Kurukshetra University, Kurukshetra
Scheme of Examination and Syllabus for B.A. (General)
Under Choice based credit system (w.e.f. 2020-21)
InPhased Manner
Subject: Psychology

Scheme of examination ofthe Course alongwithPOs, PSOs, COs and Mapping Matrix

PROGRAMME OUTCOMES (POs):-
Programme Outcomes (PO) of Bachelor of Arts(General) CBCS Programmes/Courses in the Institute of Integrated and Honours Studies, Kurukshetra University, Kurukshetra.

PO 1 Demonstrate a detailed knowledge and understanding of selected fields of study in core disciplines in the humanities, social sciences and languages;

PO 2 Apply critical and analytical skills and methods to the identification and resolution of problems within complex changing social contexts.

PO 3 Demonstrate a general understanding of the concepts and principles of selected areas of study outside core disciplines of the humanities, social sciences and languages;

PO 4 Apply an independent approach to knowledge that uses rigorous methods of inquiry and appropriate theories;

PO 5 Articulate the relationship between diverse forms of knowledge and the social, historical and cultural contexts that produced them;

PO 6 Communicate effectively and show ability to read, write, listen to and speak in a chosen language/s with fluency;

PO 7 Act as informed and critically discerning participants within the community of scholars, as citizens and in the work force;

PO 8 Work with independence, self-reflection and creativity to meet goals and challenges in the workplace and personal life.

PROGRAMME SPECIFIC OUTCOMES (PSOs):-

PSO1 Students will be able to acquire and explore understanding of different theoretical concepts for study of human behavior

PSO2 Students will be able to acquire understanding of main psychological processes, domains of human development and theoretical understanding of various mental disorders.

PSO3 Students will be able to handle psychological tools and demonstrate ethical application of skills in Psychological testing, Counselling and other helping areas.

PSO4 Students will be able to have empirical understanding of different psychological phenomena for promotion of health and well -being.

Scheme & Syllabus of B.A (General), Psychologyunder CBCS w.e.f Session 2020-21 in Phased Manner for the regular students of IIHS, KUK

Semester	COURSE	Paper	Nomenclature of Paper	Credits	Internal Marks	External Marks	Total	Duration of Exam	Workload (Hours/ Week)
I	CC-Psychology – A	Paper-101	Foundations of Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		Paper-102	Foundations of Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
II	CC-Psychology – B	Paper – 201	Social Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		Paper – 202	Social Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
III	CC-Psychology – C	Paper – 301	Experimental Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		Paper - 302	Experimental Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
IV	CC-Psychology – D	Paper – 401	Development Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		Paper – 402	Development Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
	SEC-Psychology-I	*Any one SEC Paper from AEEC-PSY-P-01 to P-04							
		AEEC-PSY-P-01	Managing Stress (Theory + Workshops/Seminars)	2	10	40	50	3 Hrs.	4 Hrs.
		AEEC-PSY-P-02	Making decisions (Theory + Workshops/Seminars)	2	10	40	50	3 Hrs.	4 Hrs.
		AEEC-PSY-P-03	Applications of Social Psychology (Theory + Workshops/Seminars)	2	10	40	50	3 Hrs.	4 Hrs.
		AEEC-PSY-P-04	Handling of Adolescent Problems	2	10	40	50	3 Hrs.	4 Hrs.
V	DSE-Psychology – A	Paper – 501	Psychopathology	4	20	80	100	3 Hrs.	4 Hrs.
		Paper – 502	Psychopathology Practical	2	10	40	50	3 Hrs.	4 Hrs.
		OR							
		Paper – 503	Health and Well-being	4	20	80	100	3 Hrs.	4 Hrs.
		Paper – 504	Health and well-being Practical	2	10	40	50	3 Hrs.	4 Hrs.
		Paper – 505	*MOOC Course from Swayam Portal	**			***		
	GE-I	GE-Psychology - 506	Foundations of Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		GE-Psychology – 507	Foundations of Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
VI	DSE-Psychology – B	DSE-Psychology-601	Applied Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		DSE-Psychology – 602	Applied Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
		OR							
		DSE-Psychology – 603	Counselling Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		DSE-Psychology – 604	Counselling Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.
	GE-2	GE-Psychology - 606	Social Psychology	4	20	80	100	3 Hrs.	4 Hrs.
		GE-Psychology – 607	Social Psychology Practical	2	10	40	50	3 Hrs.	4 Hrs.

Credit-4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 101.1   demonstrate an understanding of the foundational concepts of the human mind and behaviour.
Paper – 101.2   understand the structure and function of Nervous systems.
Paper – 101.3   demonstrate comprehension of the theoretical concepts of emotion and motivation including the influencing factors.
Paper – 101.4   able to identify various approaches and factors affecting personality and intelligence.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

UNIT – 1

Introduction:Nature and Scope of Psychology; Psychology as a Science and Present Status, Psychology in India.
Methods to StudyBehaviour:Interview, Case study and Experimental.

UNIT – II

Biological Basis of Behaviour: Neurons: Structure and types. Nerve Conduction and Synapse.Central and Peripheral Nervous System.

UNIT – III

Emotion: Nature, Factors affecting. Theories: James-Lange, Cannon- Bard andSchachter-Singer.
Motivation: Needs, Drives, Incentives, Biological and Social Motives.

UNIT – IV

Personality: Nature, Factors affecting Personality, and Theories: Allport, Cattell and Eysenck.
Intelligence: Nature and Factors affecting intelligence.
Theories: Spearman, Thurstone, and Cattell.

References:

Baron, R.A &Misra, G.(2014). Psychology. New Delhi: Pearson Education.
Ciccarelli, S.K., Meyer, G.E. &Misra, G. (2013). Psychology: South Asian Edition. New Delhi: Pearson Eudcation.
Passer, M.W & Smith, R.E. (2013). Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill
Chaplin.T,. &Kraweic.T.S. (1979). Systems & Theories of Psychology (4th Ed.). New York: Holt Rinehart.
Singh.A. And Singh.U.(1984). SamanyaManovigyan. Bhiwani: VaidicPrakashan

Mapping Matrix of Course Paper-101

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course Paper-101 assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-101

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-101.1	3	3	2	3	3	-	-	2
Paper-101.2	3	3	3	3	2	-	-	2
Paper-101.3	3	3	3	3	3	-	-	3
Paper-101.4	3	3	3	3	3	-	-	3
Average	**3**	**3**	**2.75**	**3**	**2.75**	**-**	**-**	**2.5**

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course Paper-101 – assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-101

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-101.1	3	3	2	3
Paper-101.2	3	3	2	2
Paper-101.3	3	2	3	3
Paper-101.4	3	3	3	2
Average	**3**	**2.75**	**2.5**	**2.5**

KURUKSHETRA UNIVERSITY

B.A. (General) Psychology, Semester –I
Paper- 102
Foundationsof Psychology
Practical

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 102.1   acquaint with various kinds of apparatus and other measuring instruments.
Paper – 102.2   design and conduct experiments/tests related to their theory paper.

