-Gita &amp; Art of Meditation-I</b>	4	8	---	---	100	As per schedule decided by the Department
II	N201	<b>Fundamental Concepts of Bhagavad-Gita-II</b>	4	4	50**	50	100	3Hrs
II	N202*	<b>Bhagavad-Gita &amp; Art of Meditation-II</b>	4	8	---	--	100	As per schedule decided by the Department

**Note- \*Paper No. 102 and 202 each contain Practical-50 Marks +Viva-voce  
50Marks=100Marks**

**\*\* Internal Assessment shall be based on clearly defined components of class participation(10%), midterm exam (25%) and assignment-presentation(15%) carrying 50 percent of the credit and the rest(50%)through end term examination**

(Dr.Anamika Girdhar)  
Professor&Chairperson,  
Department of Philosophy  
&  
Undergraduate Board of Studies in Philosophy,  
K.U.K.

## **Programme Outcome (P.O.) of the Faculty of Indic Studies.**

- 1. Scientific and Logical knowledge of ancient Indian wisdom.**
- 2. Enhancing knowledge of Indian art and cultural traditions.**
- 3. Knowledge of Vedic, medieval and modern Philosophies.**
- 4. Inculcation of nationalism and other moral values.**
- 5. Enhancing mental relaxation and peace by adopting prayer, chanting, yoga and meditation.**
- 6. Preservation of Indian arts and heritage by using modern technology.**
- 7. To Impart knowledge of different sanskaras and philosophies.**
- 8. Imparting knowledge of folk traditions in different disciplines of the faculty.**
- 9. Developing aesthetics, creativity and skills like singing, painting, dancing.**
- 10. Improving the emotional intelligence through the Gita**

## **Programme Specific Outcome (P.S.O.)**

- 1. Understanding the concepts, the techniques and different method of meditation and Yoga.**
- 2. Conceptual understanding of the karma (Action), Dharma (Duty), Bhakti(Devotion) and their relevance in modern times.**
- 3. Knowledge and understanding the different concepts of the Gita solves many psychic problems in the world.**
- 4. Understanding the nature of self (Purusa) and the world(Prakriti) leads to liberation.**

**DEPARTMENT OF PHILOSOPHY  
KURUKSHETRA UNIVERSITY, KURUKSHETRA**

**Paper No. N101: Fundamental Concepts of Bhagavad-Gita-I**

**Maximum Marks =100**

Theory-50

Internal Assessment -50

**Time: 3 Hours**

**Credit:-4**

**Instructions:** The paper-setter is requested to set **Nine** questions in all i.e., One Compulsory objective type question (5X2) without any choice, equitably distributed over the whole syllabi and Two Questions from Each Unit equitably spread over the concerned unit. Examinees will have to attempt **Five** questions in all, selecting one question from each unit and **One Objective Type Question**. All questions carry equal marks.

**Course Outcome:** CO-101.1 After studying the First Unit, the student will be able to understand the history, background of Gita . CO-101.2 The Second Unit will make students to understand the self and Sthitprajna as an ideal person. CO-101.3 After studying the Third Unit, the students will be able to answer questions regarding Arjun Vishad. CO-101.4 The study of the Fourth Unit will help the students to understand the philosophy of Karma, Akarma and Vikrama.

**Unit-I** History and Background of Srimad-Bhagavadgita; The Gita and its Commentaries; Different Ways to attain Liberation: *Karmayoga, Jnana Yoga, Bhaktiyoga*.

**Unit-II** Understanding the Self and the Supreme; Characteristics of Individual Soul (*Jiva*). *Sthitaprajna* as an Ideal Person of the Gita; Concept of *Dharmakshetra Kurukshetra*.

**Unit-III** Meaning of *Arjun Vishad Yoga*; *Karma* and Kinds of *Karma*; *Karmayoga* and its Importance; Contemporary Relevance of *Karma Yoga*; *Sakama Karma* and *Nishkama Karma Yoga*.

