



Estd. 1938

S. A. JAIN (PG) COLLEGE

(Minority Institution)

Affiliated to Kurukshetra University, Kurukshetra

NAAC ACCREDITED COLLEGE WITH 'A' GRADE
COLLEGE WITH POTENTIAL FOR EXCELLENCE

Ambala City - 134 003 (Haryana)

Ref. No.701.....

Date : 07/7/23.....

The Director,
Sports Department
Kurukshetra University,
Kurukshetra

Subject :- KU Overall General Championship 2022-23.

Sir,

Please find enclosed herewith the detail of marks as per criteria laid down by Kurukshetra University Sports Council for General Championship for 2022-23 alongwith all the required documents for each event for consideration.

Yours sincerely,


Principal

Encl:-as above

Claim of Marks for each event in connection with the Kurukshetra University General Championship 2022-23 (Men) Inter College/All India/North Zone/Khelo

S.No.	Sports Discipline	Marks
1	Volleyball	125
2	Hockey	25
3	Cycling (Track)	130
4	Cycling (Road)	60
5	Badminton	45
6	Archery	85
7	Wrestling	70
8	Table Tennis	45
9	Athletics	140
10	Fencing	150
11	Rugby	75
12	Weightlifting	45
13	Taekwondo	62.5
14	Handball	143.75
15	Karate	100
16	Boxing	15
17	Shooting	45
18	Judo	95
19	Kabaddi	25
20	Basketball	4.5
21	Wushu	10
22	Lawn Tennis	15
23	Kho – Kho	3.33
24	Rowing	207.5
25	Gymnastics	140
	Total	1861.58

Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Archery

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	Men			Archery	1 st 2 nd	Yatin Harish	Year 2022 -23			15 10	
3	All India	Men				2 nd 2 nd	Krishan Krishan		Individual Team		40 20	
										Total	85	

Dated :- 26.06.2023

Signature

Name of the Principal
Name of the College
Telephone No.

Dr. (Mrs.) Abha
Bansal

S.A. Jain (PG) College, Ambala City
0171-2518269

Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City

Sports Discipline : Cycling (Track)

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks
1	2	3	4	5	6	7	8	9	10	11	12
1	Inter college	Men			Cycling (Track)	1 st Individual pursuit (4000)	Rohit	2022-23	15		
						2 nd (1000mt)m asst.	Sunil Kumar		10		
						1 st 1000mt(Indi v. Time trial	Nikesh		15		

						1 st (Elimination Race)	Ashish		15		
						1 st (4000mt) team Pursuit	Rohit,Nikesh,Ashish, Mayank raj Rohit,Sunil, Nikesh		30		
						2 nd (team Sprint)			15		
						1 st (team relay)			30		
										Total	130

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City

Sports Discipline : Volleyball

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/biannual/once in three year/once in four yearly	Whether Individual Competition	Number of teams that participated in Inter/Inter Zonal University Level	Marks Self Computation by contesting University (city)	Remarks of any
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college Volleyball	men			Volleyball II		3 rd	Year 2022-23	Team		25	
2	All India Inter Univ	men			volleyball II	1 st	Keshav Suryansh		Team		50	
3	Khelo India	men				1 st	Keshav Suryansh		Team		50	
										Total	125	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Hockey

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/biannual /once in three year/once in four yearly	Whether Individual Competition	Number of teams that participated in inter/Intrazonal University Level	Marks Self Computation by contesting (University)	Remarks of any
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	Men			Hockey	3 rd		Year 2022-23	Team		25	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Cycling (Road Races)

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	All India	Men			Cycling	3 rd	Rohit Manjeet Karan Ashish Rohit	2022-23	Indiv	11	20	
									Team		40	
									Total		60	

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Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Badminton

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	Men			Badminton	1 st		2022-23	Team		45	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Wrestling

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position		Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	Inter college	Men			Wrestling	1 st 1 st 2 nd 2 nd 3 rd 3 rd 3 rd	Suraj Parveen Sonu Chand Raman Sourav Gurmeet Sourav	2022-23	15 15 10 10 05 05 05	11	12 70	13
Total										70		

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City

Sports Discipline : Table Tennis

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Table Tennis	1 st		2022-23	Team		45	

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Name of the College : S.A. Jain (PG) College, Ambala City

Sports Discipline : Athletics

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	Inter college	men			Athletics	2 nd (800mt) 1 st (200mt) 1 st (400mt) Best Athlete 1 st (10000m t) 3 rd (1500mt)	Deepak Ansh Suraj Sen Gurmeet	2022-23	10 15+15+15 15+05	11	10 45 20	
2	Khelo India	Men			Athletics	1 st (200mt) 3 rd (javelin)	Ansh Gurmeet	2022-23	05		60	
Total											140	

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Name of the College :
Sports Discipline :