1. NEO-FFI
2. Retinal Colour Zones/Colour Blindness
3. Sound Localization
4. Study of Emotions.
5. Simple Reaction Time
6. Verbal Test of Intelligence.
7. Performance Test of Intelligence/RPM.
8. Observation (Speed & Accuracy).
9. 16PF Questionnaire
10. Motivation.

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-102

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-102**

assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-102

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-102.1	3	3	3	2	3	2	-	3
Paper-102.2	3	3	3	3	2	2	-	3
Average	3	3	3	2.5	2.5	2	-	3

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-102**

– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-102

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-102.1	3	3	3	3
Paper-102.2	3	2	3	3
Average	3	2.5	3	3

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –II
Paper- 201
Social Psychology

Credit - 4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 201.1   demonstrate an understanding of the foundational concepts of social behaviour and methods of study.
Paper – 201.2   demonstrate understanding of socialization process, person perception, attribution and attitude.
Paper – 201.3   able to acquaint with interpersonal processes and pro social behaviour.
Paper –201.4   understand the concept ofleadership and dynamics of group and collective behaviour.

  Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory having 16 Marks and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units having 12 Marks each. The candidate would be required to attempt ONE question from each unit.

Unit 1:

Introduction: Meaning,History, Scope and Present Status of Social Psychology.
Determinants of Social Behaviour. Method: Observation,Sociometry and Survey.

Unit 2

Socialization: Nature, Process and Agencies.
Individual level processes: Person perception: Nature and Determinants,Attribution: Fundamental Errors, Determinants and Theories-Jones and Davis, and Kelly.
Attitude: Nature, Formation, Change and Resistance to Change.

Unit 3

Interpersonal processes: Interpersonal Attraction: Nature, Determinants and Theories- Social Learning and Exchange Theory. Pro-social behaviour: Meaning, Stages and Determinants. Aggression: Nature, Causes and Control.

Unit 4

Group Behaviour: Meaning and Formation of Group, Types, Functions of Group.
Leadership: Nature, Characteristics and Types.
 Collective Behaviour: Crowd, Audience and Mob.

References:
Baron, R.A., Byrne, D. & Bhardwaj. G (2010).Social Psychology (12th Ed).New
Delhi: Pearson.
Chadha, N.K. (2012). Social Psychology. MacMillan: New Delhi.
McDavid, J. W. &Harrari, H. (1968). Social Psychology. New York: Harper & Row.
Kretch and Crutchfield (1948). Theory and Problems of Social Psychology. New York: McGraw Hill.
Myers, D.G. (2008). Social psychology. New Delhi: Tata McGraw-Hill.

Mapping Matrix of Course Paper-201

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-201**

assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-201

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper 201.1	3	3	3	3	3	-	-	2
Paper 201.2	3	3	3	3	3	-	-	2
Paper 201.3	3	3	3	3	3	-	-	2
Paper 201.4	3	3	3	3	3	-	-	2
Average	3	3	3	3	3	-	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-201**– assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-201

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper 201.1	3	2	2	3
Paper 201.2	3	2	2	3
Paper 201.3	3	2	2	3
Paper 201.4	3	3	2	3
Average	3	2.25	2	3

B.A. (General) Psychology, Semester –II
Paper-202
Social Psychology
Practical

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 202.1   acquaint with various kinds of measuring instruments.
Paper – 202.2   conduct tests related to their theory paper.

1. Sociometry
2. Measurement of Attitude
3. Altruism Scale
4. Stereotypes
5. Aggression Scale
6. Prejudice Scale
7. Leadership Styles
8. Social Facilitation
9. Rosenwig's P.F. Tests
10. Social Conformity

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-202

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-202**

assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-202

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper 202.1	3	2	2	3	3	2	2	3
Paper 202.2	3	3	3	3	3	3	2	3
Average	3	2.5	2.5	3	3	2.5	2	3

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-202**

– assuming that there are 2 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-202

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper 202.1	3	2	3	3
Paper 202.2	3	2	3	3
Average	3	2	3	3

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –III
Paper- 301
Experimental Psychology

Credit - 4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 301.1   develop understanding regarding Experimental Procedure and Sensory Processes.
Paper – 301.2   develop understanding regarding nature and methods of Psychophysics.
Paper – 301.3   acquaint with understanding of Learning and Memory.
Paper – 301.4   acquire understanding regarding Problem Solving and elementary Statistics.

  Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

UNIT – 1

Experimental Psychology: Nature and Historical Development, Experimental Method.
Sensory Processes: Nature and Types: Visual and Auditory. Attention: Nature and Characteristics.

UNIT – II

Psychophysics: Nature, Concept of Continuum,and Problems. Methods of Classical Psychophysics: Method of Limits, Average Error and Constant Stimuli.

UNIT – III

Learning: Definition, Factors affecting. Types of Learning: Trial and Error, Insight and Classical Conditioning.
Memory: Process and Types, Methods to study memory.

UNIT – IV

Problem Solving: Stages of Problem Solving, Convergent and Divergent thinking.
Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendency.

References:

Atkinson, R.L., Atkinson, R.L, et al. (1985) *Introduction to Psychology*. N. Y.: HBJ Publishers.

D' Amato, M.R. (2001) *Experimental Psychology: Methodology, Psychophysics and Learning.*   New Delhi: McGraw Hill.

Garrett, H.E. Statistics in Psychology and Education. Bombay: Vakils, Feffer and Simons Pvt. Ltd.

Kapil, H.K. (2012). Elements of statistics (In Social Sciences). Agra: Shri Vinod PustakMandir.

Singh, A.K. (2009) *UchattarSamanayaManovigyan*. Delhi: Moti Lal Banarsidas.

Singh, A. & Singh, U. (1984). *PrayogatamakManovigyan*. Bhiwani: Vedic Prakashan.

Singh, R. &Shyam, R. (2008) *AdhunikSangyanatmakManovigyan.* Panchkula: Haryana SahityaAkadami.

Mapping Matrix of Course Paper-301

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-301**assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-301

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-301.1	3	3	3	3	2	-	-	2
Paper-301.2	3	3	3	3	2	-	-	2
Paper-301.3	3	3	3	3	3	-	-	2
Paper-301.4	3	3	3	3	2	-	-	2
Average	3	3	3	3	2.25	-	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-301**– assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-301

CO	PSO 1	PSO 2	PSO 3	PSO
Paper-301.1	3	2	2	2
Paper-301.2	3	3	2	2
Paper-301.3	3	3	2	3
Paper-301.4	3	2	2	3
Average	3	2.5	2	2.5

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 302.1   acquaint with various kinds of apparatus and other measuring instruments.
Paper – 302.2   design and conduct experiments related to their theory paper.