**Unit- IV** *Karmyogi* as an Ideal Person of Gita; Divine and Demoniatic Qualities (*Aasuri-sampad and daivi-sampad*); Concept of *Karma, Akarma and Vikrama*; Concept of *Swadharm*

**Suggested Books:-**

1. *Srimad-Bhagavadgita*: Original Text.
2. *Srimadbhagavatam* 10 Vols. A.C. Prabhupada, BBT, Bombay, New York.
3. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
4. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.
5. *Srimadbhagavadgita Rahasya*: B.G. Tilak, Tilak Brothers Publication, Poona.
6. *Essays in the Gita*: Sri Aurobindo, Sri Aurobindo Ashram, Pandichery.
7. *The Gita in the Light of Modern Science*: R.B.Lal, Somaiya Publication, Bombay.
8. *Gita Darshan*; OSHO ( Vol. 1-8) Osho international foundation, Puna.
9. *Mai Shri Krishan Bol Raha Hu*. Acharya Shilak Ram. Vedic Yogashala,

**CO-PO mapping matrix for course N101 (Fundamental Concepts of Bhagavad-Gita-I )**

COS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
101.1	2	2	3	2	3	-	2	-	-	3
101.2	2	1	3	2	2	-	2	-	-	3
101.3	3	2	2	3	3	-	2	-	-	3
101.4	3	2	2	3	3	-	2	-	-	3
Average	2.5	1.75	2.5	2.5	2.75	-	2	-	-	3

**CO-PSO mapping matrix for course N101 (Fundamental Concepts of Bhagavad-Gita-I )**

COS	PSO1	PSO2	PSO3	PSO4
101.1	2	3	3	3
101.2	2	3	3	3
101.3	2	3	3	3
101.4	2	3	2	3
Average	2	3	2.75	3

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**Paper – N102: Bhagavad-Gita & Art of Meditation-I**

Part - A: Practical - 50 Marks

Part - B: Viva-Voce - 50 Marks

Total - 100 Marks

Credit:-4

**Instructions:** There will be no written test in the Paper No.II. This paper is divided in Two Parts i.e. Part-A & Part-B. Part- A: Practical - 50 Marks & Part – B: Viva-Voce-50 Marks

**Course Outcome:** CO-101.1 After studying the First Unit, the student will be able to understand about the Meditation. CO-101.2 The Second Unit will make students to know the way to gain knowledge. CO-101.3 After studying the Third Unit, the students will able to understand the different method of Yoga. CO-101.4 The study of the Fourth Unit will help the students to understand the concentration method.

**Unit-I** Meaning, Definition of the Concept of Meditation; Meditation and its Necessity in the Age of Globalization; Art of Meditation; Meditation and its kinds.

**Unit-II** Way to gain Knowledge; Role and Relevance of Sankirtana in Human Life; Ekagrta and Meditation; Dharna and Meditation.

**Unit-III** Different Methods of Yoga: (i).Through control on mental modifications; (ii).Through awareness of mental modifications; (iii). Through perfection in actions; (iv). Through equanimity of mind; (v); Through meditating on God and depending on God only;

**Unit -IV** Concentration Method; Concept of *yoga karmsu kaushalam*; Concept of *samtvam yoga uchayte*; Concept of *trividh tapa*.

**Suggested Books:-**

I. *Srimad-Bhagavadgita*: Original Text.

II. *Srimadbhagavatam* 10 Vols. A.C. Prabhupada, BBT, Bombay, NewYork.

III. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.

IV. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.