S.A. Jain (PG) College, Ambala City
Fencing

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks	
1	2	3	4	5	6	7	8	9	10	11	12	13	
1	Inter college	men			Fencing	1 st (Foil Individual)	Manish	2022-23	Indiv	15	120		
						3 rd (Epee Individual)	Gaurav		Indiv.	5			
						1 st (Epee Individual) & 3 rd (foil Individual)	Deepak		Indiv.	15+05			
						1 st (foil team Gold & Epee Team Gold)	Manish Gourav Deepak Sunny		Team	30			
						3 rd Saber	Sunny, Bhushan, Vansh		Team	20			
2	Khelo India	Men			Fencing	3 rd	Manish Gaurav Deepak	2022-23	Team		30		
										Total	150		

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Rugby

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Rugby	1st		2022-23	Team		75	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City

Sports Discipline : Weightlifting

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Weightlifting	1 st 2 nd 2 nd 3 rd 3 rd	Jaswinder Akram Sidhant Umer Harkanwar	2022-23	15 10 10 05 05		45	
										Total	45	

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Dated :- 26.06.2023

Name of the College : S.A. Jain (PG) College, Ambala City
 Sports Discipline : Taekwondo

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Taekwondo	1 st 2 nd (Mix) 3 rd 3 rd	Karan Karan Pankaj Vishal	2022-23	Indiv. Indiv. Indiv. Indiv.		15 7.5 05 05	
						1 st	Karan Vishal Pankaj		Team		30	
										Total	62.5	

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Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Handball

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Handball	2 nd		Year 2022-23	Team		50	
2	All India	men				1 st	Gurmeet Sachin Naresh Lokesh Paramjit				93.75	
										Total	143.75	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Karate

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	Inter college	men			Karate	1 st 1 st 1 st 1 st 3 rd 3 rd 1 st	Karan Parteek Arjun Prince Sandeep Lovkesh	2022-23	15 15 15 15 05 05	10 Team (Kumite)	12 70 30	13
										Total	100	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Boxing

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Boxing		Vijay	2022-23	Individual		15	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Shooting

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in Inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Shooting	2 nd Rifle 3 rd Pistol	Aman Rawal Ankit	Year 2022-23	Indiv. Indiv.		15	
2	Khelo India	men				2 nd Rifle	Aman Rawal	2022-23	Team		30	
										Total	45	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Judo

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Judo	1 st 1 st 3 rd	Raman Pardeep Sourav	2022-23	Indiv.	15 15 05	35	
2	All India				Judo	3 rd	Pardeep	2022-23	Indiv.		20	
3	Khelo India				Judo	2 nd	Pardeep	2022-23			40	
										Total	95	

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0171-2518269


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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Kabaddi

Sr.no	Name of the Competition	Men/ women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Kabaddi	3 rd		2022-23	Team		25	
										Total	25	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Basketball

Sr.no	Name of the Competition	Men/ women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	North Zone	men			Basketball			2022-23	Team	Total	4.5	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Wushu

Sr.no	Name of the Competition	Men/ women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Wushu	2 nd	Vishal	2022-23	Indiv.		10	
										Total	10	

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Proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Lawn Tennis

Sr.no	Name of the Competition	Men/ women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Lawn Tennis	3 rd		2022-23	Team	Total	15	

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proforma for Self-Computation of Marks for Award of Kurukshetra University Overall General Championships of Games & Sports (Men & Women Sections).

Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Kho-Kho

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	North Zone	men			Kho-Kho	3 rd		2022-23	Team	Total	3.33	

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Name of the College : S.A. Jain (PG) College, Ambala City
 Sports Discipline : Rowing

Sr.no	Name of the Competition	Men/women	From to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	Inter college	men			Rowing	1 st (Pair)	Ajay/Tushar	Year 2022-23			52.5	
						2 nd (D.scull)	Ajay/Tushar					
						1 st single scull)	Ajay Hooda					
2	All India Inter Univ	men				2 nd (200mt) 3 rd (500mt) 2 nd & 3 rd (500mt)	Ajay Tushar		Indiv. Team		60 30	
3	Khelo India					2 nd (men 4) 2 nd & 3 rd d.scull	Ajay Hooda Ajay				20 45	
										Total	30+15 207.5	

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Name of the College : S.A. Jain (PG) College, Ambala City
Sports Discipline : Gymnastic

Sr.no	Name of the Competition	Men/ women	Form to	Venue of competition	Event	Position	Name of the participants	Periodicity of the Comt. i.e yearly/	Whether Individual	Number of teams that participated in inter	Marks	Remarks
1	2	3	4	5	6	7	8	9	10	11	12	13
1	Inter college	men			Gymnastic	(1 Gold& 2 Silver)) (2 Silver & 2 bronze) 1 Bronze	Deepak Sahil Gaurav	2022-23	Indiv.		15+10+10 10+10+5+5 05	
2	All India Univ					Silver Bronze	Deepak,Sahil		Team Team		30 40	
										Total	140	

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