1. Span of Attention.
2. ALby Method of Constant Stimuli
3. DL by Method of limits.
4. Muller-LyreIllusion
5. Bilateral Transfer of Training
6. Maze Learning
7. Experiment on STM
8. Experiment on LTM
9. Retroactive Inhibition
10. Problem Solving

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-302

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-302**assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-302

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-302.1	3	3	3	3	-	2	-	3
Paper-302.2	3	3	3	3	-	3	-	3
Average	3	3	3	3	-	2.5	-	3

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-302**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-302

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-302.1	3	2	3	3
Paper-302.2	3	2	3	3
Average	3	2	3	3

B.A. (General) Psychology, Semester –IV
Paper- 401
Development Psychology

Credit - 4

Max. Marks 80+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 401.1   develop understanding regarding concepts, process, domainsand different perspectives of Human Development.
Paper – 401.2   grasp understanding of beginning of human life and birth process.
Paper – 401.3   inculcate knowledge regarding course & nature of development across life Span
Paper – 401.4   understand the transitional processes during adolescence and old age.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Human Development: Concept, Domains, Issues, and Determinants. Major Perspectives: Psychodynamic, Behavioural and Contextual.
Research Designs to Study Development: Longitudinal, Cross-Sectional andSequential.

UNIT – II

Earliest Development: Basic of Genetics, Transmission of Genetics information, Inherited and Genetic Disorders.
Prenatal Development: Fertilization, Stages and Threats to Development in the Prenatal Environment.
 Process of Birth and Approaches to Child Birth.

UNIT – III

Infancy and Childhood: Physical, Cognitive and SocialDevelopment; Environmental Influences.
Brain Development: Development of Neurons, Cerebral Cortex and Sensitive Periods inBrain Development.

UNIT – IV

Adolescence: Physical and Sexual Maturation; Nutrition and Eating disorders.
Threats to Adolescent's WellBeing: Illegal drugs, Alcohol abuse, Smoking and Sexually Transmitted Infections.
Aging: Physical Transitions in old age, Physical and Psychological disorders.

References:

.Berk, L.E. (2004). *Development Through the Life Span.* Delhi: Pearson Education.
Hurlock, E.B. (2001) *Developmental Psychology: A life-span approach*. New Delhi: Tata McGraw Hill.
Lal, J.N., &Srivasstava, A. (2001) *Modern Developmental Psychology*. Agra: Vinod PustakBhandar.
Sheffer, D.R. & Katherine, K. (2007). *Developmental Psychology: Childhood And Adolescence* NewYork:Thomson Wadsworth.
Santrock, J.W. (1997)*. Life Span Development*. Dubuque: Brown and Benchmark.

Mapping Matrix of Course Paper-401

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course Paper-401 assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-401

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-401.1	3	3	3	3	3	-	-	2
Paper-401.2	3	3	3	3	2	-	-	-
Paper-401.3	3	3	3	3	3	-	-	3
Paper-401.4	3	3	3	3	3	-	-	3
Average	3	3	3	3	2.75	-	-	1.75

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course Paper-401 – assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-401

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-401.1	3	3	3	3
Paper-401.2	3	3	2	3
Paper-401.3	3	3	2	3
Paper-401.4	3	3	3	3
Average	3	3	2.5	3

Credit - 2
Max. Marks 40+10 (Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 402.1   acquaint with various measuring instruments.
Paper – 402.2   conduct tests related to their theory paper.

1. Parent Child Relationship Scale
2. Family Environment Scale
3. Self-Concept Inventory
4. Self Esteem Inventory
5. Emotional Maturity Scale
6. Youth Problem Inventory
7. Study of Values
8. School Environment Inventory
9. Impulsiveness scale
10. Case study

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-402

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course Paper-402 assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-402

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-402.1	3	3	3	3	2	2	-	3
Paper-402.1	3	3	3	3	3	3	-	3
Average	3	3	3	3	2.5	2.5	-	3

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course paper-402 – assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-402

CO	PSO	PSO 2	PSO 3	PSO 4
Paper-402.1	3	3	3	3
Paper-402.1	3	3	3	3
Average	3	3	3	3

KURUKSHETRA UNIVERSITY
B.A. (Pass Course) Psychology Semester –IV
Choice Based Credit System
Paper- SEC: AEEC-PSY-P-01
Managing Stress

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – SEC: AEEC-PSY-P-01.1   acquaint with the main symptoms and sources of stress
Paper – SEC: AEEC-PSY-P-01.2   learn different ways of coping with stress.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 8 marks. The first question will be compulsory and will have 4 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking Four questions from each of the Two units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Stress: Nature of Stress, Symptoms of Stress, Sources of Stress, Stress and Health.

UNIT – II

Managing stress: Methods- Yoga, Meditation, Relaxation Techniques, Problem Focused and Emotion Focused Approaches.

References:

DiMatteo, M.R. &Martin, L.R (2002). Health Psychology, New Delhi: Pearson.

Neiten, W. & Lloyd, M.A. (2007). Psychology applied to Modern life. Thomson Detmar Learning

Taylor, S.E. (2006). Health Psychology, 6th Edition, New Delhi: Tata McGraw Hill.

Mapping Matrix of Course Paper- AEEC-PSY-P-01

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course AEEC-PSY-P-01assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course AEEC-PSY-P-01

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
AEEC-PSY-P-01.1	3	3	3	3	2	-	-	2
AEEC-PSY-P-01.2	3	3	3	3	3	-	-	2
Average	3	3	3	3	2.5	-	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **- AEEC-PSY-P-01**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the Course- AEEC-PSY-P-01

CO	PSO 1	PSO 2	PSO 3	PSO 4
AEEC-PSY-P-01.1	3	3	2	3
AEEC-PSY-P-01.2	3	3	3	3
Average	3	3	2.5	3

KURUKSHETRA UNIVERSITY
B.A. (Pass Course) Psychology Semester
Choice Based Credit System
Paper- SEC: AEEC-PSY-P-02
Making decisions

Credit - 2
Max. Marks 40+10(Internal)
Time : 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – SEC: AEEC-PSY-P-02.1 develop appreciation for decision making in life
Paper –SEC: AEEC-PSY-P-02.2 develop skills for decision Making in various domains of daily life.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 8 marks. The first question will be compulsory and will have 4 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking Four questions from each of the Two units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Introduction:Basic Concepts of Decision Making, Importance of Making Good Decisions, Self-efficacy

UNIT – II

Making Effective Decisions: Decisions Regarding Career, Decision Making in Interpersonal Context, Decision Making at the Workplace.

References:

Adler, R.B & Proctor, R.F (2009). Communication Goals and Approaches. Wadsworth cengage Learning, India.

Chadha, N.K. & Bhatia, H. (2014). Career Development-different voices, different choices. The Readers Paradise: New Delhi.
Sherfield, R.M., Montgomery, R.J., & Moody, P.G. (2009). Developing soft skills. Pearson Education, India.