V. *Srimadbhagavadgita Rahasaya*: B.G. Tilak, Tilak Brothers Publication, Poona.

VI. *Essays in the Gita: Sri Aurobindo*, Sri Aurobindo Ashram, Pandichery.

VII. *Kant and Gita: K.M.P. Verma*, Classical Publication, New Delhi.

VIII. *Bhagavadgita for Executives*: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.

**CO-PO mapping matrix for course N102 ( Bhagavad-Gita and Art of Meditation-I )**

COS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
102.1	3	2	2	3	3	1	3	-	-	3
102.2	2	2	2	3	2	1	3	-	-	3
102.3	1	1	1	3	3	1	2	-	1	3
102.4	1	1	1	1	3	1	1	-	-	3
Average	1.75	1.5	1.5	2.5	2.75	1	2.25	-	0.25	3

**CO-PSO mapping matrix for course N102 (Bhagavad-Gita and Art of Meditation-I )**

COS	PSO1	PSO2	PSO3	PSO4
102.1	2	3	3	2
102.2	3	3	3	3
102.3	3	3	3	2
102.4	3	3	2	3
Average	2.75	3	2.75	2.5

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**Paper No. N201: Fundamental Concepts of Bhagavad-Gita-II**

**Maximum Marks :100  
Theory:50  
Internal Assessment:50  
Time: 3 Hours  
Credit-4**

**Instructions:** The paper-setter is requested to set **Nine** questions in all i.e., One Compulsory objective type question (5x2) without any choice, equitably distributed over the whole syllabi and Two Questions from Each Unit equitably spread over the concerned unit. Examinees will have to attempt **Five** questions in all, selecting one question from each unit and **One Objective Type Question**. All questions carry equal marks.

**Course Outcome:** CO-201.1 After studying the First Unit, the student will be able to understand the Nature of Purush and Prakriti. CO-201.2 The Second Unit will make students to understand different Vichar of Gita. CO-201.3 After studying the Third Unit, the students will able to answers questions regarding Bhakti Yoga. CO-201.4 The study of the Fourth Unit will help the students to understand the different concept of Gita.

**Unit – I.** Nature of Purush(Self); Prakriti and its three modes; Time (Kala) and its Influence; Dhyana Yoga;. Science and ne-Science ( Vidya and Avidya ).

**Unit-II** Concept of Yajyarth Vichar; Kshetrajaya-Vichar; Nirguna-Saguna Vichar; Concept of Trigunatit; Concept of Sthitaprajya.

**Unit-III** Bhakti Yoga and its practices; Six qualities of God & realization of the Supreme Person (God); Relevance of Bhakti in modern times; Enlightenment (Liberation) as the Ultimate goal of Man's Life.

**Unit-IV** Concept of *Om tat sat*; Concept of *Divya Chakshu*; Concept of *mamaivansh*; *Yogabhrasht gati*; Concept of *Swadharma nidhnam shreya*.

**Suggested Books:-**

1. *Srimad-Bhagavadgita*: Original Text.
- 2.. *Srimadbhagavatam* 10 Vols.: A.C. Prabhupada, BBT, Bombay, NewYork.
3. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
4. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.
5. *Srimadbhagavadgita Rahasaya*: B.G. Tilak, Tilak Brothers Publication, Poona.
6. *Essays in the Gita*: Sri Aurobindo,Sri Aurobindo Ashram, Pandichery.
7. *The Gita in the Light of Modern Science*:R.B.Lal, Somaiya Publication,Bombay
8. *Gita Darshan*; OSHO ( Vol. 1-8) Osho international foundation, Puna.
9. *Mai Shri Krishan Bol Raha Hu*. Acharya Shilak Ram.Vedic Yogashala, Kurukshetra

**CO-PO mapping matrix for course N201 (Fundamental Concepts of Bhagavad-Gita-II )**

COS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
201.1	2	2	3	2	3	-	2	-	-	3
201.2	2	1	3	2	2	-	2	-	-	3
201.3	3	2	2	3	3	-	2	-	-	3
201.4	3	2	2	3	3	-	2	-	-	3
Average	2.5	1.75	2.5	2.5	2.75	-	2	-	-	3