Mapping Matrix of Course Paper-AEEC-PSY-P-02

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **AEEC-PSY-P-02** assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course AEEC-PSY-P-02

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
AEEC-PSY-P-02.1	3	3	3	3	3	-	-	2
AEEC-PSY-P-02.2	3	3	3	3	3	-	-	3
Average	3	3	3	3	3	-	-	2.5

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **AEEC-PSY-P-02**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CourseAEEC-PSY-P-02

CO	PSO 1	PSO 2	PSO 3	PSO 4
AEEC-PSY-P-02.1	3	2	2	3
AEEC-PSY-P-02.2	3	2	3	3
Average	3	2	2.5	3

Applications of Social Psychology

Credit-2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:

After the completion of this course, the students will be able to:

Paper – SEC: AEEC-PSY-P-03.1 inculcate knowledge regarding various principles of Social Psychology.

Paper – SEC: AEEC-PSY-P-03.2 get exposure regarding strategies of dealing with Social issues.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 8 marks. The first question will be compulsory and will have 4 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking Four questions from each of the Two units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Introduction:Importance of Application of Social Psychological Knowledge, Developing Interventions, Impact Analysis, Case Studies in the Indian context.

UNIT – II

Applications of Social Psychology:Diversity, Health, Environment, Population, Law and Work.

References:

Kloos, B., Hill, J., Thomas, E., Wandersman, Elias, M. J., & Dalton, J.H. (2012) Community Psychology: Linking individuals and communities. Wadsworth, Cenage.

Schneider, F.W., Gruman, A., Coults, L. M. (Eds.), (2012), Social psychology: Understanding and addressing social and practical problems. New Delhi: Sage Publications.

Mapping Matrix of Course Paper-AEEC-PSY-P-03

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **AEEC-PSY-P-03**assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course AEEC-PSY-P-03

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
AEEC-PSY-P-03.1	3	3	3	3	3	-	-	2
AEEC-PSY-P-03.2	3	3	3	3	3	-	-	3
Average	3	3	3	3	3	-	-	2.5

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **AEEC-PSY-P-03**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CourseAEEC-PSY-P-03

CO	PSO 1	PSO 2	PSO 3	PSO 4
AEEC-PSY-P-03.1	3	-	-	3
AEEC-PSY-P-03.2	3	-	-	3
Average	3	-	-	3

Handling of Adolescent Problems

Credit-2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – SEC: AEEC-PSY-P-04.1get awareness regarding different domains of Adolescent development.
Paper-SEC: AEEC-PSY-P-04.2 develop insight regarding different issuesand coping strategies.

 of adolescents and coping strategies

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 8 marks. The first question will be compulsory and will have 4 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking Four questions from each of the Two units. The candidate would be required to attempt ONE question from each unit.

UNIT – 1

Adolescence: Nature ,Adolescent's Maturation, Pubertal Changes and Hormonal Influences.
Mental Health Issues: Stress, Anxiety, Depression and Suicide.

UNIT – II

Health Issues: Nutrition and Eating disorders. Substance Abuse - Smoking, Tobacco, Alcohol and other Substances. Sexually Transmitted Infections. Coping with Health Problems.

References:

Berk, L.E. (2004). Development Through the Life Span. Delhi: Pearson Education.

Sheffer, D.R. & Katherine, K. (2007). Developmental Psychology: Childhood And Adolescence NewYork: Thomson Wadsworth.

Santrock, J.W. (1997). Life Span Development. Dubuque: Brown and Benchmark.

Mapping Matrix of Course Paper-AEEC-PSY-P-04

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course AEEC-PSY-P-04 assuming that there are 8POs and 2COs.

Table 2: CO-PO Matrix for the Course AEEC-PSY-P-04

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
AEEC-PSY-P-04.1	3	3	3	3	3	-	-	2
AEEC-PSY-P-04.2	3	3	3	3	2	-	-	3
Average	3	3	3	3	2.5	-	-	2.5

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **AEEC-PSY-P-04**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CourseAEEC-PSY-P-04

CO	PSO 1	PSO 2	PSO 3	PSO 4
AEEC-PSY-P-04.1	3	3	2	3
AEEC-PSY-P-04.2	3	3	2	3
Average	3	3	2	3

B.A. (General) Psychology, Semester –V
Paper- 501
Psychopathology

Credit - 4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Courseoutcomes:After the completion of this course, the students will be able to:

Paper-501.1   inculcate understanding regarding abnormality from different perspectives.
Paper-501.2exposed towards different types of assessment and diagnostic classification.
Paper-501.3 develop understanding regarding anxiety disorders and substance abuse.
Paper-501.4understand different psychotic disorders and mental retardation.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE questions from each unit.

UNIT – I

Psychopathology: Nature and Historical Development.
Abnormality: Nature, Differentiation from Normality and Criteria.
Approaches to Psychopathology: Biological, Psychodynamic,Behavioural, Cognitive and Humanistic-Existential.

UNIT – II

Classification of Psychopathology: Need for classification, DSM Classification system up to DSM-IV-TR.
Diagnostic Assessment: Interview, Case History and Projective Techniques: Rorschach and Word Association Test.

UNIT – III

Anxiety Based Disorders: Generalized Anxiety Disorder, Obsessive Compulsive Disorder and Phobic Disorders: Symptoms and Etiology.
Substance/Drug Abuse: Etiology, Consequences and Rehabilitation.

UNIT – IV

Mood Disorders: Unipolar and Bipolar-Symptoms and Etiology.
Schizophrenia: Symptoms, Etiology and Types.
Mental Retardation:Types, Causes and Management.

References:

Anand, V. and Srivastva, R. (2003). *ManovikritiVigyan*, Delhi: MotiLalBanarsiDas.

Carson, R.C.; Butcher, J.N., et al. (2007). *Abnormal Psychology.* (13th Ed.) New Delhi: Pearson   Education.

Davison, G.C. & Neale, J.M. (1998). *Abnormal Psychology* (7th Ed.) New York: Willy.

Sarason, I.G. and Sarason, B.R. (2005). *Abnormal Psychology: The Problem of MaladaptiveBehaviour* (10th Ed.) New Delhi: Pearson Education Inc.

Singh, A.K. (2006). *AdhunikAsamanyaManovigyan*, Delhi: Moti Lal Banarasi Das.

Srivastava, D.N. (1991) *AdhunikAsamnyaManovigyan* (6th Ed.) Agra: Sahitya.

Mapping Matrix of Course Paper-501

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-501**

assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-501

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-501.1	3	3	3	3	3	-	-	2
Paper-501.2	3	3	3	3	3	-	-	2
Paper-501.3	3	3	3	3	3	-	-	2
Paper-501.4	3	3	3	3	3	-	-	2
Average	3	3	3	3	3	-	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-501**– assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-501

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-501.1	3	3	2	3
Paper-501.2	3	3	2	3
Paper-501.3	3	3	2	3
Paper-501.4	3	3	2	3
Average	3	3	2	3

B.A. (General) Psychology, Semester –V
Paper- 502
Psychopathology
Practical

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 502.1   acquaint with various kinds of measuring instruments.
Paper – 502.2   conduct tests related to their theory paper.

1. Clinical Interview
2. CAQ.
3. Depression Scale/Inventory
4. Anxiety Scale
5. Word Association Test (WAT)
6. PGI Memory Scale
7. Rorschach Inkblot Test
8. Case History
9. General Mental Ability Test
10. Defence Mechanism Inventory (DMI)

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-501

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-502**assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-502

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-502.1	3	3	3	3	-	2	-	2
Paper-502.2	3	3	3	3	-	3	-	2
Average	3	3	3	3	-	2.5	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course Paper-502– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-502

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-502.1	3	3	3	3
Paper-502.2	3	3	3	3
Average	3	3	3	3

B.A. (General) Psychology, Semester –V
Paper- 503
Health and Well-Being

Credit - 4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Course outcomes:After the completion of this course, the students will be able to:
Paper-503.1   gain understanding regarding the concept of Health and role of Psychology in it.
Paper-503.2   get acquainted with Well-Being and its significance.
Paper-503.3   develop insight into scientific knowledge regarding negative consequences of stress and other health related disorders .
Paper-503.4   appreciate the positive impact of Health enhancing behaviours on Well-being and Mental health.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Introduction to Health Psychology: Nature, Goals and Scope. Relationship between Mind and Body. Emergence of Health Psychology.

UNIT – II

Well-being: Components of Well-being:Eudemonia andHedonism, Life Satisfaction Affect.
Assessment of Health and Well-being.

UNIT – III

Stress, Illness and Pain: Causes and Consequences; Coping with Stress, Pain and Illness.
Health Related Disorders- Coronary Heart Disease, Cancer, Diabetes, HIV and AIDS.

UNIT – IV

Health Enhancing Behaviours: Psychological factors - Resilience,
Hope, Optimism; Exercise; Safety and Nutrition.Implications for Well-being.

References:

DiMatteo, M.R. and Martin, L.R.(2002). Health psychology. New Delhi: Pearson.

Sarafino, E.P. (2002). Health psychology: Bio Psychosocial interactions (4th Ed.).NY: Wiley.

Snyder, C.R., &Lopez,S.J.(2007).Positive Psychology :The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). Health Psychology (6th Ed.). New York: Tata McGraw Hill.

Mapping Matrix of Course Paper-503

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-503** assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-503

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-503.1	3	3	3	3	-	-	-	3
Paper-503.2	3	3	3	3	2	-	-	2
Paper-503.3	3	3	3	3	3	-	-	3
Paper-503.4	3	3	3	3	3	-	-	3
Average	**3**	**3**	**3**	**3**	**2**	**-**	**-**	**2.75**

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-503**– assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-503

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-503.1	3	3	2	3
Paper-503.2	3	3	2	3
Paper-503.3	3	3	2	3
Paper-503.4	3	3	2	3
Average	**3**	**3**	**2**	**3**

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –V
Paper- 504
Health and Well-Being
Practical

Credit - 2
Max. Marks 40+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 504.1   acquaint with various psychological tests.
Paper – 504.2   conduct tests related to their theory paper.

1. Well-being Scale
2. Stress Inventory
3. Adjustment Inventory
4. Coping Questionnaire
5. Resilience Scale
6. Health Questionnaire
7. Life Satisfaction Scale
8. Optimism Scale
9. Happiness Scale
10. Project/Report Writing

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-504

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-504**assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-504

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-504.1	3	3	3	3	2	3	-	2
Paper-504.2	3	3	3	3	3	3	-	2
Average	3	3	3	3	2.5	3	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-504**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-504

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-504.1	3	3	3	3
Paper-504.2	3	3	3	3
Average	3	3	3	3

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –V
GE-Psychology- 506
Foundations of Psychology

Credit-4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 506.1   demonstrate an understanding of the foundational concepts of the human mind and behaviour.
Paper – 506.2   understand the structure and function of Nervous systems.
Paper – 506.3   demonstrate comprehension of the theoretical concepts of emotion and motivation including the influencing factors.
Paper – 506.4   able to identify various approaches and factors affecting personality and intelligence.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE question from each unit.

UNIT – 1

Introduction: Nature and Scope of Psychology; Psychology as a Science and Present Status, Psychology in India.
Methods to Study Behaviour: Interview, Case study and Experimental.

UNIT – II

Biological Basis of Behaviour: Neurons: Structure and types. Nerve Conduction and Synapse. Central and Peripheral Nervous System.

UNIT – III

Emotion: Nature, Factors affecting. Theories: James-Lange, Cannon- Bard and Schachter-Singer.
Motivation: Needs, Drives, Incentives, Biological and Social Motives.

UNIT – IV

Personality: Nature, Factors affecting Personality, and Theories: Allport, Cattell and Eysenck.
Intelligence: Nature and Factors affecting intelligence.
Theories: Spearman, Thurstone, and Cattell.

References:

Baron, R.A &Misra, G.(2014). Psychology. New Delhi: Pearson Education.
Ciccarelli, S.K., Meyer, G.E. &Misra, G. (2013). Psychology: South Asian Edition. New Delhi: Pearson Eudcation.
Passer, M.W & Smith, R.E. (2013). Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill
Chaplin.T,. &Kraweic.T.S. (1979). Systems & Theories of Psychology (4th Ed.). New York: Holt Rinehart.
Singh.A. And Singh.U.(1984). SamanyaManovigyan. Bhiwani: VaidicPrakashan

Mapping Matrix of Course Paper-GE-Psychology- 506

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course Paper-**GE-Psychology- 506** assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-GE-Psychology- 506

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-506.1	3	3	2	3	3	-	-	2
Paper-506.2	3	3	3	3	2	-	-	2
Paper-506.3	3	3	3	3	3	-	-	3
Paper-506.4	3	3	3	3	3	-	-	3
Average	3	3	2.75	3	2.75	-	-	2.5

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-GE-Psychology- 506** assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-GE-Psychology- 506

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-506.1	3	3	2	3
Paper-506.2	3	3	2	2
Paper-506.3	3	2	3	3
Paper-506.4	3	3	3	2
Average	3	2.75	2.5	2.5

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –I
Paper- GE-Psychology- 507
Foundations of Psychology
Practical

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 507.1   acquaint with various kinds of apparatus and other measuring instruments.
Paper – 507.2   design and conduct experiments/tests related to their theory paper.

1. NEO-FFI
2. Retinal Colour Zones/Colour Blindness
3. Sound Localization
4. Study of Emotions.
5. Simple Reaction Time
6. Verbal Test of Intelligence.
7. Performance Test of Intelligence/RPM.
8. Observation (Speed & Accuracy).
9. 16PF Questionnaire
10. Motivation.