**CO-PSO mapping matrix for course N201 (Fundamental Concepts of Bhagavad-Gita-II )**

COS	PSO1	PSO2	PSO3	PSO4
201.1	2	3	3	3
201.2	2	3	3	3
201.3	2	3	3	3
201.4	2	3	2	3
Average	2	3	2.75	3

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**KURUKSHETRA UNIVERSITY KURUKSHETRA**  
**Certificate Course in Bhagavad-Gita**

**Paper – N202: Bhagavad-Gita & Art of Meditation-II**

Part - A: Practical - 50 Marks  
Part - B: Viva-Voce - 50 Marks  
Total - 100 Marks  
Credit-4

**Instructions:** There will be no written test in the Paper No. II .This paper is divided in Two Parts i.e. Part-A & Part-B .Part – A: Practical - 50 Marks & Part B: VivaVoce-50 Marks.

**Course Outcome:** CO-101.1 After studying the First Unit, the student will be able to understand the importance of Karma. CO-101.2 The Second Unit will make students to understand the about the duty. CO-101.3 After studying the Third Unit, the students will able to understand the benefits of Meditation. CO-101.4 The study of the Fourth Unit will help the students to understand about different psychic problems.

**Unit-I** Importance of Karma in life.Relevance of Inner Change; Importance of social service; Importance of doing one's actions according to one's capabilities; My station and its duties.

**Unit-II** Duty for the sake of World solidarity and its importance in Contemporary Times. Trividh Aahar- Vihar; *Yuktahar viharshas*; Concept of Trividha Shrdha; Concept of Trividh -Yajya

**Unit-III** Benefits of Meditation ( Samadhi / Yoga ): Benefits of Meditation in Mental Disorder, Memory-Loss, Psycho-Somatic Diseases, Mental-Stress

**Unit-IV** Anger and other Psychic Problems Suicide, Terrorism, Blind Faith, Rajrishi; Politician and Meditation

**Suggested Books:-**

- I. *Srimad-Bhagavadgita*: Original Text.
- II. *Srimadbhagavatam* 10 Vols.: A.C. Prabhupada, BBT, Bombay, NewYork.
- III. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
- IV. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.
- V. *Srimadbhagavadgita Rahasaya*: B.G. Tilak, Tilak Brothers Publication, Poona.
- VI. *Essays in the Gita*: Sri Aurobindo,Sri Aurobindo Ashram, Pandichery.
- VII. *Kant and Gita*: K.M.P. Verma, Classical Publication, New Delhi.
- VIII. *Bhagavadgita for Executives*: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.

**CO-PO mapping matrix for course N202 ( Bhagavad-Gita and Art of Meditation-II )**

COS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
202.1	3	2	2	3	3	2	3	-	-	3
202.2	3	3	3	3	2	2	3	-	-	3
202.3	1	1	1	3	3	1	2	-	1	3
202.4	1	1	1	1	3	1	1	-	-	3
Average	2	1.75	1.75	2.5	2.75	2	2.25	-	0.25	3

**CO-PSO mapping matrix for course N202 (Bhagavad-Gita and Art of Meditation-II )**

COS	PSO1	PSO2	PSO3	PSO4
202.1	2	3	3	2
202.2	3	3	3	3
202.3	3	3	3	2
202.4	3	3	2	3
Average	2.75	3	2.75	2.5

**Over all Mapping Matrix for Certificate Course in Bhagavadgita.**

COS	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO 1	PSO 2	PSO 3	PSO 4
101	2.5	1.75	2.5	2.5	2.75	-	2	-	-	3	2	3	2.75	3
102	1.75	1.5	1.5	2.5	2.75	1	2.25	-	0.25	3	2.75	3	2.75	2.5
201	2.5	1.75	2.5	2.5	2.75	-	2	-	-	3	2	3	2.75	3
202	2	1.75	1.75	2.5	2.75	2	2.25	-	-	3	2.75	3	2.75	2.5
Average	2.18	1.68	2.06	2.5	2.75	0.75	2.12	-	0.06	3	2.37	3	2.75	2.75