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper- GE-Psychology- 507

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper- GE-Psychology- 507** assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper- GE-Psychology- 507

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-507.1	3	3	3	2	3	2	-	3
Paper-507.2	3	3	3	3	2	2	-	3
Average	3	3	3	2.5	2.5	2	-	3

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper- GE-Psychology- 507** – assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper- GE-Psychology- 507

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-507.1	3	3	3	3
Paper-507.2	3	2	3	3
Average	3	2.5	3	3

Credit - 4

Max. Marks 80+20(Internal)
Time: 3 hrs.

Course outcomes:After the completion of this course, the students will be able to:

Paper-601.1   understand the applications of Psychology in industries and organizations.
Paper-601.2   learn the basic concept of Guidance and Counselling and the important skills required in practice.
Paper-601.3   understand the nature and models of health behaviour and its applications for promoting health and well-being.
Paper-601.4   understand the concepts of variability, normal distribution and correlation.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Applied Psychology: Nature, Scope and History.
Industrial-Organizational Psychology: Nature, Scope and Objectives
Enhancing Work Motivation and Developing Leadership Potentials.

UNIT – II

Guidance:Nature, Scope and Objectives
Counselling: Need and Goals, Principles; Skills and Training of a Counsellor.
Indian Contribution in the Field of Counselling.

UNIT – III

Health Psychology: Meaning, Scope and Objectives. Bio-psychosocial Model of Health. Health and Well-Being: Happiness, Life Satisfaction, Resilience, Optimism and Hope.

UNIT – IV

Variability: Meaning and Measures of Variability.
Normal Distribution: Meaning and Characteristics.
Correlation: Nature and Methods - Rank Difference and Product Moment.

References:

Annastasi, A (1979) Fields of Applied Psychology (2nd ed.) U.S.A. McGraw.Hill

Kapil, H.K (2012) Elements of Statistics (In social Sciences). Agta: Shri Vinod PustakMandir.

Brannon, L., Feist, J.&Updegraff, J.A. (2013). Health Psychology: An Introduction to Behaviour and Health. Cengage Learning.

Allen, F.(2011). Health Psychology and behavior. Tata McGraw Hill Edition.

Baumgardner, S.R. Crothers M.K. (2010) Positive Psychology. Upper Saddle River, N.J.: Prentice Hall.

Carr, A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge.

Chadha, N.K. (2007). Organizational Behaviour. Galgotia Publishers: New Delhi.

Chadha, N.K. (2005). Human Resource Management-Issues, case studies and experiential exercises. 3rd edition. New Delhi: Sai Printographers.

DeCenzo, D.A. & Robbins, S.P. (2006) Fundamentals of human resource management. (8th Ed). NY: Wiley.

Dimatteo, M.R., & Martin L.R. (2011). Helath Psychology, India: Dorling Kindersely.

Greenberg, J. & Baron, R.A. (2007) Behaviour in Organizations(9th Ed.). India"Dorling Kindersley.

Snyder, C.R., Lopez S.J., &Pedrotti, J.T. (2011) Positive Psychology: The scientific and practical explorations of human strengths. New Delhi:Sage

Taylor, S.E. (2006) Health Psychology, 6th Edition. New Delhi: Tata McGraw Hill.

Mapping Matrix of Course Paper-601

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-601**assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-601

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-601.1	3	3	3	3	2	-	-	3
Paper-601.2	3	3	3	3	3	-	-	2
Paper-601.3	3	3	3	3	3	-	-	3
Paper-601.4	3	3	3	3	-	-	-	2
Average	3	3	3	3	2	-	-	2.5

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-601**– assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-601

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-601.1	3	2	2	2
Paper-601.2	3	3	3	3
Paper-601.3	3	3	2	3
Paper-601.4	3	2	2	2
Average	3	2.5	2.25	2.5

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –VI
Paper- 602
Applied Psychology
Practical

Credit - 2

Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 602.1   acquaint with various kinds of psychological tests.
Paper – 602.2   conduct tests related to their theory paper.

1. Work Motivation
2. Organizational Climate Scale
3. Counselling Need Inventory
4. General Health Questionnaire
5. Well-being Scale
6. Resilience Scale
7. Happiness Scale
8. Leadership style scale/Questionnaire
9. Life Style Questionnaire
10. Project/Report Writing

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-602

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-602**assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-602

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-602.1	3	3	3	3	2	2	-	2
Paper-602.2	3	3	3	3	3	3	-	3
Average	3	3	3	3	2.5	2.5	-	2.5

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-602**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-602

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-602.1	3	3	3	3
Paper-602.2	3	3	3	3
Average	3	3	3	3

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –VI
Paper- 603
Counselling Psychology

Credit - 4

Max. Marks 80+20(Internal)
Time: 3 hrs.

Course outcomes:After the completion of this course, the students will be able to:

Paper- 603.1   develop understanding of basic concepts, process and essential requirements of counselling profession.
Paper- 603.2   gain knowledge of various approachesof counselling
Paper- 603.3   develop insight of skills and techniques of counselling
Paper- 603.4   understand applicationsof counselling in different settings.

Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. Each question will carry 16 marks. The first question will be compulsory and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units. The candidate would be required to attempt ONE questions from each unit.

UNIT – 1

Introduction: Meaning and Goals; Counselling process, Personal Qualities of Effective Counsellor.
Ethical Issues in Counselling.

UNIT – II

Approaches to Counselling: Psychodynamic, Behavioral, Person-Centered and Cognitive-Behavioural.
Transactional Analysis.
UNIT – III

Therapies: Play, Art, Drama, Music andDance. Yoga, Meditation and Mindfulness.

UNIT – IV

Applications of Counselling: Family, School and Career Counselling.
Cyber Counselling.Counselling of L.G.B.T.Q and Counselling for Special Children.

References:

Gladding, S. T. (2012) Counselling: A Comprehensive Profession. (7th Ed). Pearson

Rao, S.N. &Sahajpal, P.(2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.

Seligman, L.&Reichenberg, L.W (2010).Theories of Counselling and Psychotherapy: Systems,

Strategies, and skills. 3rd Ed. Indian reprint: Pearson.

Mc. Leod, J. (2003) An Introduction to counselling: A comprehensive Profession. (7thed). Pearson.

Gelso, C. J &Fretz, B. R (1995) Counselling Psychology, Banglore: Prism.

Mapping Matrix of Course Paper-603

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-603**assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-603

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-603.1	3	3	3	3	3	-	-	2
Paper-603.2	3	3	3	3	3	-	-	2
Paper-603.3	3	3	3	3	3	-	-	2
Paper-603.4	3	3	3	3	3	-	-	3
Average	**3**	**3**	**3**	**3**	**3**	**-**	**-**	**2.25**

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-603** – assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-603

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-603.1	3	3	3	2
Paper-603.2	3	3	3	3
Paper-603.3	3	3	2	3
Paper-603.4	3	3	3	3
Average	**3**	**3**	**2.75**	**2.75**

Credit - 2

Max. Marks 40+10(Internal)
Time: 3 hrs.

'

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 604.1   get acquainted with various measuring instruments.
Paper – 604.2   conduct tests related to their theory paper.

1. Adjustment Inventory
2. Achievement Motivation Test
3. Academic Anxiety scale for Children
4. Children Personality Questionnaire
5. Multifactor Interest Questionnaire
6. Guidance Need Inventory
7. State Trait Anxiety Inventory
8. Scale for Suicide Ideation
9. Youth Problem Inventory
10. Coloured Progressive Matrix

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-604

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-604** assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-604

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper-604.1	3	3	3	3	2	3	-	2
Paper-604.2	3	3	3	3	3	3	-	2
Average	3	3	3	3	2.5	3	-	2

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-604**– assuming that there are 4 PSOs and 2COs.

Table 3: CO-PSO Matrix for the CoursePaper-604

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper-604.1	3	3	3	3
Paper-604.2	3	3	3	3
Average	3	3	3	3

KURUKSHETRA UNIVERSITY
B.A. (General) Psychology, Semester –VI
Paper- GE-Psychology- 606
Social Psychology

Credit - 4
Max. Marks 80+20(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 606.1   demonstrate an understanding of the foundational concepts of social behaviour and methods of study.
Paper – 606.2   demonstrate understanding of socialization process, person perception, attribution and attitude.
Paper – 606.3   able to acquaint with interpersonal processes and pro social behaviour.
Paper – 606.4   understand the concept of leadership and dynamics of group and collective behaviour.

  Note: The question paper will consist of NINE questions out of which the candidate would be required to attempt FIVE questions. The first question will be compulsory having 16 Marks and will have 8 short answer questions uniformly spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each of the four units having 12 Marks each. The candidate would be required to attempt ONE question from each unit.

Unit 1:

Introduction: Meaning,History, Scope and Present Status of Social Psychology.
Determinants of Social Behaviour. Method: Observation, Sociometry and Survey.

Unit 2

Socialization: Nature, Process and Agencies.
Individual level processes: Person perception: Nature and Determinants,Attribution: Fundamental Errors, Determinants and Theories-Jones and Davis, and Kelly.
Attitude: Nature, Formation, Change and Resistance to Change.

Unit 3

Interpersonal processes: Interpersonal Attraction: Nature, Determinants and Theories- Social Learning and Exchange Theory. Pro-social behaviour: Meaning, Stages and Determinants. Aggression: Nature, Causes and Control.

Unit 4

Group Behaviour: Meaning and Formation of Group, Types, Functions of Group.
Leadership: Nature, Characteristics and Types.
 Collective Behaviour: Crowd, Audience and Mob.

References:
Baron, R.A., Byrne, D. & Bhardwaj. G (2010).Social Psychology (12th Ed).New
Delhi: Pearson.
Chadha, N.K. (2012). Social Psychology. MacMillan: New Delhi.
McDavid, J. W. &Harrari, H. (1968). Social Psychology. New York: Harper & Row.
Kretch and Crutchfield (1948). Theory and Problems of Social Psychology. New York: McGraw Hill.
Myers, D.G. (2008). Social psychology. New Delhi: Tata McGraw-Hill.

Mapping Matrix of Course Paper- GE-Psychology- 606

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course**Paper- GE-Psychology- 606** assuming that there are 8 POs and 4COs.

Table 2: CO-PO Matrix for the Course Paper-- GE-Psychology- 606

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper 606.1	3	3	3	3	3	-	-	2
Paper 606.2	3	3	3	3	3	-	-	2
Paper 606.3	3	3	3	3	3	-	-	2
Paper 606.4	3	3	3	3	3	-	-	2
Average	**3**	**3**	**3**	**3**	**3**	**-**	**-**	**2**

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-GE-Psychology- 606** assuming that there are 4 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-- GE-Psychology- 606

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper 606.1	3	2	2	3
Paper 606.2	3	2	2	3
Paper 606.3	3	2	2	3
Paper 606.4	3	3	2	3
Average	**3**	**2.25**	**2**	**3**

KURUKSHETRA UNIVERSITY

B.A. (General) Psychology, Semester –II

Paper-- GE-Psychology- 607

Social Psychology
Practical

Credit - 2
Max. Marks 40+10(Internal)
Time: 3 hrs.

Course Outcomes:
After the completion of this course, the students will be able to:
Paper – 607.1   acquaint with various kinds of measuring instruments.
Paper – 607.2   conduct tests related to their theory paper.

1. Sociometry
2. Measurement of Attitude
3. Altruism Scale
4. Stereotypes
5. Aggression Scale
6. Prejudice Scale
7. Leadership Styles
8. Social Facilitation
9. Rosenwig's P.F. Tests
10. Social Conformity

Note: Students are to Conduct and report at least five practical.
The examiner will allot one practical at the time of examination

Mapping Matrix of Course Paper-GE-Psychology- 607

Mapping: Mapping is a process of representing the correlation between COs and POs, COs and PSOs in the scale of 1 to 3 as follows (Table 1):

Table 1: Scale of mapping between COs and POs

Scale	
1	If the contents of course have low correlation (i.e. in agreement with the particular PO to a small extent) with the particular Programme outcome
2	If the contents of course have medium correlation (i.e. in agreement with the particular PO to a reasonable extent) with the particular Programme outcome
3	If the contents of course have strong correlation (i.e. in agreement with the particular PO to a large extent) with the particular Programme outcome

Same scale may be used to define the correlation between Cos and PSOs

Mapping of Course Outcomes to Programme Outcomes: (CO-PO Mapping Matrix)

Table 2 shows the CO-PO mapping matrix for a course **Paper-GE-Psychology- 607** assuming that there are 8 POs and 2COs.

Table 2: CO-PO Matrix for the Course Paper-GE-Psychology- 607

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
Paper 607.1	3	2	2	3	3	2	2	3
Paper 607.2	3	3	3	3	3	3	2	3
Average	3	2.5	2.5	3	3	2.5	2	3

Note: It is not necessary that each CO has a correlation with all the POs.

Mapping of Course Outcomes to Programme Specific Outcomes: (CO-PSO Mapping Matrix)

Table 3 shows the CO-PSO mapping matrix for a course **Paper-GE-Psychology- 607** – assuming that there are 2 PSOs and 4COs.

Table 3: CO-PSO Matrix for the CoursePaper-GE-Psychology- 607

CO	PSO 1	PSO 2	PSO 3	PSO 4
Paper 607.1	3	2	3	3
Paper 607.2	3	2	3	3
Average	3	2	3	3

s

Mapping of COs, POs and PSOs (B.A General Psychology)

Course Code	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4
Paper-101																
Paper-102																
Paper-201																
Paper-202																
Paper-301																
Paper-302																
Paper-401																
Paper-402																
AEEC-PSY-P-01																
AEEC-PSY-P-02																
AEEC-PSY-P-03																
AEEC-PSY-P-04																
Paper - 501																
Paper - 502																
Paper – 503																
Paper - 504																
Paper - 505																
DSE-Psychology-601																
DSE-Psychology – 602																

Note: - *Course Code of Generic Elective Paper will be decided after opting the same by the student

Attainment of COs:

The attainment of COs can be measured on the basis of the results of internal assessment and semester examination. The attainment is measured on scale of 3 after setting the target for COs attainment. **Following table** shows the CO attainment levels assuming the set target of 60% marks:

CO Attainment Levels for internal assessment

Attainment Level	
1 (low level of attainment)	60% of students score more than 60% of marks in class tests of a course.
2 (Medium level of attainment)	70% of students score more than 60% of marks in class tests of a course.
3 (High level of attainment)	80% of students score more than 60% of marks in class tests of a course.

Note: In the above table, the set target is assumed as 60%. It may vary in different departments/institutes. The staff councils of
    the Departments/institutes may finalize the set target.

A proper mapping of course outcomes with assessment methods should be defined before measuring the attainment level. The questions in tests for internal assessment are based on COs. Here it is assumed that class test-I is based on first two COs **(i.e. Paper-101.1 and Paper-101.2)** of a course with equal weightage given to both COs. Similarly, class test-II is based on next two COs (i.e. **B- Paper-101.3 and Paper-101.4**) of a course with equal weightage given to these two COs. For each internal assessment test, the percentage of students

attaining the target level of CO is estimated and average percentage will decide the attainment level of COs.

Following steps may be followed for determining the attainment level in internal assessment of a course.

(i)   Estimate the %age of students scoring set target (say 60%) or more in the question(s) of test -I based on first CO i.e. **Paper-101.1.**

(ii)   Estimate the %age of students scoring set target (60%) or more in the question(s) of test-I based on second CO i.e. **Paper-101.2.**

(iii)   Estimate the %age of students scoring set target (60%) or more in the question(s) of test-II based on third CO i.e. **Paper-101.3.**

(iv)   Estimate the %age of students scoring set target (60%) or more in the question(s) of test-II based on the fourth CO i.e. **Paper-101.4.**

(v)   Take average of the percentages obtained above.

(vi)   Determine the attainment level i.e. 3, 2 or 1 as per scale defined in **the above table**.

Note: In the above steps, it is assumed that internal assessment is based on two tests only. However, if internal assessment is based on more than two tests and/or on assignments then same may by incorporated to determine the COs attainment level. There may be more than four COs for a course. The set target may also be different for different COs. These issues may be resolved by the staff councils of the departments/institutes.

For determining the attainment levels for end semester examination, it is assumed that questions in the end term examination are based on all COs of the course. Attainment levels for end semester examination of a course can be determined after the declaration of the results. The CO attainment levels for end semester examination are given **in the following Table.**

CO Attainment Levels for End Semester Examination (ESE)

Attainment Level	
1 (Low level of attainment)	60% of students obtained letter grade of A or above (for CBCS programs) or score more than 60% of marks (for non-CBCS programs) in ESE of a course.
2 (Medium level of attainment)	70% of students obtained letter grade of A or above (for CBCS programs) or score more than 60% of marks (for non-CBCS programs) in ESE of a course.
3 (High level of attainment)	80% of students obtained letter grade of A or above (for CBCS programs) or score more than 60% of marks (for non-CBCS programs) in ESE of a course.

Note: In the above table, the set target is assumed as grade A for CBCS courses and 60% for non-CBCS Courses.
It may vary in different departments/institutes. The staff councils of the departments/institutes may finalize the set target.

Overall CO Attainment level of a Course:

The overall CO attainment level of a course can be obtained as:

Overall CO attainment level = 50% of CO attainment level in internal assessment + 50% of CO attainment level in end semester examination.

The overall COs attainment level can be obtained for all the courses of the programme in a similar manner.

Attainment of POs:

The overall attainment level of POs is based on the values obtained using direct and indirect methods in the ratio of 80:20. The direct attainment of POs is obtained through the attainment of COs. The overall CO attainment value as estimated above and CO-PO mapping value as shown in **Table 3** are used to compute the attainment of POs. PO attainment values obtained using direct method can be written as shown **in the following Table.**

PO Attainment Values using Direct Method

Course Code	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
Paper-101												
Paper-102												
Paper-201												
Paper-202												
Paper-301												
Paper-302												
Paper-401												
Paper-402												
AEEC-PSY-P-01												
AEEC-PSY-P-02												
AEEC-PSY-P-03												
AEEC-PSY-P-04												
Paper – 501												
Paper – 502												
Paper – 503												
Paper – 504												
Paper – 505												
DSE-Psychology- 601												
DSE-Psychology – 602												
Direct PO Attainment	**Average of above values**	**Average of above values**	**Average of above values**								**Average of above values**	

The PO attainment values to be filled in above table can be obtained as follows:

For Paper-101-PO1 Cell:

PO1 attainment value = (Mapping factor of **Paper-101**-PO1 from **Table 3** × Overall CO attainment value for the course **Paper-101**)/3

For Paper-201-PO1 Cell:

PO1 attainment value = (Mapping factor of **Paper-201**-PO1 from **Table 3** × Overall CO attainment value for the course **Paper-201**)/3

Similarly, values for each cell **of the above table** can be obtained. The direct attainment of POs is average of individual PO attainment values.

In order to obtain the PO attainment using indirect method, a student exit survey based on the questionnaire of POs may be conducted at end of last semester of the program. The format for the same is given **in the following table**. Average of the responses from the outgoing students for each PO is estimated. The overall PO attainment values are obtained by adding attainment values estimated using direct and indirect methods in the proportion of 80:20 as follows:

Overall attainment value for PO1 =

0.8 × average attainment value for PO1 using direct method **(from above table)** +

0.2 × average response of outgoing students for PO1

Similarly, overall attainment value can be obtained for each PO.

Questionnaire for indirect measurement of PO attainment (For outgoing students)

At the end of my degree programme I am able to do:

	Please tick any one		
Statement of PO1	3	2	1
Statement of PO2	3	2	1
Statement of PO3	3	2	1
Statement of PO4	3	2	1
Statement of PO5	3	2	1
Statement of PO6	3	2	1
Statement of PO7	3	2	1
Statement of PO8	3	2	1
Statement of PO9	3	2	1
Statement of PO10	3	2	1
Statement of PO11	3	2	1
Statement of PO12	3	2	1
3: Strongly Agree; 2: Agree; 1: Average			

Overall PO attainment values can be written as shown **in the following Table.**

Overall PO attainment Values

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
Direct PO attainment												
Indirect PO attainment												
Overall PO attainment												
Target	2	2	2	2	2	1.5	2	2	2	2	1.5	1.5

The overall PO attainment values obtained above are compared with set target. The set target for each PO may be different and can be finalized by the staff councils of the departments/institutes. If overall PO attainment value is less than the set target value then an action plan may be prepared for improvement in the subsequent academic session.

The overall PSO attainment level based on CO-PSO mapping values and overall CO attainment values can be obtained in a similar manner.